

# 2024 Resource Guide

FOR MARYLAND'S MID-SHORE REGION

Public Behavioral Health Services for  
Caroline County  
Dorchester County  
Kent County  
Queen Anne's County  
Talbot County



**MID SHORE**  
**BEHAVIORAL HEALTH**

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

Mid Shore Behavioral Health, Inc.  
[www.midshorebehavioralhealth.org](http://www.midshorebehavioralhealth.org)

410-770-4801



# Quick Reference Resources

## Health Departments

### Caroline County Health Department

403 S. 7th St. Denton, MD 21629  
410-479-8030

### Dorchester County Health Department

3 Cedar St. Cambridge, MD 21613  
410-228-3223

### Kent County Health Department

125 S. Lynchburg St. Chestertown, MD 21620  
410-778-1350

### Queen Anne's County Health Department

206 N Commerce St. Centreville, MD 21617  
410-758-0720

### Talbot County Health Department

100 S. Hanson St. Easton, MD 21601  
410-819-5600



## 24/7 Hotlines



### 988 Suicide and Crisis Lifeline

Call or Text 988

Veterans: Press 1 | Español: Press 2 | LGBTQ+: Press 3

### Eastern Shore Crisis Response

1-888-407-8018

### Mid-Shore Council on Family Violence

800-927-4673

### For All Seasons Rape Crisis Hotline

English: 410-820-5600  
Español: 401-829-6143  
Text: 410-829-6143

### Trevor Project LGBTQ+ Crisis Line

Call 1-866-488-7386  
Text 'START' to 678-678  
Chat [thetrevorproject.org](https://thetrevorproject.org)

### Veterans Crisis Hotline

988, Press 1  
Text 838255

### Maryland Center on Problem Gambling

Call/Text 1-800-426-2537

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# Mid Shore Behavioral Health, Inc.

## Introduction to the Guide

Mid Shore Behavioral Health, Inc. (MSBH) is pleased to present a revised 2024 edition of the Resource Guide for Behavioral Health Services in Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the five-county area, represents MSBH’s effort to help people in the community become more aware of the services that are available to them.

Mid Shore Behavioral Health, Inc. is a private, not-for-profit 501(c)(3) core service agency charged with overseeing the behavioral health systems and services in the mid-shore region, with some programs serving the nine-county region of Maryland’s Eastern Shore. MSBH was incorporated in 1992 through a collaboration of the five county governments and mental health stakeholders.

Mid Shore Behavioral Health, Inc.’s Board of Directors consists of members appointed by the five local governments, five at-large members, and two charter members representing all stakeholders, including consumers, family members, or other residents of the five counties who possess some expertise in the field of behavioral health.



## Mission

Mid Shore Behavioral Health, Inc.’s mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne’s, and Talbot counties through effective coordination of care in collaboration with consumers, their natural support systems, family members, providers, and the community at large.

## Vision

Mid Shore Behavioral Health, Inc.’s vision is a rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community.

## What We Do

Mid Shore Behavioral Health, Inc. strives to enhance a regional behavioral health system of care through effective collaboration with consumers, providers, and community leaders. MSBH’s goal is to develop a full array of accessible services and resources for the consumer through partnership with our providers and other agencies. MSBH offers guidance in understanding and navigating all that is available in our community. Beyond the primary responsibility for local publicly funded mental health services, MSBH understands that behavioral health is essential to overall health, and many domains of life contribute to one’s behavioral health, especially having a home, purpose, and community connection. MSBH seeks to address the needs of the whole person and collaborates to improve the systems of care of the whole community throughout the region. The most important core value of our organization is hope: the belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can and do overcome the internal and external challenges, barriers, and obstacles that confront them to achieve wellness.



# Mid Shore Behavioral Health, Inc. Services

Mid Shore Behavioral Health, Inc. works to connect people and consumers in need to behavioral health services by providing information about providers and treatment agencies in the local mid-shore region. Individuals experiencing mental health, substance use, homelessness, disabilities, or problem gambling challenges can visit [MSBH's website](#) or call the main office for resources and assistance getting connected to behavioral health services. MSBH is not a behavioral health service provider.

Consumers are individuals receiving behavioral health treatment and rehabilitation services within the fee for service Public Behavioral Health System (PBHS). Consumer assistance can be obtained by submitting a [Consumer Support Service Request](#) for pharmacy assistance, transportation to behavioral health-related appointments, laboratory costs as it relates to behavioral health treatments, and other support needs that help to achieve or stabilize community placement, which include one-time annual help with first month's rent, security deposit, utility turn on or deposit, basic household goods to establish a residence, or past due utility, rent, or mortgage if the applicant can show sustainability, referred to as a "special needs." All applications are subject to evaluation and approval. Incomplete applications will be denied and returned.

MSBH can also assist with concerns regarding the services you or a family member are receiving. We first encourage you to discuss your concerns directly with the provider, however, if further assistance is needed, please call our office at 410-770-4801.

If you have been denied a service by Optum Maryland Behavioral Health, the Administrative Services Organization (ASO), you have the right to appeal that decision. Please refer to the [MSBH website](#).

Mid Shore Behavioral Health facilitates quarterly Behavioral Health Services Network (BHSN) meetings, where stakeholders discuss trends, changes, and issues concerning behavioral health in the Eastern Shore. The network comprises eight workgroups whose members include providers, consumers, and behavioral health professionals. All BHSN meetings are open to the public.

These workgroups are:

- Adult Services Workgroup
- Children, Adolescents, and Young Adults Workgroup
- Crisis Intervention Team Workgroup
- Diversity and Inclusion Workgroup
- Forensic Workgroup
- Mid-Shore Roundtable on Homelessness
- Mid-Shore Peer Workgroup
- The People's Roundtable

Visit the [BHSN page on the MSBH website](#) for additional details and contact information for the workgroups. Those interested in helping build the best regional Public Behavioral Health System are encouraged to participate in these groups. If you would like to be added to MSBH's bi-weekly newsletter to stay updated on mid-shore behavioral health-related meetings, trainings, and events, sign up for [MSBH's Steering Wheel newsletter on the MSBH website](#).

# Behavioral Health Acronyms & Terms

For a comprehensive Behavioral Health Glossary, visit [MSBH's website](#).

<b>ACA</b>	Affordable Care Act	<b>LAA</b>	Local Addiction Authority
<b>ACT</b>	Assertive Community Treatment	<b>LBHA</b>	Local Behavioral Health Authority
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder	<b>LCT</b>	Local Care Team
<b>AHAR</b>	Annual Homeless Assessment Report	<b>LDAAC</b>	Local Drug and Alcohol Abuse Council
<b>ASO</b>	Administrative Services Organization	<b>LGBTQ+</b>	Lesbian, Gay, Bisexual, Transgender, Queer/Questioning
<b>BHA</b>	Behavioral Health Administration	<b>MA</b>	Medical Assistance
<b>BHSN</b>	Behavioral Health Services Network	<b>MACSA</b>	Maryland Association of Core Service Agencies
<b>CAF</b>	Community Alternatives Framework	<b>MAI</b>	Medical Assistance Ineligible
<b>CASA</b>	Court Appointed Special Advocate	<b>MAT</b>	Medication Assisted Treatment
<b>CBT</b>	Cognitive Behavioral Therapy	<b>MCHP</b>	Maryland Children's Health Program
<b>CCO</b>	Care Coordination Organization	<b>MCO</b>	Managed Care Organization
<b>CISM</b>	Critical Incident Stress Management	<b>MCSS</b>	Mobile Crisis Stabilization Services
<b>CIT</b>	Crisis Intervention Team	<b>MCT</b>	Mobile Crisis Teams
<b>CME</b>	Case Management Entity for 1915C RTC waiver	<b>MDH</b>	Maryland Department of Health
<b>CMHP</b>	Community Mental Health Plan	<b>MRSS</b>	Mobile Response Stabilization Services
<b>COC</b>	Continuum of Care - Mid-Shore Roundtable	<b>MSBH</b>	Mid Shore Behavioral Health, Inc.
<b>COMAR</b>	Code of Maryland Regulations	<b>MTS</b>	Mobile Treatment Services
<b>CQT</b>	Consumer Quality Team	<b>MTT</b>	Mobile Treatment Team
<b>CSA</b>	Core Service Agency	<b>Multi-D</b>	The Multi-Disciplinary Team
<b>CSR</b>	Client Service Representative	<b> OCD</b>	Obsessive Compulsive Disorder
<b>CVI</b>	Chesapeake Voyagers Inc.	<b>OHQC</b>	Office of Health Care Quality
<b>DBT</b>	Dialectical Behavior Therapy	<b>OIT</b>	Opioid Intervention Team
<b>DD</b>	Developmental Disabilities	<b>OMHC</b>	Outpatient Mental Health Clinic
<b>DDA</b>	Developmental Disabilities Administration	<b> OUD</b>	Opioid Use Disorder
<b>DJS</b>	Department of Juvenile Services	<b>PATH</b>	Projects for Assistance in Transition from Homelessness
<b>DORS</b>	Division of Rehabilitation Services	<b>PBHS</b>	Public Behavioral Health System
<b>DSS</b>	Department of Social Services	<b>PHP</b>	Partial Hospitalization Program
<b>EAP</b>	Employee Assistance Program	<b>PIP</b>	Performance Improvement Plan
<b>EBP</b>	Evidence Based Practice	<b>PRP</b>	Psychiatric Rehabilitation Program
<b>EFT</b>	Emotionally Focused Therapy	<b>PTSD</b>	Post Traumatic Stress Disorder
<b>EMDR</b>	Eye Movement Desensitization and Reprocessing	<b>RBHAC</b>	Regional Behavioral Health Advisory Committee
<b>ESOC</b>	Eastern Shore Operations Center	<b>RRP</b>	Residential Rehabilitation Program
<b>FFS</b>	Fee for Service	<b>RTC</b>	Residential Treatment Center
<b>HMIS</b>	Homeless Management Information System	<b>SEP</b>	Supported Employment Program
<b>HSAM</b>	Human Services Agreement Manual	<b>SSDI</b>	Social Security Disability Insurance
<b>IAC</b>	Inter-Agency Committee	<b>SSI</b>	Supplemental Security Income
<b>IDD</b>	Intellectual and Developmental Disabilities	<b>SUD</b>	Substance Use Disorder
<b>IFPS</b>	Interagency Family Preservation Services	<b>TAY</b>	Transitional Age Youth
<b>IOP</b>	Intensive Outpatient Program	<b>TBI</b>	Traumatic Brain Injury
<b>IFPS</b>	Interagency Family Preservation Services	<b>UCC</b>	Urgent Care Clinic
<b>IOP</b>	Intensive Outpatient Program		




# Behavioral Health Licensure Acronyms

<b>AD</b>	Alcohol and Drug Trainee
<b>APRN</b>	Advanced Practice Registered Nurse
<b>ATR</b>	Art Therapist Registered
<b>ATR-BC</b>	Art Therapist Registered – Board Certified
<b>CAC-AD</b>	Certified Associate Counselor-Alcohol and Drug
<b>CADAC</b>	Certificated Alcohol and Drug Abuse Counselor
<b>CCADC</b>	Certified Clinical Alcohol and Drug Counselor
<b>CCDP</b>	Certified Chemical Dependency Professional
<b>CFPS</b>	Certified Family Peer Specialist
<b>CPC</b>	Certified Professional Counselor
<b>CRNP</b>	Certified Registered Nurse Practitioner
<b>CRPS</b>	Certified Recovery Peer Specialist
<b>CSC-AD</b>	Certified Supervised Counselor Alcohol & Drug
<b>DO</b>	Doctor of Osteopathic Medicine
<b>EAGALA</b>	Equine Assisted Growth and Learning Association Certified
<b>LCADC</b>	Licensed Clinical Alcohol and Drug Counselor
<b>LCMFT</b>	Licensed Clinical Marriage and Family Therapist
<b>LCPAT</b>	Licensed Clinical Professional Art Therapist
<b>LCPC</b>	Licensed Clinical Professional Counselor
<b>LCSW</b>	Licensed Certified Social Worker
<b>LCSW-C</b>	Licensed Certified Social Worker – Clinical
<b>LGPC</b>	Licensed Graduate Professional Counselor
<b>LGSW</b>	Licensed Graduate Social Worker
<b>LNP</b>	Licensed Nurse Practitioner
<b>MD</b>	Doctor of Medicine
<b>PA-C</b>	Physician Assistance – Certified
<b>PATH</b>	Projects for Assistance in Transition from Homelessness
<b>PhD</b>	Doctor of Philosophy
<b>PMH- APRN</b>	Advanced Practice Psychiatric Nurses
<b>PMH-C</b>	Perinatal Mental Health Counselor
<b>PMHNP-BC</b>	Psychiatric-Mental Health Nurse Practitioner - Certified
<b>Psy D</b>	Doctor of Psychology
<b>RN</b>	Registered Nurse



# Behavioral Health Services


Affiliated Sante Eastern Shore Crisis Response				
Address	Contact	Hours	Counties Served	Ages
28577 Mary's Court, Ste 5 Easton, MD 21601	<b>24/7 Phone:</b> 1-888-407-8018 <b>Fax:</b> 240-331-1465 <b>Email:</b> <a href="mailto:tbrown@santegroup.org">tbrown@santegroup.org</a> <b>Website:</b> <a href="http://www.santeeasternshore.org">www.santeeasternshore.org</a>	24/7	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico	All Ages
Payment Accepted	Provider Type		Treatment Specialties	Language
❖ Free ❖ Grant Funds	❖ CAC ❖ CPRS ❖ BSW ❖ LCPC ❖ LCSW	❖ LCSW-C ❖ LGPC ❖ LMSW ❖ MSW ❖ Peer Support Specialist	❖ Situational Crisis ❖ UCC Appointments ❖ Care Coordination	English <b>Interpreter:</b> Hotline <b>Translator:</b> Hotline
Services Provided				
 <p>The Mobile Crisis Team is prepared for immediate dispatch to behavioral or mental health crises 24/7. Once on scene, our two-person team will assess the severity of the crisis, implement immediate relief, and coordinate a path to recovery and sustainable health.</p>				


Anne Arundel Counseling, Inc.				
Address	Contact	Hours		
❖ 7310 Ritchie Highway, Ste. 1009 Glen Burnie, MD 21061 ❖ 633 Railroad Ave. Centreville, MD 21617 ❖ 101 Log Canoe Circle, Ste. C-3 Stevensville, MD 21666	<b>Phone:</b> 410-768-5988 <b>Fax:</b> 410-768-5989 <b>Email:</b> <a href="mailto:info@annearundelcounseling.com">info@annearundelcounseling.com</a> <b>Website:</b> <a href="http://www.annearundelcounseling.com">www.annearundelcounseling.com</a>	Mon. – Fri. 8 a.m. to 9 p.m. Sat. 8 a.m. to 5 p.m.		
Payment Accepted	Provider Type		Language	
❖ Self-Pay ❖ Sliding Scale Fee ❖ Private Insurance	❖ CRNP ❖ LCSW ❖ LCADC	❖ LCPC ❖ PhD	English <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties	Services Provided			
❖ Anxiety / Phobias ❖ Attention Deficit Hyperactivity Disorder (ADHD) ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders	❖ Anger Management Counseling ❖ Case Management ❖ Cognitive Behavioral Therapy (CBT) ❖ Crime Victim / Witness Counseling ❖ Crisis intervention ❖ Death and Dying Counseling ❖ Detention Center Case Management	❖ Geriatric Counseling ❖ Group Counseling ❖ Homeless Outreach ❖ Imago Relationship Therapy ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health & Substance Use Services	❖ Psychiatric Mobile Response Team ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Psycho Educational Groups ❖ School-based Therapy ❖ Sex Offender Counseling	

## Anne Arundel Counseling, Inc.

❖ Hoarding Behaviors	❖ Dialectical Behavioral Therapy	❖ Mental Health Evaluation and Treatment	❖ Substance Use Education / Prevention
❖ Personality Disorders	❖ DUI/DWI Offender Programs	❖ Mental Health Related Support Groups	❖ Substance Use Intensive Outpatient
❖ Physical Disabilities	❖ Emergency Department Care Coordination	❖ Play Therapy	❖ Substance Use Intervention Program
❖ Post-Traumatic Stress Disorder (PTSD)	❖ Emotionally Focused Therapy (EFT)	❖ Narcan Training, Education and Distribution	❖ Substance Use Outpatient
❖ Schizoid Personality Disorder	❖ Eye Movement Desensitization & Reprocessing (EMDR)	❖ Peer Support	❖ Trauma Informed
❖ Self-Injurious Behaviors	❖ Family Counseling	❖ Primary Care Services	❖ Urgent Care Appointment
❖ Sexual Disorders	❖ Family Law Courts	❖ Medication Services	❖ Veteran Services
❖ Substance Use / Dependence	❖ General Counseling	❖ Psychiatric Assessment	❖ Walk-In
❖ Traumatic Brain Injuries (TBI)	❖ Mental Health Education		


## Arundel Lodge, Inc.

Address	Contact	Hours	Counties	Ages
2600 Solomons Island Rd. Edgewater, MD 21037	<b>Phone:</b> 443-433-5900 <b>Video Phone:</b> 443-569-6947 <b>Fax:</b> 410-841-6045 <b>Website:</b> <a href="http://www.arundellodge.org">www.arundellodge.org</a>	Mon. – Fri. 8:30 p.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	6-71+
Payment Accepted			Provider Type	Language
❖ Aetna	❖ Medicare	❖ CRNP-PMH	American Sign Language (ASL), English <b>Interpreter:</b> On site <b>Translator:</b> No	
❖ Blue Cross Blue Shield	❖ Public Behavioral Health (Medicaid)	❖ LCPC		
❖ Cigna	❖ Self-Pay	❖ LCSW-C		
❖ MCHP	❖ Tricare	❖ LMSW		
❖ Maryland Choices Provider	❖ United Healthcare	❖ MD		
Treatment Specialties		Services Provided		
❖ Anxiety / Phobias	❖ Complex Trauma	❖ Behavioral Therapy	❖ LGBTQ+ Education, Support, and Advocacy	
❖ ADHD	❖ Depression	❖ Bereavement and Grief Counseling	❖ LGBTQ+ Family Support and Referrals	
❖ Autism Spectrum	❖ Developmental Disabilities	❖ CBT	❖ LGBTQ+ Issues	
❖ Behavioral Disorders	❖ Domestic Violence	❖ Deaf Services	❖ Mental Health Evaluation and Treatment	
❖ Bereavement and Grief	❖ Mood Disorders	❖ Dialectical Behavioral Therapy	❖ Psychiatric Assessment	
❖ Bipolar Disorder	❖ Personality Disorders	❖ General Counseling	❖ Psychosocial Rehabilitation and Recovery Center	
❖ Chronic Mental Illness	❖ Physical Disabilities	❖ General Mental Health Information/Education	❖ Social Work	
❖ Co-Occurring	❖ Stress	❖ Individual Counseling	❖ Telehealth Services	
 <p>Arundel Lodge is a 501(c)(3) nonprofit organization that works toward a world where behavioral health disorders are not a limit to achieving a meaningful life in the community. We envision being an essential member of a community network that helps prevent behavioral health disorders and provides the care and support people need to lead healthy, productive lives.</p>				

Aspire Mental Health			
Address	Contact	Hours	Counties Served
111 N. West Street Easton, MD 21601	Ashley Aroom <b>Phone:</b> 443-837-7954 <b>Email:</b> ashley.aroom@aspirementalhealtheaston.com	Mon-Thu 9 A.M. – 5 P.M. Fridays 9 A.M. – 1 P.M.	Caroline, Dorchester, Kent, Queen Anne's, Talbot
Payment Accepted	Provider Type	Treatment Specialties	Language
❖ Sliding Scale Fee ❖ Self-Pay ❖ BCBS	❖ LCPC	❖ CBT                      ❖ Sensorimotor Psychotherapy ❖ Mindfulness        ❖ Trauma Therapy ❖ PCT	English <b>Interpreter:</b> No <b>Translator:</b> No
Services Provided	Ages		
❖ In Person ❖ Telehealth	❖ Children ❖ Teens	❖ Adults ❖ Currently Accepting New Patients	
 <p>ASPIRE MENTAL HEALTH</p> <p>Aspire Mental Health believes we all have power to unlock our potential with the capacity to heal and grow. Serving children, adolescents, adults, couples, and families with a wide array of mental health concerns including trauma, anxiety, PTSD, depression, postpartum, grief, and interpersonal &amp; relational challenges.</p>			

Balance Point				
Address	Contact	Hours	Counties Served	Ages
408 N. Washington St. Suite B Easton, MD 21601	<b>Phone:</b> 443-786-2768 <b>Fax:</b> 410-770-7176 <b>Email:</b> b.laznovsky@gmail.com	Mon. – Thurs. 9 a.m. to 4 p.m. Fri. by appt only	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	0-71+
Payment Accepted		Provider Type	Language	
❖ Public Behavioral Health (Medicaid)    ❖ Self-Pay		❖ LCADC    ❖ LCSW-C	English    ❖ <b>Interpreter:</b> On call	
Treatment Specialties		Services Provided		
❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Eating Disorders ❖ Family / Relationship Issues	❖ Hoarding Behaviors ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stress ❖ Substance Use / Dependence ❖ Trauma ❖ TBI	❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ Couples and Relationship Counseling ❖ Court-Ordered Therapy ❖ Dialectical Behavioral Therapy ❖ DUI/DWI Offender Programs ❖ Evidenced Based Practice ❖ EMDR ❖ General Mental Health Information/Education	❖ Mental Health Evaluation and Treatment ❖ Individual Counseling ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Private Psychotherapy ❖ Psychological Services for Cancer Patients and Caregivers ❖ Relapse Prevention ❖ Social Work ❖ Solution Focused ❖ Sports Psychology ❖ Substance Use Education / Prevention ❖ Telehealth Services ❖ Veteran Services	
Balance Point provides private & individualized psychotherapy & addictions counseling.				

## Bridges Behavioral Health and Wellness, LLC.

Address	Contact	Hours	Counties Served	Ages	
207 N. Liberty St. Suite B Centreville, MD 21617	<b>Phone:</b> 410-758-8750 <b>Fax:</b> 410-758-8751 <b>Email:</b> <a href="mailto:staff@bridgesbehavioral.com">staff@bridgesbehavioral.com</a> <b>Website:</b> <a href="http://www.bridgesbehavioral.com">www.bridgesbehavioral.com</a>	Monday – Thursday: 8 A.M. to 6 P.M. Friday: Appointment Only	Caroline, Dorchester, Kent, Queen Anne's, Talbot	12+	
Payment Accepted		Provider Type		Language	
❖ Aetna ❖ BCBS ❖ CareFirst ❖ Cigna ❖ Delaware Highmark ❖ Humana ❖ Johns Hopkins	❖ Maryland Choices Provider ❖ Medicare ❖ MCHP ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ Sliding Scale Fee ❖ Tricare ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare	❖ PMH- APRN ❖ CRNP ❖ CRNP-PMH ❖ MD ❖ LCSW ❖ LCSW-C ❖ LCPC	❖ LGPC ❖ LMFT ❖ LMSW ❖ Interns ❖ Nurse ❖ PhD ❖ RN	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided			
❖ ADHD ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Co-Occurring ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues	❖ Hoarding Behaviors ❖ Mood Disorders ❖ OCD ❖ Personality Disorder ❖ Postpartum Depression ❖ PTSD ❖ Q.A.C. School based therapy ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking	❖ Age-Related Groups ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Couples and Relationship Counseling ❖ Court-Ordered Therapy ❖ Dialectical Behavioral Therapy ❖ Dual Diagnosis Groups ❖ EFT ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ Geriatric Counseling Group Counseling	❖ LGBTQ+ Education, Support, and Advocacy ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Older Adults / Aging Issues ❖ Parent Counseling ❖ Play Therapy ❖ Progressive Counting ❖ Psychodynamic Psychotherapy ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics ❖ Urinalysis ❖ Veteran Services ❖ Women's Group		
<p>Bridges Behavioral Health and Wellness assures quality treatment services with a professionally licensed staff by way of communication, collaboration, and facilitation. Bridges promotes a positive outlook for clients while providing early intervention at the onset of emotional and behavioral disorders and works to restore and improve clients' level of functioning.</p> 					

## Caroline Behavioral Health

Address	Contact	Hours	Counties
403 S. 7th St. Denton, MD 21629	<b>Phone:</b> 410-479-3800 or 410-479-1882 <b>Fax:</b> 410-479-0052 <b>Website:</b> <a href="http://www.carolinehd.org">www.carolinehd.org</a>	Mon. – Fri. 8 a.m. to 5 p.m. Mon., Tue., Thur. evenings by appointment only	Caroline
Payment Accepted		Provider Type	Language
❖ Grant Funds	❖ Self-Pay	❖ CAC-AD ❖ LCSW	English

Caroline Behavioral Health				
❖ Medicare	❖ Sliding Scale Fee	❖ CRNP	❖ LCSW-C	<b>Interpreter:</b> Spanish <b>Translator:</b> Spanish
❖ Public Behavioral Health (Medicaid)		❖ CSC-AD	❖ MD	
		❖ LCADC	❖ Nurse	
Treatment Specialties		Services Provided		
❖ Anxiety / Phobias	❖ Personality Disorders	❖ Anger Management Counseling	❖ Jail Based Substance	
❖ ADHD	❖ Physical Disabilities	❖ Art Therapy	❖ LGBTQ+ Issues	
❖ Bipolar Disorder	❖ PTSD	❖ Behavioral Treatment	❖ Mental Health Evaluation and Treatment	
❖ Chronic Mental Illness	❖ Pregnant Women	❖ Care Coordination and Referral Services	❖ Mental Health Related Support Groups	
❖ Co-Occurring	❖ Schizoid Personality Disorder	❖ Case Management	❖ Play Therapy	
❖ Depression	❖ Self-Injurious Behaviors	❖ CBT	❖ Psychiatric Medication Services	
❖ Developmental Disabilities	❖ Substance Use / Dependence	❖ Disability Related Counseling	❖ Sex Offender Counseling	
❖ Eating Disorders	❖ TBI	❖ DUI/DWI Offender Programs	❖ Substance Use Education / Prevention	
❖ Hoarding Behaviors	❖ Veterans	❖ Family Counseling	❖ Substance Use Outpatient	
❖ Opioid Use Disorder		❖ Gender-Related Groups	❖ Veteran Services	
		❖ General Counseling	❖ Youth Development	
		❖ Group Counseling		
		❖ Individual Counseling		

Chesapeake Bay Psychological Services, LLC			
Address	Contact	Hours	
155 Log Canoe Cir. Stevensville, MD 21666	<b>Phone:</b> 410-604-0226 <b>Fax:</b> 877-643-0126 <b>Email:</b> questions@chesapeakebaypsychological.com <b>Website:</b> <a href="http://www.chesapeakebaypsychological.com">www.chesapeakebaypsychological.com</a>	Mon. – Fri. varies. By appointment only	
Payment Accepted	Provider Type	Language	
❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Private Insurance ❖ Self-Pay	❖ LCPC ❖ LCSW-C ❖ PhD	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided		
❖ ADHD	❖ Anger Management Counseling	❖ Individual Counseling	
❖ Anxiety / Phobias	❖ Behavioral Treatment	❖ LGBTQ+ Issues	
❖ Bipolar Disorder	❖ Child and Family Services	❖ Marriage Counseling	
❖ Chronic Mental Illness	❖ CBT	❖ Mental Health & Substance Use Services	
❖ Co-Occurring	❖ Death and Dying Counseling	❖ Mental Health Evaluation and Treatment	
❖ Dementia	❖ Family Counseling	❖ Older Adults / Aging Services	
❖ Depression	❖ General Counseling	❖ Psychological Testing	
❖ Developmental Disabilities	❖ Geriatric Counseling	❖ Trauma Informed	
❖ Eating Disorders	❖ Group Counseling		
❖ PTSD			
❖ Self-Injurious Behaviors			
<p>Chesapeake Bay Psychological Services provides a range of services for adults, adolescents, and children. They provide individual, couples and family therapy, psychological testing, consultation services for educational accommodations in grade school or college, and resolution of parenting differences. Please see their website for more information on their staff and areas of experience.</p>			
			

Chester River Behavioral Health			
Address	Contact	Hours	
952 Washington Ave. Chestertown, MD 21620	<b>Phone:</b> 410-778-5550 <b>Fax:</b> 410-778-0984 <b>Email:</b> <a href="mailto:crbh@verizon.net">crbh@verizon.net</a> <b>Website:</b> <a href="http://www.chesterriverbehavioral.com">www.chesterriverbehavioral.com</a>	Mon., Thurs. 9 a.m. to 7 p.m. Tues. 9 a.m. to 8 p.m. Wed. 9 a.m. to 6 p.m. Fri. 9 a.m. to 5 p.m.	
Payment Accepted	Provider Type	Language	
❖ Medicare ❖ Private Insurance ❖ Self-Pay	❖ LCADC                      ❖ LCSW-C ❖ LCPC                        ❖ PhD	English <b>Interpreter:</b> Spanish <b>Translator:</b> Spanish	
Treatment Specialties	Services Provided		
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Co-Occurring ❖ Depression ❖ Eating Disorders ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence	❖ Anger Management Counseling ❖ Behavioral Treatment ❖ CBT ❖ Conflict Resolution ❖ DBT ❖ Drug Testing ❖ EMDR ❖ Family Counseling ❖ General Counseling ❖ Geriatric Counseling ❖ Group Counseling ❖ Individual Counseling	❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Death and Dying Counseling ❖ Hypnotherapy ❖ Mental Health & Substance Use Services ❖ Mental Health Related Support Groups ❖ Older Adults / Aging Services ❖ Play Therapy	❖ Pre-Employment Evaluations ❖ Pre-Surgical Evaluations ❖ Psychological Services for Cancer Patients and Caregivers ❖ Psychological Testing ❖ Sports Psychology ❖ Substance Use Education / Prevention ❖ Substance Use Outpatient ❖ Treatment for Adult Children of Alcoholics

Coastal Counseling & Wellness, LLC				
Address	Contact	Hours	Counties	Ages
10 S Hanson St. Suite 5 Easton, MD 21601	<b>Phone:</b> 443-786-5437 <b>Fax:</b> 443-558-7336 <b>Email:</b> <a href="mailto:coastalcounselingwellnessctr@gmail.com">coastalcounselingwellnessctr@gmail.com</a> <b>Website:</b> <a href="http://www.coastalcounselingwellness.com">www.coastalcounselingwellness.com</a>	Mon. to Thurs. 9 a.m. to 5 p.m. Fri. 9 a.m. to 12 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD counties	6-71+
Payment Accepted	Provider Type	Language		
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Johns Hopkins	❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ United Healthcare	❖ LCPC English Interpreter: No Translator: No		
Treatment Specialties	Services Provided			
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence	❖ Family / Relationship Issues ❖ Mood Disorders ❖ PTSD ❖ Stress ❖ Trauma	❖ Age-Related Groups ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Bereavement and Grief Counseling ❖ CBT ❖ Conflict Resolution ❖ Educational Workshops ❖ Family Counseling	❖ General Counseling ❖ General Mental Health Education ❖ Group Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues ❖ Mindfulness Based Therapy ❖ Parent Counseling ❖ Telehealth Services	

## Coastal Counseling & Wellness, LLC



Coastal Counseling & Wellness, LLC was established in 2019 to meet the growing needs of the Mid-Shore community by offering positive, individualized mental health services, and promoting overall well-being through a variety of modalities.

### Community Behavioral Health

Addresses	Contact	Counties Served	Ages
<ul style="list-style-type: none"> <li>❖ 426 Dorchester Ave. Cambridge, MD 21613</li> <li>❖ 202 Coursevall Dr. Ste #107 Centreville, MD 21617</li> <li>❖ 8614 Ocean Gateway. Easton, MD 21601</li> <li>❖ 809, 811, 817, 821 Eastern Shore Dr. Salisbury, MD 21804</li> <li>❖ 106 Lee St. Salisbury, MD 21804</li> </ul>	<p><b>Phone:</b> 844-224-5264 ext. 107  <b>Fax:</b> 888-509-0010  <b>Email:</b>                      Admin@communitybehavioralhealth.net  <b>Website:</b>  <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></p>	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	All
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> <li style="width: 50%;">❖ Aetna</li> <li style="width: 50%;">❖ Kaiser</li> <li style="width: 50%;">❖ Blue Cross Blue Shield</li> <li style="width: 50%;">❖ Medicare</li> <li style="width: 50%;">❖ CareFirst</li> <li style="width: 50%;">❖ Public Behavioral Health (Medicaid)</li> <li style="width: 50%;">❖ Cigna</li> <li style="width: 50%;">❖ Self-Pay</li> <li style="width: 50%;">❖ DDA Funding</li> <li style="width: 50%;">❖ Sliding Scale Fee</li> <li style="width: 50%;">❖ Free</li> <li style="width: 50%;">❖ Tricare</li> <li style="width: 50%;">❖ Grant Funds</li> <li style="width: 50%;">❖ Uninsured Eligible</li> <li style="width: 50%;">❖ Humana</li> <li style="width: 50%;">❖ United Healthcare</li> <li style="width: 50%;">❖ Johns Hopkins</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Addictions Counselor</li> <li style="width: 50%;">❖ Health Home Nurse</li> <li style="width: 50%;">❖ ADTC</li> <li style="width: 50%;">❖ Interns</li> <li style="width: 50%;">❖ CAC-AD</li> <li style="width: 50%;">❖ LCPAT</li> <li style="width: 50%;">❖ Case Manager</li> <li style="width: 50%;">❖ LCPC</li> <li style="width: 50%;">❖ CRNP-PMH</li> <li style="width: 50%;">❖ LCSW</li> <li style="width: 50%;">❖ CSC-AD</li> <li style="width: 50%;">❖ LCSW-C</li> </ul>	American Sign Language (ASL), English, Gujarati, Haitian Creole, Hindi, Spanish <b>Interpreter:</b> On call <b>Translator:</b> Yes	
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li style="width: 50%;">❖ Adolescent Substance Use</li> <li style="width: 50%;">❖ Ketamine Use</li> <li style="width: 50%;">❖ Alcohol Use</li> <li style="width: 50%;">❖ Kratom Use</li> <li style="width: 50%;">❖ Amphetamine Use</li> <li style="width: 50%;">❖ Inhalant Use (Huffing)</li> <li style="width: 50%;">❖ Anxiety /Phobias</li> <li style="width: 50%;">❖ Mood Disorders</li> <li style="width: 50%;">❖ ADHD</li> <li style="width: 50%;">❖ OCD</li> <li style="width: 50%;">❖ Autism Spectrum Disorders</li> <li style="width: 50%;">❖ Opiate Use</li> <li style="width: 50%;">❖ Behavioral Disorders</li> <li style="width: 50%;">❖ Personality Disorders</li> <li style="width: 50%;">❖ Benzodiazepine Use</li> <li style="width: 50%;">❖ Painkiller Use</li> <li style="width: 50%;">❖ Bereavement and Grief</li> <li style="width: 50%;">❖ PTSD</li> <li style="width: 50%;">❖ Marijuana Use</li> <li style="width: 50%;">❖ Postpartum Depression</li> <li style="width: 50%;">❖ Bipolar Disorder</li> <li style="width: 50%;">❖ Methamphetamine Use</li> <li style="width: 50%;">❖ Chronic Mental Illness</li> <li style="width: 50%;">❖ Mushroom Use</li> <li style="width: 50%;">❖ Cocaine Use</li> <li style="width: 50%;">❖ Schizoid Personality Disorder</li> <li style="width: 50%;">❖ Co-Occurring Complex Trauma</li> <li style="width: 50%;">❖ Self-Injurious</li> <li style="width: 50%;">❖ Depression</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Adult Assessment</li> <li style="width: 33%;">❖ Psychiatric Medication Services</li> <li style="width: 33%;">❖ Adult Bonding / Attachment Issues</li> <li style="width: 33%;">❖ Psychiatric Rehabilitation Program Off-Site and On-Site</li> <li style="width: 33%;">❖ Adult Day Programs</li> <li style="width: 33%;">❖ Respite Care</li> <li style="width: 33%;">❖ Advocacy</li> <li style="width: 33%;">❖ School Based Mental Health &amp; Substance Use Education</li> <li style="width: 33%;">❖ Age-Related Groups</li> <li style="width: 33%;">❖ Social Work</li> <li style="width: 33%;">❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li style="width: 33%;">❖ Suboxone</li> <li style="width: 33%;">❖ Anger Management Counseling</li> <li style="width: 33%;">❖ Substance Use Disorder Evaluation and Treatment</li> <li style="width: 33%;">❖ Art Therapy</li> <li style="width: 33%;">❖ Substance Use Education / Prevention</li> <li style="width: 33%;">❖ Assisted Living</li> <li style="width: 33%;">❖ Substance Use Intensive Outpatient</li> <li style="width: 33%;">❖ Assistive Technology Evaluations/Loans</li> <li style="width: 33%;">❖ Substance Use Intervention Program</li> <li style="width: 33%;">❖ Behavioral Treatment</li> <li style="width: 33%;">❖ Substance Use Outpatient</li> <li style="width: 33%;">❖ Benefits Counseling</li> <li style="width: 33%;">❖ Substance Use Partial Hospitalization</li> <li style="width: 33%;">❖ Bereavement and Grief Counseling</li> <li style="width: 33%;">❖ Subutex</li> <li style="width: 33%;">❖ Evidenced Based Practice</li> <li style="width: 33%;">❖ Telehealth Services</li> <li style="width: 33%;">❖ Family Counseling</li> <li style="width: 33%;">❖ Home Health Services</li> <li style="width: 33%;">❖ Group Counseling</li> <li style="width: 33%;">❖ Health Improvement Programs</li> <li style="width: 33%;">❖ HIV / HCV Services</li> </ul>		



## Community Behavioral Health

<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ Hoarding Behaviors</li> <li>❖ Housing Insecurity</li> <li>❖ K2 (Spice) Use</li> </ul>	<ul style="list-style-type: none"> <li>Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Sexual Disorders</li> <li>❖ Stimulant Use</li> <li>❖ Stress</li> <li>❖ Substance Use</li> <li>❖ Tobacco Use</li> <li>❖ Trauma</li> <li>❖ Vaping Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Hotline</li> <li>❖ Interactive Groups</li> <li>❖ Internet Access</li> <li>❖ Jail Based Substance Use Treatment</li> <li>❖ Job Search /Placement</li> <li>❖ Legal Advocacy</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Psychiatric Case Management</li> <li>❖ Psychiatric Day Treatment</li> <li>❖ Psychiatric Hospitalization</li> </ul>	<ul style="list-style-type: none"> <li>❖ Tobacco Cessation</li> <li>❖ Transcranial Magnetic Stimulation</li> <li>❖ Trauma Groups</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Treatment for Adult Children of Alcoholics</li> <li>❖ Underage Drinking Prevention</li> <li>❖ Urgent Care Appointment</li> <li>❖ Urinalysis</li> <li>❖ Vivitrol</li> <li>❖ Women's Group</li> </ul>
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Community Behavioral Health makes a commitment to practice evidence-based medicine, research, and publications in furthering our knowledge in providing the highest quality of patient care. Our mission is to provide the highest quality mental health care and services to the population we serve. Our vision is to be the most innovative clinic in terms of delivery of care and to provide the highest standard of patient care and to continually challenge both ourselves and our patients to change for the better.

## Corsica River Mental Health Services, Inc.

Address	Contact	Counties	Ages
<ul style="list-style-type: none"> <li>❖ 120 Banjo Ln. Centreville MD 21617</li> <li>❖ 403 High St. Cambridge MD 21613</li> <li>❖ 332 N. Main St. Federalsburg MD 21632</li> </ul>	<p><b>Phone:</b> 410-758-2211  <b>Fax:</b> 410-758-0698  <b>Email:</b> <a href="mailto:corsica@crmhsinc.com">corsica@crmhsinc.com</a>  <b>Website:</b> <a href="http://www.crmhsinc.com">www.crmhsinc.com</a></p>	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6-71+

### Hours

Centreville (By Appointment Only): Mon: 8am-8pm Tues: 8am-6:30pm Wed: 8am-5pm Thurs: 8am-8pm Fri: 8am-4pm  
 Cambridge (By Appointment Only): Mon: 8am-5pm Tues: 8am-5pm Wed: 8am-5pm Thurs: 8am-5pm Fri: 8am-4pm  
 Federalsburg (By Appointment Only): Mon: CLOSED Tues: 8am-5pm Wed: CLOSED Thursday: 8am-5pm Friday: CLOSED

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ Grant Funds</li> <li>❖ Humana</li> <li>❖ Johns Hopkins</li> <li>❖ Medicare</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Tricare</li> <li>❖ Uninsured Eligible</li> <li>❖ United Healthcare</li> <li>❖ Magellan and Claimsbridge</li> </ul>	<ul style="list-style-type: none"> <li>❖ Addictions Counselor</li> <li>❖ ADT</li> <li>❖ Case Manager</li> <li>❖ CHOW</li> <li>❖ Interns</li> <li>❖ LCPC</li> <li>❖ MD</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> <li>❖ LMSW</li> <li>❖ Nurse Practitioner</li> <li>❖ Peer Support Specialist</li> <li>❖ RN</li> </ul>	<p>English, Spanish  <b>Interpreter:</b> Yes  <b>Translator:</b> Yes</p>

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Benzodiazepine Use</li> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Opiate Use</li> <li>❖ Personality Disorders</li> <li>❖ Painkiller Use</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Accessibility Adaptations</li> <li>❖ Adult Assessment</li> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination &amp; Referral Services</li> <li>❖ Case Management</li> <li>❖ Clinical Group Practice</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mobile Treatment - ACT</li> <li>❖ Parent Counseling</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Rational Emotive Behavioral</li> </ul>

## Corsica River Mental Health Services, Inc.

❖ Bereavement and Grief	❖ Mushroom Use	❖ CBT	Therapy
❖ Bipolar Disorder	❖ Schizoid Personality Disorder	❖ Conflict Resolution	❖ Resource Materials
❖ Chronic Mental Illness	❖ Self-Injurious Behaviors	❖ Couples and Relationship Counseling	❖ School Based Mental Health and Substance Use Education
❖ Cocaine Use	❖ Sexual Assault / Rape	❖ Court-Ordered Substance Use Testing & Therapy	❖ Solution Focused
❖ Co-Occurring	❖ Sexual Disorders	❖ DBT	❖ Substance Use Disorder Evaluation and Treatment
❖ Complex Trauma	❖ Stimulant Use	❖ Discharge Planning	❖ Substance Use Outpatient
❖ Depression	❖ Stress	❖ Drug Testing	❖ Targeted Case Management – Adults
❖ Family / Relationship Issues	❖ Substance Use / Dependence	❖ Dual Diagnosis Groups	❖ Telehealth Services
❖ Hallucinogen Use	❖ Tobacco Use	❖ Family Counseling	❖ Trauma-Focused CBT
❖ Heroin Use	❖ Trauma	❖ General Counseling	❖ Treatment for Adult Children of Alcoholics
❖ Hoarding Behaviors	❖ Vaping Use	❖ General Mental Health Education	❖ Urgent Care Appointment
❖ Housing Insecurity		❖ Geriatric Counseling	❖ Urinalysis
❖ K2 (Spice) Use		❖ Group Counseling	
❖ Ketamine Use		❖ Homeless Outreach	



Corsica River Mental Health Services, Inc. is a non-profit Mental Health and Substance Use Disorder (SUD) clinic. Our mission is to provide caring, effective, and highly accessible assessment and treatment to all mid-shore residents. We have clinics in Centreville, Federalsburg and Cambridge, Maryland.

## CounterPoint Health Services

Contact	Hours	Counties	Ages
<b>Phone:</b> 410-929-7225 <b>Fax:</b> 443-333-5434 <b>Email:</b> Resourcecenter@counterpointhealthservices.com <b>Website:</b> <a href="http://www.counterpointhealthservices.com">www.counterpointhealthservices.com</a>	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-71+
Payment Accepted	Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Humana ❖ Johns Hopkins ❖ United Healthcare ❖ LLC Network Provider ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ UMR	❖ CRNP ❖ CRNP-PMH ❖ LCSW-C ❖ MD ❖ PhD ❖ PMH- APRN ❖ PMHNP-BC ❖ PsyD	English - several staff fluent in multiple languages <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties	Services Provided		
❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Dementia ❖ Depression ❖ Mood Disorders ❖ Opiate Use ❖ Personality Disorders ❖ PTSD ❖ Marijuana Use ❖ Methamphetamine Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress	❖ Adult Assessment ❖ Age-Related Groups ❖ Assisted Living ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Bereavement and Grief Counseling ❖ Clinical Group Practice ❖ CBT ❖ Conflict Resolution ❖ Crisis Intervention / Stabilization ❖ General Mental Health Information/Education ❖ Geriatric Assessment ❖ Geriatric Counseling ❖ Life Counseling ❖ Mental Health Evaluation and Treatment ❖ Older Adults / Aging Services ❖ Private Psychotherapy ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Psychodynamic Psychotherapy		

## CounterPoint Health Services

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"> <li>❖ Domestic Violence</li> <li>❖ Eating Disorders</li> <li>❖ Family / Relationship Issues</li> <li>❖ Hoarding Behaviors</li> </ul> | <ul style="list-style-type: none"> <li>❖ Substance Use / Dependence</li> <li>❖ TBI</li> <li>❖ Trauma</li> </ul> | <ul style="list-style-type: none"> <li>❖ Educational Workshops</li> <li>❖ Evidenced Based Practice</li> <li>❖ Existential Psychology</li> <li>❖ Psychological Testing</li> <li>❖ Telehealth Services</li> <li>❖ Trauma-Focused CBT</li> </ul> |
|---|---|---|



CounterPoint Health Services serves adults with mood, behavioral, and cognitive concerns. We strive to close the gaps that exist in current behavioral health services through interventions that combine the most recent advancements in neuroscience research and assessment with rigorous clinical principles.

## Cove Behavioral Health & Wellness

Address	Contact	Hours	Counties	Ages
<p><b>Wicomico Location:</b> 540 Riverside Drive, Ste 8 Salisbury, MD 21801</p> <p><b>Dorchester Location:</b> 828 Airpax Road, Ste B Cambridge, MD 21613</p> <p><b>Somerset Location:</b> 30256 Mt. Vernon Road, Ut A Princess Anne, MD 21853</p> <p><b>Worcester Location:</b> 10226 Old Ocean City Blvd Ut 2 Berlin, MD 21811</p>	<p><b>Phone:</b> 410-548-3333 <b>Fax:</b> 410-548-3347 <b>Email:</b> info@covebhw.com <b>Website:</b> <a href="http://www.covebhw.com">www.covebhw.com</a></p>	<p>Mon. – Fri. 9 a.m. to 5 p.m. &amp; By Appointment</p>	<p>Dorchester, Talbot</p>	<p>6-71+</p>

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li style="width: 33%;">❖ Aetna</li> <li style="width: 33%;">❖ Johns Hopkins</li> <li style="width: 33%;">❖ Sliding Scale Fee</li> <li style="width: 33%;">❖ Blue Cross</li> <li style="width: 33%;">❖ Kaiser</li> <li style="width: 33%;">❖ Tricare</li> <li style="width: 33%;">❖ Blue Shield</li> <li style="width: 33%;">❖ MCHP</li> <li style="width: 33%;">❖ UMR</li> <li style="width: 33%;">❖ CareFirst</li> <li style="width: 33%;">❖ Medicare</li> <li style="width: 33%;">❖ Uninsured Eligible</li> <li style="width: 33%;">❖ Cigna</li> <li style="width: 33%;">❖ Public Behavioral Health (Medicaid)</li> <li style="width: 33%;">❖ United Healthcare</li> <li style="width: 33%;">❖ EAP</li> <li style="width: 33%;">❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Addictions Counselor</li> <li style="width: 50%;">❖ Interns</li> <li style="width: 50%;">❖ ADT</li> <li style="width: 50%;">❖ LCADC</li> <li style="width: 50%;">❖ CAC-AD</li> <li style="width: 50%;">❖ LCDC</li> <li style="width: 50%;">❖ CRNP-PMH</li> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ CSC-AD</li> <li style="width: 50%;">❖ LMSW</li> <li style="width: 50%;">❖ Nurse</li> <li style="width: 50%;">❖ PMH- APRN</li> </ul>	<p>English <b>Interpreter: No</b> <b>Translator: No</b></p>

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li style="width: 50%;">❖ Alcohol Use</li> <li style="width: 50%;">❖ OCD</li> <li style="width: 50%;">❖ Amphetamine Use</li> <li style="width: 50%;">❖ Opiate Use</li> <li style="width: 50%;">❖ Anxiety / Phobias</li> <li style="width: 50%;">❖ Personality Disorders</li> <li style="width: 50%;">❖ Bipolar Disorder</li> <li style="width: 50%;">❖ Painkiller Use</li> <li style="width: 50%;">❖ Cocaine Use</li> <li style="width: 50%;">❖ PTSD</li> <li style="width: 50%;">❖ Co-Occurring</li> <li style="width: 50%;">❖ Postpartum Depression</li> <li style="width: 50%;">❖ Complex Trauma</li> <li style="width: 50%;">❖ Marijuana Use</li> <li style="width: 50%;">❖ Depression</li> <li style="width: 50%;">❖ Methamphetamine Use</li> <li style="width: 50%;">❖ Domestic Violence</li> <li style="width: 50%;">❖ Mushroom Use</li> <li style="width: 50%;">❖ Eating Disorders</li> <li style="width: 50%;">❖ Schizoid Personality Disorder</li> <li style="width: 50%;">❖ Family / Relationship Issues</li> <li style="width: 50%;">❖ Self-Injurious Behaviors</li> <li style="width: 50%;">❖ Hallucinogen Use</li> <li style="width: 50%;">❖ Sexual Assault / Rape</li> <li style="width: 50%;">❖ Heroin Use</li> <li style="width: 50%;">❖ Stimulant Use</li> <li style="width: 50%;">❖ K2 (Spice) Use</li> <li style="width: 50%;">❖ Stress</li> <li style="width: 50%;">❖ Ketamine Use</li> <li style="width: 50%;">❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li style="width: 50%;">❖ Marriage Counseling</li> <li style="width: 50%;">❖ Anger Management Counseling / Therapy</li> <li style="width: 50%;">❖ Matrix Model</li> <li style="width: 50%;">❖ Child and Family Services</li> <li style="width: 50%;">❖ MAT</li> <li style="width: 50%;">❖ Clinical Group Practice</li> <li style="width: 50%;">❖ Men's Group</li> <li style="width: 50%;">❖ CBT</li> <li style="width: 50%;">❖ Mental Health Evaluation and Treatment</li> <li style="width: 50%;">❖ Couples and Relationship Counseling</li> <li style="width: 50%;">❖ Motivational Interviewing</li> <li style="width: 50%;">❖ Court-Ordered Therapy</li> <li style="width: 50%;">❖ Private Psychotherapy</li> <li style="width: 50%;">❖ Drug Testing</li> <li style="width: 50%;">❖ Psychiatric Assessment</li> <li style="width: 50%;">❖ Dual Diagnosis Groups</li> <li style="width: 50%;">❖ Relapse Prevention</li> <li style="width: 50%;">❖ DUI/DWI Offender Programs</li> <li style="width: 50%;">❖ Social Work</li> <li style="width: 50%;">❖ Family Counseling</li> <li style="width: 50%;">❖ Substance Use Outpatient</li> <li style="width: 50%;">❖ General Counseling</li> <li style="width: 50%;">❖ Group Counseling</li> </ul>

## Cove Behavioral Health & Wellness

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|--|--|
| <ul style="list-style-type: none"> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Mood Disorders</li> </ul> | <ul style="list-style-type: none"> <li>❖ Trauma</li> <li>❖ Internet Access</li> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> <li>❖ LGBTQ+ Issues and Referrals</li> <li>❖ Subutex</li> <li>❖ Trauma Groups</li> <li>❖ Women's Group</li> </ul> |
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Cove Behavioral Health & Wellness strives to provide personalized substance abuse & mental health treatment that makes recovery possible, probable, and achievable. Cove Behavioral Health & Wellness was formerly J. David Collins & Associates.

## Creative Counseling, LLC

Address	Contact	Hours	Counties	Ages
29466 Pintail Drive Unit 4 Easton, MD 21601	<b>Phone:</b> 443-528-5067 <b>Email:</b> <a href="mailto:creativecounseling.coleen@gmail.com">creativecounseling.coleen@gmail.com</a> <b>Website:</b> <a href="http://www.creativecounseling.net">www.creativecounseling.net</a>	Mon. - Fri. 8 a.m. - 4 p.m.	Caroline, Dorchester, Queen Anne's, Talbot	0-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Johns Hopkins</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>		❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Stress</li> <li>❖ Trauma</li> </ul>		<ul style="list-style-type: none"> <li>❖ Adult Bonding/ Attachment Issues</li> <li>❖ Age-Related Groups</li> <li>❖ Behavioral Modification</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ CBT</li> <li>❖ Emotional Regulation Therapy</li> <li>❖ Exercise</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ General Mental Health Education</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Motivational Interviewing</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Play Therapy</li> <li>❖ Rational Emotive Behavioral Therapy</li> <li>❖ Social Work</li> <li>❖ Telehealth Services</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Supervision</li> </ul>		

Creative Counseling's experience enables us to offer effective outpatient, individualized, client-focused care. We treat several mental health disorders and provide a neutral ground to individuals and families while also offering a unique treatment modality of Animal Assisted Therapy.

## Deborah Gootee, CRNP-PMH

Address	Contact	Hours	Counties
125 N. West Street Easton, MD 21601	<b>Phone:</b> 410-745-5595	Monday – Friday By Appointment	Caroline, Dorchester, Kent, Queen Anne's, Talbot

## Deborah Gootee, CRNP-PMH

Payment Accepted	Provider Type	Age	Language
❖ Self-Pay	❖ LCSW-C ❖ Psychiatric Family Nurse Practitioner (across the lifespan)	Adult Population	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided		
❖ ADHD ❖ Anxiety ❖ Mood Disorders ❖ Psychiatric Medication Management	❖ Medication Management ❖ Psychotherapy ❖ Certificate in prescribing for mental health issues in pregnancy and postpartum		

## Discovering Serenity Counseling Services

Address	Contact	Hours	Counties	Ages
<b>Chestertown location:</b> 115 S. Lynchburg Ste E Chestertown, MD 21620 <b>Easton location:</b> 29509 Canvasback Dr. Ste 207 Easton, MD 21610 <b>Annapolis location:</b> 2009 Tidewater Colony Dr. Ste B1 Annapolis, MD 21401	<b>Phone:</b> 443-331-4708 <b>Fax:</b> 443-926-9597 <b>Email:</b> <a href="mailto:admin@discoveringserenity.com">admin@discoveringserenity.com</a> <b>Website:</b> <a href="http://www.discoveringserenity.com">www.discoveringserenity.com</a>	Mon-Thurs 9 a.m. – 5 p.m. Friday 9 a.m. – 1 p.m.	Dorchester County, Kent County, Queen Anne's County, Talbot County, Anne Arundel County	5-71+
Payment Accepted	Provider Type		Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ Cigna	❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ United Healthcare	❖ LCSW-C ❖ LCPC ❖ LGPC ❖ LMSW	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided			
❖ ADHD ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Family / Relationship Issues ❖ OCD ❖ PTSD ❖ Postpartum Depression ❖ Self-Injurious Behaviors ❖ Stress ❖ Tobacco Use ❖ Trauma ❖ Vaping Use	❖ Adult Assessment ❖ Advocacy ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Care Coordination Referral Services ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Christian / Pastoral Counseling ❖ CBT ❖ Court-Ordered Therapy ❖ EFT ❖ EAP ❖ Evidenced Based Practice ❖ Family Therapy ❖ General Counseling ❖ General Mental Health Information ❖ Geriatric Counseling			
	❖ Individual Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues ❖ Life Stage Aging ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Private Psychotherapy ❖ Psychological Services for Cancer Patients and Caregivers ❖ Referrals - Assessment, Treatment, and Medication Management ❖ School-Based Therapy ❖ Social Work ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Veteran Services			

## Discovering Serenity Counseling Services

Personalized Counseling Services Designed to Support the Entire Family.



### Dover Behavioral Health Systems

Address	Contact	Hours	Ages
<ul style="list-style-type: none"> <li>❖ 725 Horsepond Rd. Dover, DE 19901</li> <li>❖ 404 S. Bedford St. Georgetown, MD 19947</li> </ul>	<b>Phone:</b> 302-741-0140 or 855-609-9711 <b>Fax:</b> 302-741-8551 <b>Website:</b> <a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a>	24/7	9-71+
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ LCSW</li> <li style="width: 50%;">❖ PhD</li> <li style="width: 50%;">❖ MD</li> <li style="width: 50%;">❖ PMH- APRN</li> <li style="width: 50%;">❖ Nurse</li> <li style="width: 50%;">❖ PA-C</li> </ul>	English <b>Interpreter:</b> Yes - Spanish <b>Translator:</b> No	
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li style="width: 50%;">❖ ADHD</li> <li style="width: 50%;">❖ Hoarding Behaviors</li> <li style="width: 50%;">❖ Anxiety / Phobias</li> <li style="width: 50%;">❖ Personality Disorders</li> <li style="width: 50%;">❖ Bipolar Disorder</li> <li style="width: 50%;">❖ Physical Disabilities</li> <li style="width: 50%;">❖ Chronic Mental Illness</li> <li style="width: 50%;">❖ PTSD</li> <li style="width: 50%;">❖ Co-Occurring</li> <li style="width: 50%;">❖ Schizoid Personality Disorder</li> <li style="width: 50%;">❖ Dementia</li> <li style="width: 50%;">❖ Self-Injurious Behaviors</li> <li style="width: 50%;">❖ Depression</li> <li style="width: 50%;">❖ Substance Use / Dependence</li> <li style="width: 50%;">❖ Developmental Disabilities</li> <li style="width: 50%;">❖ Substance Use / Dependence</li> <li style="width: 50%;">❖ Eating Disorders</li> <li style="width: 50%;">❖ TBI</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Anger Management Counseling</li> <li style="width: 50%;">❖ Mental Health Related Support Groups</li> <li style="width: 50%;">❖ Behavioral Treatment</li> <li style="width: 50%;">❖ Psychiatric Day Treatment</li> <li style="width: 50%;">❖ CBT</li> <li style="width: 50%;">❖ Psychiatric Hospitalization</li> <li style="width: 50%;">❖ Detoxification</li> <li style="width: 50%;">❖ Psycho Educational Groups</li> <li style="width: 50%;">❖ Family Counseling</li> <li style="width: 50%;">❖ Substance Use Education /Prevention (&lt;30 days)</li> <li style="width: 50%;">❖ General Counseling</li> <li style="width: 50%;">❖ Substance Use Inpatient Co-Occurring</li> <li style="width: 50%;">❖ Group Counseling</li> <li style="width: 50%;">❖ Substance Use Intensive Outpatient</li> <li style="width: 50%;">❖ Hotline</li> <li style="width: 50%;">❖ Substance Use Intervention Program</li> <li style="width: 50%;">❖ Individual Counseling</li> <li style="width: 50%;">❖ Trauma Informed</li> <li style="width: 50%;">❖ LGBTQ+ Issues</li> <li style="width: 50%;">❖ Veteran Services</li> <li style="width: 50%;">❖ Mental Health Evaluation and Treatment</li> <li style="width: 50%;">❖ Walk-In</li> </ul>		

### Eastern Shore Hospital Center

Address	Contact	Hours	Counties Served	Ages
5262 Woods Rd. Cambridge, MD 21613	<b>Phone:</b> 410-221-2358 <b>Fax:</b> 410-221-2356 <b>Email:</b> <a href="mailto:judith.slaughter@maryland.gov">judith.slaughter@maryland.gov</a> <b>Website:</b> <a href="http://www.health.maryland.gov/ESHC">www.health.maryland.gov/ESHC</a>	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Somerset, Wicomico, Worcester, Other MD Counties	18-70+
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ Nurse</li> <li style="width: 50%;">❖ LMSW</li> <li style="width: 50%;">❖ PhD</li> <li style="width: 50%;">❖ MD</li> <li style="width: 50%;">❖ Psy D</li> </ul>	English <b>Interpreter:</b> Yes – language line <b>Translator:</b> Yes – language line		
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias, Depression</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Anger Management Counseling</li> <li style="width: 50%;">❖ Court-ordered</li> <li style="width: 50%;">❖ Art Therapy</li> <li style="width: 50%;">❖ Clinical Psychiatric Evaluation</li> <li style="width: 50%;">❖ Crisis Intervention</li> </ul>			

## Eastern Shore Hospital Center

<ul style="list-style-type: none"> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Court-ordered</li> <li>❖ Forensic</li> <li>❖ Hoarding Behaviors</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Disorders</li> <li>❖ Substance Use/Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ CBT</li> <li>❖ Court-ordered</li> <li>❖ Forensic</li> <li>❖ General Counseling</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Psycho Educational Groups</li> <li>❖ Trauma Informed</li> </ul>	<ul style="list-style-type: none"> <li>❖ General Mental Health Information</li> <li>❖ Geriatric Assessment</li> <li>❖ Mental Health &amp; Substance Use Services</li> <li>❖ Mental Health Evaluation &amp; Treatment</li> <li>❖ Older Adult /Aging Issues</li> <li>❖ Psychiatric Case Management</li> <li>❖ Psychiatric Hospitalization</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Psychological Testing</li> <li>❖ Substance Use Education/ Prevention</li> </ul>
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Eastern Shore Hospital Center (ESHC) is a State acute-care mental health residential facility established to serve citizens of the State of Maryland, specifically the Eastern Shore, by providing a continuum of adult inpatient care, transitional mental health services, evaluation and treatment for individuals involved with the judicial system. The Eastern Shore Hospital Center is a smoke-free mental health facility under the jurisdiction of Maryland’s Behavioral Health Administration, Maryland Department of Health. ESHC houses four psychiatric units for a total of 84 beds. ESHC’s mission is to provide the highest quality inpatient mental health services in the Eastern Shore for adults aged 18 and older. ESHC is accredited by the Joint Commission and is certified by the Centers for Medicare and Medicaid Services.

## For All Seasons, Behavioral Health and Rape Crisis Center

Address	Contact	Hours
<ul style="list-style-type: none"> <li>❖ 300 Talbot St. Easton, MD 21601 (P) 410-822-1018 (F) 410-820-5884</li> <li>❖ 208 Cedar St. Cambridge, MD 21613 (P) 410-822-1018 (F) 410-228-2529</li> <li>❖ 516 Washington Ave. Ste. 4 Chestertown, MD 21620 (P) 410-822-1018 (F) 410-778-7595</li> <li>❖ 322 Market St. Ste 207 Denton MD 21629 (P) 410-822-1018 (F) 443-282-9383</li> <li>❖ 141 Log Canoe Circle Stevensville, MD 21666 (P) 410-822-1018 (F) 443-249-3237</li> <li>❖ 8221 Teal Dr. Ste. 427 Easton, MD 21601 (P) 410-822-1018 (F) 410-690-7345</li> </ul>	<p><b>24-Hour Crisis Hotline:</b> 800-310-7273  <b>24-Hour Crisis Hotline:</b> 410-829-6143  <b>Toll-Free:</b> 800-310-7273  <b>English:</b> 410-820-5600  <b>Spanish:</b> 410-829-6143  <b>Email:</b> info@forallseasonsinc.org  <b>Website:</b> <a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a></p>	<p>Mon. – Thur. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4:30 p.m.</p>
		Counties
		Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties
		Ages
		0-71+
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li style="width: 50%;">❖ Aetna</li> <li style="width: 50%;">❖ Medicare</li> <li style="width: 50%;">❖ All Savers</li> <li style="width: 50%;">❖ Meritain Health</li> <li style="width: 50%;">❖ Beacon</li> <li style="width: 50%;">❖ Public Behavioral Health (Medicaid)</li> <li style="width: 50%;">❖ Blue Cross Blue Shield</li> <li style="width: 50%;">❖ Self-Pay</li> <li style="width: 50%;">❖ CareFirst</li> <li style="width: 50%;">❖ Sliding Scale Fee</li> <li style="width: 50%;">❖ Cigna</li> <li style="width: 50%;">❖ Tricare</li> <li style="width: 50%;">❖ Claimsbridge</li> <li style="width: 50%;">❖ UMR</li> <li style="width: 50%;">❖ EAP</li> <li style="width: 50%;">❖ Uninsured Eligible</li> <li style="width: 50%;">❖ Grant Funds</li> <li style="width: 50%;">❖ United Healthcare</li> <li style="width: 50%;">❖ Humana</li> <li style="width: 50%;">❖ United Way</li> <li style="width: 50%;">❖ Johns Hopkins</li> <li style="width: 50%;">❖ VACNN</li> <li style="width: 50%;">❖ Kaiser</li> <li style="width: 50%;">❖ WPS</li> <li style="width: 50%;">❖ Magellan</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ ATR-B</li> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ Case Manager</li> <li style="width: 50%;">❖ LGPC</li> <li style="width: 50%;">❖ CRNP</li> <li style="width: 50%;">❖ LMSW</li> <li style="width: 50%;">❖ CRNP-PMH</li> <li style="width: 50%;">❖ MD</li> <li style="width: 50%;">❖ DO</li> <li style="width: 50%;">❖ PMHNP-BC</li> <li style="width: 50%;">❖ Interns</li> <li style="width: 50%;">❖ LCPAT</li> <li style="width: 50%;">❖ LCPC</li> <li style="width: 50%;">❖ LCSW</li> </ul>	<ul style="list-style-type: none"> <li>❖ English,</li> <li>❖ Spanish,</li> <li>❖ On Demand Interpretive Services for ASL &amp; all other languages</li> </ul> <p><b>Interpreter:</b> Yes, On Site / On Call</p> <p><b>Translator:</b> Yes</p>
Treatment Specialties	Services Provided	

## For All Seasons, Behavioral Health and Rape Crisis Center

<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anxiety / Phobias</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Complex Trauma</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ Postpartum Depression</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Sexual Disorders</li> <li>❖ Stress</li> <li>❖ Trauma</li> <li>❖ Victims of Human Trafficking</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Adult Bonding / Attachment Issues</li> <li>❖ Advocacy</li> <li>❖ Anger Management Counseling</li> <li>❖ Art Therapy</li> <li>❖ Behavioral Modification</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement &amp; Grief Counseling</li> <li>❖ CBT</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ Couples &amp; Relationship Counseling</li> <li>❖ Court-Ordered Therapy</li> <li>❖ Crime Victim / Witness Counseling</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Dialectical Behavioral Therapy</li> <li>❖ EAP</li> <li>❖ Educational Workshops</li> <li>❖ EMDR</li> <li>❖ Emergency Psychiatric Evaluation</li> <li>❖ Evidenced Based Practice</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ General Mental Health Education</li> </ul>	<ul style="list-style-type: none"> <li>❖ Geriatric Assessment Geriatric Counseling</li> <li>❖ Group Therapy</li> <li>❖ Hotline</li> <li>❖ Individual Counseling</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation &amp; Treatment</li> <li>❖ Motivational Interviewing</li> <li>❖ Neurofeedback</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Parent Counseling</li> <li>❖ Play Therapy</li> <li>❖ Psychiatric Assessment</li> <li>❖ Referrals - Assessment, Treatment, &amp; Medication Management</li> <li>❖ Resource Materials</li> <li>❖ Same Day Access</li> <li>❖ School Based Mental Health &amp; Substance Use Education</li> <li>❖ Social Work</li> <li>❖ Solution Focused</li> <li>❖ Telehealth Services</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Treatment for Adult Children of Alcoholics</li> </ul>
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For All Seasons (FAS) is the only non-profit Behavioral Health and Rape Crisis Center serving the five counties of Maryland’s mid-shore. For All Seasons behavioral health team includes trauma-certified therapists and psychiatrists who collaborate with other community partners and health professionals to provide the highest quality care. Services include individual and group therapy, general, child and adolescent therapy, marriage and couple’s counseling, grief counseling, school-based mental health therapy, urgent care services, rape crisis response, rape crisis counseling and support, 24-Hour English and Spanish Hotlines, and education and outreach programming. Therapists use interpreters to provide services to Spanish speaking individuals and families. FAS’s mission is to provide therapy, advocacy, education, and psychiatric care in a safe environment that nurtures wellness.



## Gratitude Behavioral Health LLC

Address	Contact	Hours	Counties Served	Ages
114 N. Washington St. Suite 28 Easton, MD 21601	<b>Phone:</b> 410-770-4446 <b>Fax:</b> 410-770-4440 <b>Email:</b> mike@gbhealthmd.com <b>Website:</b> <a href="http://www.gbhealthmd.com">www.gbhealthmd.com</a>	Mon. – Fri. 9 a.m. to 4:30 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	13-70
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ Humana</li> <li>❖ Johns Hopkins</li> </ul>	<ul style="list-style-type: none"> <li>❖ Kaiser</li> <li>❖ Maryland Choices Provider</li> <li>❖ Medicare</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Tricare</li> </ul>	<ul style="list-style-type: none"> <li>❖ Addictions Counselor</li> <li>❖ ADT</li> <li>❖ LCSW-C</li> <li>❖ LCADC</li> <li>❖ Interns</li> </ul>	<ul style="list-style-type: none"> <li>❖ English,</li> <li>❖ Spanish</li> </ul> <p><b>Interpreter:</b> Yes</p> <p><b>Translator:</b> No</p>	



## Gratitude Behavioral Health LLC

Treatment Specialties		Services Provided	
❖ Alcohol Use	❖ Mushroom Use	❖ Accessibility Adaptations	❖ Individual Counseling
❖ Amphetamine Use	❖ Opiate Use	❖ Adult Assessment	❖ Interactive Groups
❖ Benzodiazepine Use	❖ Painkiller Use	❖ Alcohol, Tobacco, and Other Drug Education Workshops	❖ Mindfulness Based Therapy
❖ Cocaine Use	❖ Stimulant Use	❖ Behavioral Treatment	❖ Relapse Prevention
❖ Hallucinogen Use	❖ Substance Use / Dependence	❖ Care Coordination Referral Services	❖ Substance Use Disorder Evaluation and Treatment
❖ Heroin Use	❖ Tobacco Use	❖ CBT	❖ Substance Use Education / Prevention
❖ Inhalant Use (Huffing)	❖ Vaping Use	❖ Court-Ordered Substance Use Testing	❖ Substance Use Intensive Outpatient
❖ K2 (Spice) Use		❖ Drug Testing	❖ Substance Use Outpatient
❖ Ketamine Use		❖ DUI/DWI Offender Programs	❖ Telehealth Services
❖ Kratom Use		❖ EFT	❖ Trauma-Focused CBT
❖ Marijuana Use		❖ Evidenced Based Practice	
❖ Methamphetamine Use		❖ Group Counseling	



The mission of Gratitude Behavioral Health (GBH) is to provide evidence-based treatment therapies for those with substance use disorders. Our services are easily accessible and facilitated by well-qualified and experienced professionals. For those ready to change their lives, GBH is here to help manage behaviors and achieve successful-lasting change.

## Greenbrook TMS NeuroHealth Centers

Address	Contact	Hours	Counties Served	Ages	
900 Bestgate Rd. Suite 102 Annapolis, MD 21401	<b>Phone:</b> 855-940-4867 <b>Fax:</b> 855-721-4867 <b>Email:</b> <a href="mailto:jbeach@greenbrooktms.com">jbeach@greenbrooktms.com</a> <b>Website:</b> <a href="http://www.greenbrooktms.com">www.greenbrooktms.com</a>	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, other MD Counties, DE counties	13-71+	
Payment Accepted		Provider Type			Language
❖ Aetna	❖ Johns Hopkins	❖ Addictions Counselor	❖ Intern	❖ MD	English <b>Interpreter</b> : No <b>Translator:</b> No
❖ Blue Cross Blue Shield	❖ Kaiser	❖ PMH- APRN	❖ LCADC	❖ Nurse	
❖ CareFirst	❖ Medicare	❖ CAC-AD	❖ LCPAT	❖ PA-C	
❖ Cigna	❖ Public Behavioral Health (Medicaid)	❖ CHOW	❖ LCPC	❖ PhD	
❖ Delaware Highmark	❖ Self-Pay	❖ CRNP	❖ LCSW	❖ PMH-C	
❖ Delaware Medicaid	❖ Tricare	❖ CRNP-PMH	❖ LCSW-C	❖ PMHNP-BC	
	❖ United Healthcare	❖ CSC-AD	❖ LGPC	❖ Psy D	
		❖ Holistic /Alternative Healer	❖ LMFT	❖ Psych Rehab Staff	
			❖ LMSW	❖ RN	
Treatment Specialties		Services Provided			
❖ ADHD	❖ Complex Trauma	❖ Transcranial Magnetic Stimulation (TMS)			
❖ Adolescent Substance Use/Dependence	❖ Depression				
❖ Anxiety / Phobias	❖ Mood Disorders				
❖ Behavioral Disorders	❖ OCD				
❖ Bipolar Disorder	❖ Postpartum Depression				
❖ Chronic Mental Illness	❖ PTSD				

## Greenbrook TMS NeuroHealth Centers



Greenbrook provides Transcranial Magnetic Stimulation (TMS) therapy, an FDA-cleared, non-invasive therapy for the treatment of Major Depressive Disorder and other mental health disorders in the United States. TMS therapy provides local electromagnetic stimulation to specific brain regions known to be directly associated with mood regulation.

## Harvesting Hope Youth and Family Wellness, Inc.

Address	Contact	Hours	Counties	Ages
204 Cedar St. Suite 102 Cambridge, MD 21613	<b>Phone:</b> 443-351-4846 <b>Fax:</b> 443-378-8475 <b>Email:</b> <a href="mailto:info@harvestinghopeinc.org">info@harvestinghopeinc.org</a> <b>Website:</b> <a href="http://harvestinghopeyouthandfamilywellness.org">harvestinghopeyouthandfamilywellness.org</a>	Mon. 8 a.m. to 7 p.m. Tues. 10 a.m. to 6 p.m. Wed. 9 a.m. to 5 p.m. Thurs. 9 a.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-70
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ EAP</li> <li>❖ Grant Funds</li> <li>❖ MCHP</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>		<ul style="list-style-type: none"> <li>❖ Holistic / Alternative Healer</li> <li>❖ LCPC</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>	
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Alcohol Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Complex Trauma</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> <li>❖ Family / Relationship Issues</li> <li>❖ Housing Insecurity</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Marijuana Use</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Stress</li> <li>❖ Tobacco Use</li> <li>❖ Trauma</li> <li>❖ Vaping Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Adult Bonding / Attachment Issues</li> <li>❖ Advocacy</li> <li>❖ Age-Related Groups</li> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination Referral Services</li> <li>❖ Career Counseling</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ Clinical Group Practice</li> <li>❖ CBT</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ Court-Ordered Therapy</li> <li>❖ Discharge Planning</li> <li>❖ Educational Workshops</li> <li>❖ Emotion Coaching for Parents, Guardians, Caregivers</li> <li>❖ Emotional Regulation Therapy</li> <li>❖ EAP</li> <li>❖ Evidenced Based Practice</li> <li>❖ Exercise</li> <li>❖ Existential Psychology</li> <li>❖ Family Counseling</li> <li>❖ Financial Planning</li> <li>❖ General Counseling</li> <li>❖ Interactive Groups</li> <li>❖ Internet Access</li> <li>❖ Job Search / Placement</li> <li>❖ Life Counseling</li> <li>❖ Life Skills Training</li> <li>❖ Life Stage Aging</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Motivational Interviewing</li> <li>❖ Parent Counseling</li> <li>❖ Parent Education Groups</li> <li>❖ Play Therapy</li> <li>❖ Private Psychotherapy</li> <li>❖ Psycho Educational Groups</li> <li>❖ Psychodynamic Psychotherapy</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ School Based Mental Health and Substance Use Education</li> <li>❖ Social Learning</li> <li>❖ Solution Focused</li> <li>❖ Telehealth Services</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Women's Group</li> <li>❖ Yoga</li> </ul>			

## Harvesting Hope Youth and Family Wellness, Inc.

- ❖ Group Counseling
- ❖ Youth Development
- ❖ Independent Living Skills
- ❖ Youth Group
- ❖ Individual Counseling
- ❖ Youth Mentoring



Harvesting Hope Youth and Family Wellness, Inc. provides behavioral health, support services, and resources to the community that will enable youth and families to meet their life goals through the use of unique programs with the following principles: Commitment: pledges to work with and for participants; Advocacy: understands the needs of the community and will work to inspire youth and families to use their voices to advocate for themselves as we continue to advocate for them; Responsibility: teach participants about making responsible choices and taking responsibility for their lives and their community; Support: will support participants by strengthening the community and families while encouraging participants to support one another.

## House Calls Total Wellness

Address	Contact	Hours	Counties	Ages
PO Box 776 Olney, MD 20830	<b>Phone:</b> 301-346-6732 <b>Fax:</b> 301-774-9711 <b>Email:</b> admin@housecallstotalwellness.com <b>Website:</b> <a href="http://www.housecallstotalwellness.com">www.housecallstotalwellness.com</a>	Flexible Sun. through Sat. by appointment	Montgomery, Howard, Prince George's, Anne Arundel, DC, Other MD Counties	0-71+
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> <li>❖ Fee for Service</li> <li>❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li>❖ Addictions Counselor</li> <li>❖ Case Manager</li> <li>❖ Community Healthcare Navigator</li> <li>❖ Holistic / Alternative Healer</li> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LMSW</li> <li>❖ Psych Rehab Staff</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>		
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Adolescent Substance Use /Dependence</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Benzodiazepine Use</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Developmental Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>❖ Accessibility Adaptations</li> <li>❖ Adult Assessment</li> <li>❖ Adult Day Programs</li> <li>❖ Advocacy</li> <li>❖ Age-Related Groups</li> <li>❖ Anger Management Counseling</li> <li>❖ Assisted Living</li> <li>❖ Behavioral Modification/Treatment</li> <li>❖ Benefits Counseling</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination and Referral Services</li> <li>❖ Career Counseling</li> <li>❖ Case Management</li> <li>❖ CBT</li> <li>❖ Community Support for Adults with Developmental</li> </ul>	<ul style="list-style-type: none"> <li>❖ General Counseling</li> <li>❖ General Mental Health Education</li> <li>❖ Geriatric Assessment</li> <li>❖ Geriatric Counseling</li> <li>❖ Home Health Services</li> <li>❖ Home Visits</li> <li>❖ Housing Insecurity</li> <li>❖ Independent Living Communities for Older Adults</li> <li>❖ Independent Living Skills</li> <li>❖ Individual Counseling</li> <li>❖ Integration Back to Community from Hospital</li> <li>❖ Interactive Groups</li> <li>❖ Internet Access</li> <li>❖ Job Search / Placement</li> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> <li>❖ Life Coaching – Adult,</li> </ul>	<ul style="list-style-type: none"> <li>❖ Parent Counseling</li> <li>❖ Peer Support</li> <li>❖ Personal Assistance Services</li> <li>❖ Personality Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ Postpartum Depression</li> <li>❖ Psychiatric Case Management</li> <li>❖ PTSD</li> <li>❖ Referrals</li> <li>❖ Referrals to Lawyers, Advocacy</li> <li>❖ Residential Services for Adults with Intellectual Disabilities</li> <li>❖ Residential Treatment</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Senior Housing Information and Referral</li> </ul>	

## House Calls Total Wellness

<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Hoarding Behaviors</li> </ul>	<ul style="list-style-type: none"> <li>Disabilities</li> <li>❖ Community Support for Adults with Intellectual Disabilities</li> <li>❖ Conflict Resolution</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ Disability Related Counseling</li> <li>❖ Discharge Planning</li> <li>❖ EFT</li> <li>❖ Emotion Coaching for Parents, Guardians, Caregivers</li> <li>❖ Exercise</li> <li>❖ Family Counseling</li> </ul>	<ul style="list-style-type: none"> <li>Youth</li> <li>❖ Life Counseling</li> <li>❖ Life Skills Training</li> <li>❖ Life Stage Aging</li> <li>❖ Marijuana Use</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Mood Disorders</li> <li>❖ Motivational Interviewing</li> <li>❖ OCD</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Painkiller Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Social Work</li> <li>❖ Stimulant Use</li> <li>❖ Stress</li> <li>❖ Substance Use /Dependence</li> <li>❖ Supported Employment</li> <li>❖ Targeted Case Management – Adults, Youth</li> <li>❖ TBI</li> <li>❖ Telehealth Services</li> <li>❖ Transition Services</li> <li>❖ Transitional Housing and Support</li> </ul>
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House Calls Total Wellness provides in home and alternative resources-peace of mind-for clients of all ages and families in areas of counseling, coaching, rehabilitating (phobias, social isolation, recreation restoration, coaching), assisting families in life transition, i.e. finding in-home, long term solutions, accommodations for school for individuals with chronic disabilities, motivating individuals through non-threatening home or community based proven motivational techniques, discharge support when returning to the community, advocacy, recovery coaching, strategies for parents and baby boomers when loved ones are resistant to help.



## Kent County Behavioral Health Outpatient Mental Health Center

Address	Contact	Hours	Counties Served	Ages
300 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 410-778-5783 <b>Fax:</b> 410-778-7344 <b>Email:</b> erin.clark@maryland.gov <b>Website:</b> <a href="http://www.kenthd.org">www.kenthd.org</a>	Mon. – Fri. 8 a.m. to 6 p.m.	Kent	0-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Public Behavioral Health (Medicaid)</li> </ul>	<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Uninsured Eligible</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW</li> <li>❖ PMHNP-BC</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> Yes	
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anxiety / Phobias</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Complex Trauma</li> <li>❖ Depression</li> </ul>	<ul style="list-style-type: none"> <li>❖ Eating Disorders</li> <li>❖ Family / Relationship Issues</li> <li>❖ Hoarding Behaviors</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ Postpartum Depression</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> </ul>	<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ CBT</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ DBT</li> <li>❖ Evidenced Based Practice</li> <li>❖ General Counseling</li> <li>❖ General Mental Health</li> </ul>	<ul style="list-style-type: none"> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Play Therapy</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Medication Services</li> <li>❖ School Based Mental Health and Substance Use Education</li> <li>❖ Telehealth Services</li> </ul>	

## Kent County Behavioral Health Outpatient Mental Health Center

❖ Developmental Disabilities ❖ Domestic Violence	❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape	Information/Education ❖ Individual Counseling ❖ LGBTQ+ Issues	❖ Trauma-Focused CBT ❖ Walk-In
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The Kent County Behavioral Health Outpatient Mental Health Center (OMHC) is a community treatment facility for individuals suffering from mental illness and other emotional or psychological barriers. The mission is to help individuals affected by these barriers to achieve a better quality of life through prevention, intervention, and comprehensive treatment. Our primary values are the preservation of the dignity and wellbeing of every patient through the promotion, maintenance, and restoration of a healthy, happy, and productive life.

## Life's Energy Wellness Center

Address	Contact	Hours of Operation	Counties Served	Ages
8737 Brooks Drive Suite 108 Easton MD 21601	<b>Phone:</b> 800-867-2395 <b>Website:</b> <a href="http://www.lewcinc.org">www.lewcinc.org</a>	Mon. - Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Talbot	0-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross</li> <li>❖ Blue Shield</li> <li>❖ CareFirst</li> <li>❖ DDA</li> <li>❖ DORS</li> <li>❖ EAP</li> <li>❖ Grant Funds</li> <li>❖ MCHP</li> <li>❖ Medicare</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Uninsured Eligible</li> </ul>	<ul style="list-style-type: none"> <li>❖ Addictions Counselor</li> <li>❖ ADT</li> <li>❖ PMH- APRN</li> <li>❖ CAC-AD</li> <li>❖ Case Manager</li> <li>❖ CHOW</li> <li>❖ CRNP</li> <li>❖ CRNP-PMH</li> <li>❖ CSC-AD</li> <li>❖ MD</li> <li>❖ Psy D</li> <li>❖ Health Home Nurse</li> <li>❖ Holistic/ Alternative Healer</li> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LCDC</li> <li>❖ LCADC</li> <li>❖ LCPAT</li> <li>❖ LCPC</li> <li>❖ LGPC</li> <li>❖ LMFT</li> <li>❖ LMSW</li> <li>❖ Interns</li> <li>❖ Nurse</li> <li>❖ P.A.T.H Certified Professionals</li> <li>❖ PA-C</li> <li>❖ PhD</li> <li>❖ PMH-C</li> <li>❖ PMHNP-BC</li> <li>❖ RN</li> </ul>	English, Korean, Spanish <b>Interpreter:</b> Yes <b>Translator:</b> Yes

Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Benzodiazepine Use</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Complex Trauma</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Developmental Disabilities</li> <li>❖ Domestic Violence</li> <li>❖ Eating Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Accessibility Adaptations</li> <li>❖ Adult Assessment</li> <li>❖ Adult Bonding / Attachment Issues</li> <li>❖ Advocacy</li> <li>❖ Age-Related Groups</li> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Anger Management Counseling</li> <li>❖ Art Therapy</li> <li>❖ Behavioral Treatment</li> <li>❖ Benefits Counseling</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Breathalyzer Testing</li> <li>❖ Buprenorphine</li> <li>❖ Care Coordination and Referral Services</li> <li>❖ Career Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Exercise</li> <li>❖ Existential Psychology</li> <li>❖ Family Counseling</li> <li>❖ Family Peer Support</li> <li>❖ Financial Planning</li> <li>❖ Gender-Related Groups</li> <li>❖ General Mental Health</li> <li>❖ Education</li> <li>❖ Group Counseling</li> <li>❖ Health Improvement Programs</li> <li>❖ Home Health Services</li> <li>❖ Homeless Outreach</li> <li>❖ Hotline</li> <li>❖ Independent Living Skills</li> <li>❖ Individual Counseling</li> <li>❖ Interactive Groups</li> <li>❖ Internet Access</li> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> <li>❖ LGBTQ+ Family Support and</li> </ul>	<ul style="list-style-type: none"> <li>❖ Psychological Testing</li> <li>❖ Rational Emotive Behavioral Therapy</li> <li>❖ Recovery Support Groups</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ Relapse Prevention</li> <li>❖ Resource Materials</li> <li>❖ Same Day Access</li> <li>❖ School Based Mental Health and Substance Use Education</li> <li>❖ School Based Monitoring of Chronic Illness</li> <li>❖ Sex Offender Counseling</li> <li>❖ Social Learning</li> <li>❖ Social Work</li> <li>❖ Solution Focused</li> <li>❖ Sports Psychology</li> <li>❖ Sublocade</li> </ul>

## Life's Energy Wellness Center

<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ Hoarding Behaviors</li> <li>❖ Housing Insecurity</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Opiate Use</li> <li>❖ Personality Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ Painkiller Use</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Prenatal Care for People in Addiction</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Sexual Disorders</li> <li>❖ Stimulant Use</li> <li>❖ Stress</li> <li>❖ Substance Use / Dependence</li> <li>❖ Tobacco Use</li> <li>❖ Trauma</li> <li>❖ TBI</li> <li>❖ Vaping Use</li> <li>❖ Victims of Human Trafficking</li> </ul>	<ul style="list-style-type: none"> <li>❖ Case Management</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ Christian /Pastoral Counseling</li> <li>❖ Clinical Group Practice</li> <li>❖ CBT</li> <li>❖ Community Support for Adults with Developmental Disabilities</li> <li>❖ Conflict Resolution</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ Court-Ordered Substance Use Testing</li> <li>❖ Court-Ordered Therapy</li> <li>❖ Crime Victim /Witness Counseling</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Detoxification</li> <li>❖ DBT</li> <li>❖ Disability Related Counseling</li> <li>❖ Discharge Planning</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ Educational Workshops</li> <li>❖ Emergency Department Care Coordination</li> <li>❖ Emergency Psychiatric Evaluation</li> <li>❖ Emotion Coaching for Parents, Guardians, Caregivers</li> <li>❖ Emotional Regulation Therapy</li> <li>❖ EFT</li> <li>❖ EAP</li> <li>❖ Evidenced Based Practice</li> </ul>	<ul style="list-style-type: none"> <li>Referrals</li> <li>❖ Life Coaching: Adult, Youth</li> <li>❖ Life Counseling</li> <li>❖ Life Skills Training</li> <li>❖ Life Stage Aging</li> <li>❖ Marriage Counseling</li> <li>❖ Matrix Model</li> <li>❖ MAT</li> <li>❖ Medication Disposal</li> <li>❖ Men's Group</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Motivational Interviewing</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Nurse Monitoring</li> <li>❖ Parent Counseling</li> <li>❖ Parent Education Groups</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Play Therapy</li> <li>❖ Pre-Surgical Evaluations</li> <li>❖ Private Psychotherapy</li> <li>❖ Protection and Advocacy for Individuals with Disabilities</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Case Management</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Psychiatric Rehabilitation Program Off-Site and On-Site</li> <li>❖ Psycho Educational Groups</li> <li>❖ Psychodynamic Psychotherapy</li> <li>❖ Psychological Services for Cancer Patients and Caregivers</li> </ul>	<ul style="list-style-type: none"> <li>❖ Suboxone</li> <li>❖ Substance Use Disorder Evaluation and Treatment</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Substance Use Outpatient</li> <li>❖ Subutex</li> <li>❖ Supports Planning</li> <li>❖ Telehealth Services</li> <li>❖ Tobacco Cessation</li> <li>❖ Transitional Aged Youth Program</li> <li>❖ Transitional Support</li> <li>❖ Trauma Groups</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Treatment for Adult Children of Alcoholics</li> <li>❖ Treatment Foster Care</li> <li>❖ Underage Drinking Prevention</li> <li>❖ Urgent Care Appointment</li> <li>❖ Urinalysis</li> <li>❖ Veteran Services</li> <li>❖ Vivitrol</li> <li>❖ Walk-In</li> <li>❖ Wellness Recovery Action Planning (WRAP)</li> <li>❖ Withdrawal Management</li> <li>❖ Women's Group</li> <li>❖ Yoga</li> <li>❖ Youth Development</li> <li>❖ Youth Group</li> <li>❖ Youth Mentoring</li> <li>❖ Youth Substance Use Treatment</li> </ul>
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Life's Energy Wellness Center is a 501 (c) 3 non-profit organization, CARF accredited and licensed by Maryland Behavioral Health Administrations integrated outpatient mental health clinic and substance use disorder facility providing caring and compassionate person centered, family centered care that promotes wellness.

## Lower Shore Clinic, Inc

Address		Contact	Hours of Operation		
505 E. Main St. Salisbury, MD 21804		<b>Phone:</b> 410-341-3420 <b>Fax:</b> 443-859-7774 <b>Website:</b> <a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a>	Mon., Thurs. 8 a.m. to 8 p.m. Tues., Wed. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4 p.m.		
Payment Accepted		Provider Type		Language	
❖ Grant Funds ❖ Medicare ❖ Public Behavioral Health (Medicaid)		❖ Self-Pay ❖ Sliding Scale Fee		❖ PMH- APRN ❖ CRNP ❖ MD ❖ LCSW-C ❖ Nurse ❖ PA-C	English <b>Interpreter:</b> No <b>Translator:</b> Yes
Treatment Specialties		Services Provided			
❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Schizophrenia ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use / Dependence		❖ Anger Management Counseling ❖ CBT ❖ Clinical Psychiatric Evaluation ❖ Dialectical Behavioral Therapy ❖ EMDR ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Individual Counseling ❖ Mental Health Evaluation and Treatment ❖ Mobile Treatment - ACT ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Same Day Access ❖ Telepsychiatry/Telemental health ❖ Urgent Care Appointment ❖ Veteran Service			
Lower Shore Clinic's mission is to provide caring, effective, and highly accessible healthcare through evaluation, screening, referral, healthcare treatment, and community support to all the persons of the Eastern Shore of Maryland who seek services.					

## Marshy Hope Family Services, LLC

Address		Contact	Hours	Counties	Ages	
813-1 Chesapeake Dr. Cambridge, MD 21613		<b>Phone:</b> 410-221-2266 <b>Fax:</b> 410-221-2878 <b>Email:</b> <a href="mailto:marshyhope@marshyhope.com">marshyhope@marshyhope.com</a> <b>Website:</b> <a href="https://www.marshyhope.com/">https://www.marshyhope.com/</a>	Mon – Fri 8 a.m. - 5 p.m. Evening & Weekend by Appointment	Caroline, Dorchester, Kent, Queen Anne's, Talbot, & More	All	
Payment Accepted		Provider Type		Language		
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Humana ❖ Johns Hopkins ❖ Magellan ❖ MCHP		❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare		❖ CRNP-PMH ❖ MD ❖ LCSW-C ❖ LMSW ❖ PMHNP-BC		English <b>Interpreter:</b> No <b>Translator:</b> Yes
Treatment Specialties		Services Provided				
❖ ADHD ❖ Anxiety / Phobia ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness		❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ Postpartum Depression ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Behavioral Modification ❖ Behavioral Treatment ❖ CBT ❖ Certified Trauma Therapy ❖ General Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Motivational Interviewing ❖ Parent Counseling				

## Marshy Hope Family Services, LLC

❖ Complex Trauma	❖ Sexual Assault / Rape	❖ Couples and Relationship Counseling	❖ Play Therapy
❖ Depression	❖ Sexual Disorders	❖ EMDR	❖ Psychiatric Assessment
❖ Domestic Violence	❖ Stress	❖ Family Counseling	❖ Psychiatric Medication Services
❖ Eating Disorders	❖ Trauma		❖ Telehealth Services
❖ Family / Relationship Issues	❖ Victims of Human Trafficking		❖ Trauma-Focused CBT
❖ Hoarding Behaviors			



Marshy Hope Family Services joins with individuals, families, and communities to encourage hope, recovery, and wellness. Marshy Hope Family Services' vision is to make a positive difference in the overall well-being of our community through respectful, high-quality, person-centered care.

## MeadowWood Behavioral Health

Address	Contact	Hours	Counties Served	Ages
575 S. DuPont Hwy. New Castle, DE 19720	<b>Phone:</b> 302-328-3330 <b>Fax:</b> 302-504-4097 <b>Website:</b> <a href="http://www.meadowwoodhospital.com">www.meadowwoodhospital.com</a>	24/7	All of Maryland, Delaware	13-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Delaware Medicaid</li> <li>❖ Medicare</li> <li>❖ Private Insurances</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Tricare</li> </ul>	<ul style="list-style-type: none"> <li>❖ Case Manager</li> <li>❖ CRNP</li> <li>❖ LCSW</li> <li>❖ LMSW</li> <li>❖ MD</li> <li>❖ Nurse</li> <li>❖ PhD</li> <li>❖ PMH- APRN</li> <li>❖ Psy D</li> <li>❖ RN</li> </ul>	English, Haitian Creole, Spanish <b>Interpreter:</b> No <b>Translator:</b> Yes

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Complex Trauma</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Mood Disorders</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use /Dependence</li> <li>❖ Trauma</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Day Programs</li> <li>❖ Behavioral Treatment</li> <li>❖ CBT</li> <li>❖ Discharge Planning</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ General Mental Health Information/Education</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Partial Hospitalization</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ Social Work</li> <li>❖ Walk-In</li> </ul>



MeadowWood Behavioral Health System is committed to providing compassionate and comprehensive behavioral healthcare services to adolescents, adults, and seniors. MeadowWood's commitment extends to the family, and endeavors to deliver the highest quality treatment for psychiatric disorders and/or addictive diseases.

## Peace of Mind Mental Health Services

Address	Contact	Hours	Counties Served	Ages
29315 Erickson Dr. Easton, MD 21601	<b>Phone:</b> 410-690-8181 <b>Fax:</b> 410-690-8185 <b>Email:</b> <a href="mailto:admin@peaceofmindmhs.com">admin@peaceofmindmhs.com</a> <b>Website:</b> <a href="http://www.peaceofmindmhs.com">www.peaceofmindmhs.com</a>	Mon. – Fri. 8 a.m. to 7 p.m. Hours vary	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Public Behavioral Health (Medicaid)</li> </ul>	<ul style="list-style-type: none"> <li>❖ CRNP-PMH</li> <li>❖ LCPC</li> </ul>	English <b>Interpreter:</b> On call



## Peace of Mind Mental Health Services

❖ EAP	❖ Self-Pay	❖ LCSW-C	<b>Translator: No</b>
❖ Johns Hopkins	❖ Tricare	❖ MD	
❖ Medicare	❖ United Healthcare	❖ PMHNP-BC	
Treatment Specialties		Services Provided	
❖ Anxiety / Phobias	❖ Domestic Violence	❖ Adult Assessment	❖ Mental Health Evaluation and Treatment
❖ ADHD	❖ Family / Relationship Issues	❖ Bereavement and Grief Counseling	❖ Mindfulness Based Therapy
❖ Autism Spectrum	❖ Mood Disorders	❖ Couples and Relationship Counseling	❖ Motivational Interviewing
❖ Behavioral Disorders	❖ OCD	❖ Emotional Regulation Therapy	❖ Private Psychotherapy
❖ Bereavement and Grief	❖ Personality Disorders	❖ EAP	❖ Referrals - Assessment, Treatment, and Medication Management
❖ Bipolar Disorder	❖ PTSD	❖ Evidenced Based Practice	❖ School Based Mental Health and Substance Use Education
❖ Chronic Mental Illness	❖ Postpartum Depression	❖ Family Counseling	❖ School Based Monitoring of Chronic Illness
❖ Complex Trauma	❖ Self-Injurious Behaviors	❖ General Counseling	❖ Telehealth Services
❖ Depression	❖ Stress	❖ General Mental Health Information/Education	❖ Trauma-Focused CBT
❖ Developmental Disabilities	❖ Trauma	❖ LGBTQ+ Issues	
		❖ Marriage Counseling	
Peace of Mind’s mission is to provide quality mental health services to the residents on the mid shore. We value and honor every client that walks through our door.			


## Project Chesapeake

Address	Contact	Hours
❖ 202 Coursevall Dr. Ste. 104 Centreville, MD 21617 ❖ 34 Defense Street, Ste. 100 Annapolis, MD 21401 ❖ 5710 Ritchie Highway Brooklyn Park, MD 21225	<b>Phone:</b> 443-448-5070 <b>Fax:</b> 443-448-5070 <b>Website:</b> <a href="http://www.projectchesapeake.com">www.projectchesapeake.com</a>	Mon. – Thurs. 9 a.m. to 9:30 p. m. Fri. 9 a.m. to 3 p.m.
Payment Accepted	Provider Type	Language
❖ Private Insurance ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Sliding Scale Fee	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties	Services Provided	
❖ Anxiety /Phobias	❖ Behavioral Treatment	❖ Psychiatric Assessment
❖ ADHD	❖ CBT	❖ Psychiatric Medication Services
❖ Bipolar Disorder	❖ DUI/DWI Offender Programs	❖ Psychiatric Rehabilitation Program Off-Site and On-Site
❖ Chronic Mental Illness	❖ Family Counseling	❖ Suboxone
❖ Co-Occurring	❖ General Counseling	❖ Substance Use Education /Prevention
❖ Dementia	❖ Group Counseling	❖ Substance Use Intensive Outpatient
❖ Depression	❖ Individual Counseling	❖ Substance Use Outpatient
❖ PTSD	❖ Mental Health Evaluation and Treatment	❖ Telepsychiatry/ Telemental Health
❖ Substance Use /Dependence	❖ Methadone	
❖ Schizophrenia		


## Rebirth Inc.

Address	Contact	Hours	Counties Served	Ages
225 N Division St. Salisbury MD 21801	<b>Phone:</b> 410-264-1441 <b>Email:</b> rebirth4hope@gmail.com <b>Website:</b> <a href="https://www.rebirth4hope.org/">https://www.rebirth4hope.org/</a>	Mon. – Fri. 9 a.m. to 4 p.m.	Caroline, Dorchester, Wicomico	0-71+
Payment Accepted		Provider Type	Language	
❖ Free ❖ Grant Fund ❖ Uninsured Eligible		❖ Case Manager ❖ CHOW ❖ Community Healthcare Navigator ❖ Peer Support Specialist	English, French, Haitian Creole <b>Interpreter:</b> On call, On site <b>Translator:</b> Yes	
Treatment Specialties		Services Provided		
❖ Alcohol Use ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Dementia ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Housing Insecurity ❖ Marijuana Use ❖ Sexual Assault / Rape ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Vaping Use		❖ Adult Assessment ❖ Advocacy ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Care Coordination Referral Services ❖ Child and Family Services ❖ Childcare ❖ Educational Workshops ❖ Emergency Medical Care ❖ Food Assistance / Pantry ❖ General Mental Health Information/Education ❖ Peer Support ❖ Tobacco Cessation		
Rebirth is a nonprofit organization based in Salisbury, founded on the idea to empower, sustain, and enrich our local communities in the U.S. and abroad. Rebirth’s mission is to advocate for the rights and facilitate resources to the vulnerable & immigrant workers in the Delmarva Peninsula. Our goals: Strengthening, Empowering and Protecting the legal rights of the immigrant workers, refugees, including the most vulnerable in our community. We advocate for fair treatment policies. Programs and services include Virtual School Technology Access Support Center, WRBY 100.5FM Radio Oasis, Opioid Outreach, Education, prevention and referrals, OSHA / Workers Health and Safety Program, Advocacy, Immigrant / workers’ rights, health and safety issues, financial literacy, interpreting and translation.				

## Shore Behavioral Health Inpatient Unit

Address	Contact	Hours	Counties	Ages
219 S. Washington St. Easton, MD 21601	<b>Phone:</b> 410-822-1000 ext. 8701 <b>Assessments:</b> 410-822-1000 ext. 5251 <b>Fax:</b> 410-820-4109 <b>Website:</b> <a href="http://www.umms.org/shore">www.umms.org/shore</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	21-71+
Provider Type			Language	
❖ LCPC      ❖ MD      ❖ PMH- APRN      ❖ RN			English	
Treatment Specialties		Services Provided	<b>Interpreter:</b> Yes <b>Translator:</b> Yes	
❖ Exacerbation of illnesses that threaten safety of self or others in the community		❖ Crisis Intervention / Stabilization ❖ Psychiatric Hospitalization		
 For patients 18 years of age and older, UM Shore Behavioral Health offers a secured, 12-bed inpatient treatment unit at UM Shore Medical Center at Easton. This unit provides a comprehensive program serving patients with psychiatric and substance use disorders. Designed to offer collaborative, compassionate, community-based care to those with behavioral health needs, our inpatient care program includes Comprehensive psychiatric evaluation and treatment; Group, individual, and family therapy; Educational and therapeutic activities to improve a patient’s mental health and well-being.				

## Shore Behavioral Health Intensive Outpatient Behavioral Health

Address	Contact	Hours	Counties Served	Ages
715 Cambridge Marketplace Blvd. Ste. 1-700 Cambridge, MD 21613	<b>Phone:</b> 443-225-7758 <b>Fax:</b> 443-225-7606 <b>Email:</b> <a href="mailto:dweber@umm.edu">dweber@umm.edu</a> <b>Website:</b> <a href="http://www.umms.org/shore">www.umms.org/shore</a>	Mon, Tues, Thurs 9am - 12pm	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted	Provider Type	Language		
❖ N/A	❖ Interns ❖ LCPC ❖ LGPC	❖ MD ❖ PMH- APRN ❖ RN	English <b>Interpreter:</b> No <b>Translator:</b> Yes	
Treatment Specialties		Services Provided		
❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues	❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma	❖ Anger Management Counseling / Therapy ❖ Behavioral Therapy / Treatment ❖ Behavioral Treatment ❖ Clinical Group Practice ❖ CBT ❖ Conflict Resolution ❖ Crisis intervention ❖ Crisis Intervention / Stabilization ❖ Dialectical Behavioral Therapy	❖ Interactive Groups ❖ Life Skills Training ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Psychiatric Assessment	
 <p>The Mental Health Intensive Outpatient Program (IOP) is a group-based therapy located at UM Shore Regional Health at Cambridge. The IOP meets Monday, Tuesday, and Thursday, 9 a.m. to 12 p.m. Initial intake appointments, treatment planning, and additional individual or family sessions occur on Wednesdays and Fridays. The program is structured to provide a multi-disciplinary approach to mental health disorders for those who require a higher level of care than typical outpatient therapy offers.</p>				

## Shore Counseling, LLC.

Address	Contact	Hours	Counties Served	Ages
❖ 1712 Main Street St. 230A Chester, MD 21619 ❖ 10 S. Hanson Street St. #7, #16, #21 Easton, MD 21601	<b>Phone:</b> 410-622-3202 <b>Fax:</b> 410-635-5144 <b>Email:</b> <a href="mailto:admin@shorecounseling.net">admin@shorecounseling.net</a> <b>Website:</b> <a href="http://www.shorecounseling.net">www.shorecounseling.net</a> <b>Book Online:</b> <a href="https://shorecounseling.clientsecure.me/">https://shorecounseling.clientsecure.me/</a>	<b>Mon - Fri</b> 9am to 7pm  <b>Saturday</b> (Easton Only) 9am to 5pm	Caroline County, Dorchester County, Queen Anne's County, Talbot County, Anne Arundel County	10+
Payment Accepted	Provider Type	Language		
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ United Healthcare	❖ LCPC ❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties		Services Provided		
❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Attachment	❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression	❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Behavioral Treatment ❖ Career Counseling ❖ Certified Trauma Therapy	❖ Health Improvement Programs ❖ Imago Relationship Therapy ❖ Independent Living Skills	

## Shore Counseling, LLC.

❖ Bereavement and Grief	❖ Marijuana Use	❖ Clinical Group Practice	❖ Individual Counseling
❖ Co-Occurring	❖ Mood Disorders	❖ CBT	❖ LGBTQ+ Issues
❖ Complex Trauma	❖ Self-Injurious Behaviors	❖ Couples and Relationship Counseling	❖ Life Counseling
❖ Depression	❖ Sexual Assault / Rape	❖ Emotion Coaching for Parents, Guardians, Caregivers	❖ Life Skills Training
❖ Domestic Violence	❖ Stimulant Use	❖ EFT	❖ Marriage Counseling
❖ Eating Disorders	❖ Stress	❖ Evidenced Based Practice	❖ Mindfulness Based Therapy
❖ Family / Relationship Issues	❖ Substance Use / Dependence	❖ Family Counseling	❖ Motivational Interviewing
	❖ Trauma	❖ General Counseling	❖ Social Work
	❖ TBI	❖ General Mental Health Information/Education	❖ Telehealth Services
		❖ Group Counseling	❖ Trauma-Focused CBT
			❖ Treatment for Adult Children of Alcoholics



Shore Counseling is a solution focused practice that helps teens and adults experiencing depression, anxiety, trauma, PTSD, addiction, life transitions, and more. Our focus is to empower individuals and couples to heal, motivate, and become aware of their inner strengths. We achieve this by providing a safe space for you to express your concerns, discover what makes you strong, and use those strengths to realize your full potential.

## Shore Neurocognitive & Behavioral Health

Address	Contact	Hours	Counties Served	Ages
29466 Pintail Dr. #9 Easton, MD 21601	<b>Phone:</b> 410-746-3698 <b>Fax:</b> 410-862-3013 <b>Email:</b> <a href="mailto:erin.young@snhealth.net">erin.young@snhealth.net</a> <b>Website:</b> <a href="http://www.snhealth.net">http://www.snhealth.net</a>	Monday - Thursday 9 A.M. – 5 P.M. Friday 9 A.M. – 12 P.M.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	18-99
Payment Accepted		Provider Type		Language
❖ Aetna	❖ CareFirst	❖ CRNP	❖ Psy D	English
❖ BCBS	❖ Cigna	❖ FNP-BC	❖ LCSW-C	<b>Interpreter:</b> No
	❖ Medicare	❖ PMHNP-BC		<b>Translator:</b> No
Treatment Specialties		Services Provided		
❖ Anxiety / Phobias	❖ Family / Relationship Issues	❖ Anger Management Counseling	❖ Mindfulness Based Therapy	
❖ Behavioral Disorders	❖ PTSD	❖ Behavioral Treatment	❖ Older Adults / Aging Services	
❖ Bereavement and Grief	❖ Stress	❖ Bereavement and Grief Counseling	❖ Psychological Testing	
❖ Chronic Mental Illness	❖ Trauma	❖ CBT	❖ Psychotherapy using a Variety of Treatment Modalities	
❖ Dementia		❖ Geriatric Counseling		
❖ Depression		❖ Medication Management		
		❖ Memory Screening		

Shore Neurocognitive & Behavioral Health specializes in the issues adults face as they age. We understand there are times in life when issues arise, such as illness, stress or even world events that impact mood and how we function. Our skilled team of therapists including professionals in the field of psychology and clinical social work will provide an array of services to individuals that may be experiencing depression and anxiety, or struggling with changes in their lives, or those of their loved ones.

## Striving For Wellness Together LLC

Address	Contact	Hours	Counties	Ages
6602 Church Hill Rd. Suite 500 Chestertown, MD 21620	<b>Phone:</b> 443-666-8601 <b>Fax:</b> 410-304-7757 <b>Email:</b> <a href="mailto:strivingforwellnesstogether@gmail.com">strivingforwellnesstogether@gmail.com</a> <b>Website:</b> <a href="http://www.strivingforwellnesstogether.com">www.strivingforwellnesstogether.com</a>	Mon – Fri 8:30 a.m. - 3:30 p.m. Weekend and evening time available by appointment only	Caroline, Kent, Queen Anne's, Talbot	2+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ Humana ❖ Johns Hopkins ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ LCSW-C ❖ LMSW	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided			
❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bipolar Disorder ❖ Complex Trauma ❖ Depression	❖ Domestic Violence ❖ Mood Disorders ❖ PTSD ❖ Stress ❖ Trauma	❖ Anger Management ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Conflict Resolution ❖ Crisis Intervention / Stabilization ❖ Evidenced Based Practice	❖ Family Counseling ❖ General Counseling ❖ Group Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Psycho Educational Groups ❖ Social Work ❖ Telehealth Services	
Striving For Wellness Together welcomes all clients with nonjudgmental open arms as they begin their journey to wellness. Striving For Wellness Together serves individuals from birth through adulthood.				

## SUN Behavioral Delaware

Address	Contact	Hours	Counties	Ages
21655 Biden Ave. Georgetown, DE 19947	<b>Phone:</b> 302-604-5600 <b>Fax:</b> 302-450-1177 <b>Email:</b> <a href="mailto:info@sundelaware.com">info@sundelaware.com</a> <b>Website:</b> <a href="http://www.sundelaware.com">www.sundelaware.com</a>	24/7	Caroline, Kent, Queen Anne's, Talbot	13-71+
Payment Accepted		Provider Type	Language	
❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Private Insurance	❖ LCSW ❖ MD ❖ Nurse	❖ PA-C ❖ PhD ❖ PMH- APRN	English <b>Interpreter:</b> No <b>Translator:</b> Yes
Treatment Specialties	Services Provided			
❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence	❖ Adult Day Programs ❖ Art Therapy ❖ Behavioral Treatment ❖ CBT ❖ Crisis intervention ❖ Detoxification ❖ DBT ❖ EFT ❖ General Counseling ❖ Group Counseling ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and	❖ Psychiatric Assessment ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Veteran Services ❖ Walk-In ❖ Telepsychiatry/Telemental Health		

## SUN Behavioral Delaware

Treatment

❖ Trauma Informed



The mission of SUN Behavioral Health is to partner with communities to solve the unmet needs of those who suffer from mental illness and addiction. Sun Behavioral work towards solving the unmet needs of patients with mental illness and substance use disorders.

## The Johns Hopkins Eating Disorders Program

Address	Contact	Language
600 North Wolfe St. Meyer 101 Baltimore, Maryland 21287	<b>Phone:</b> Inpatient Admissions: 410-502-5467 <b>Outpatient or Consultation:</b> 410-955-3863 <b>Hopkins Access Line:</b> 800-765-JHHS	English <b>Interpreter: No</b> <b>Translator:</b>

The Johns Hopkins Eating Disorders Program is a nationally recognized treatment center offering comprehensive evaluations, treatment planning, and ongoing care for patients with eating disorders.

## The Pro Bono Counseling Project

Address and Contact	Hours	Counties	Ages
5900 Metro Dr. Baltimore, MD 21215 <b>Phone:</b> 410-825-1001 <b>WARMLine number:</b> 410-598-0234	<b>Fax:</b> 410-825-1388 <b>Email:</b> amy@probonocounseling.org <b>Website:</b> <a href="http://www.probonocounseling.org">www.probonocounseling.org</a>	Mon. – Fri. 8 a.m. to 4 p.m.	All Maryland Counties 0-71+

Payment Accepted	Provider Type	Language
❖ Free ❖ Sliding Scale Fee ❖ Uninsured Eligible	❖ Interns      ❖ LMFT      ❖ PMHNP-BC ❖ LCPC          ❖ LMSW      ❖ Psy D ❖ LCSW          ❖ PhD          ❖ RN ❖ LCSW-C	American Sign Language (ASL), English, Spanish <b>Interpreter:</b> On call <b>Translator:</b> Yes

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Complex Trauma</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Stress</li> <li>❖ Trauma</li> <li>❖ Victims of Human</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination Referral Services</li> <li>❖ CBT</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ Deaf Services</li> <li>❖ Educational Workshops</li> <li>❖ Emotion Coaching for Parents, Guardians, Caregivers</li> <li>❖ EFT</li> <li>❖ Evidenced Based Practice</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ General Mental Health</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> <li>❖ LGBTQ+ Issues, Family Support, Referrals</li> <li>❖ Life Counseling</li> <li>❖ Marriage Counseling</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Parent Counseling</li> <li>❖ Play Therapy</li> <li>❖ Psychological Services for Cancer Patients and Caregivers</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ Social Work</li> <li>❖ Solution Focused</li> <li>❖ Telehealth Services</li> </ul>

## The Pro Bono Counseling Project

Trafficking

Information/Education ❖ Temporary Financial Assistance

Si se siente ansioso, estresado o necesita alguien con quien hablar, hay ayuda disponible sin costo para usted. Haga clic aquí para más información.  
<https://probonocounseling.org/seeking-care/warmline/>

Lláme a nuestra línea GRATUITA WARMLine:  
**(410) 598-0234**

10AM a 8PM  
de Lunes a Viernes  
10AM a 6PM  
Sábados y Domingos



The Pro Bono Counseling Project's mission is to ensure that Marylanders with limited resources requesting mental health care are provided access to volunteer licensed mental health professionals and other necessary supportive services. The Pro Bono Counseling Project also offers a WARMLine available 10-8 weekdays and 10-6 weekends for brief telephone-based support from a mental health professional for Marylanders experiencing sadness, worries, grief, and stress. The WARMLine offers support, but is not a crisis hotline.



PRO BONO  
COUNSELING  
PROJECT

If you're feeling anxious, depressed,  
or just need someone to talk to, dial

**410-598-0234**

Mental Health WARMLine

10 AM - 8PM Weekdays  
10AM - 6PM Weekends

## Upper Bay Counseling & Support Services, Inc.

Address	Contact	Hours	Counties Served	Ages
200 Booth St. Elkton, MD 21921	<b>Phone:</b> 410-996-5104 <b>Fax:</b> 410-996-5197 <b>Email:</b> <a href="mailto:klundin@upperbay.org">klundin@upperbay.org</a> <b>Website:</b> <a href="http://www.upperbay.org">www.upperbay.org</a>	Mon. - Thur. 8 a.m. to 5 p.m. Fri. 8 a.m. – 3 p.m.	Kent, Other Maryland Counties, Cecil, Harford	0-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ EAP ❖ Grant Funds ❖ Humana ❖ Johns Hopkins	❖ Kaiser ❖ MCHP ❖ Maryland Choices Provider ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ Addictions Counselor ❖ Case Manager ❖ CHOW ❖ CRNP-PMH ❖ Health Home Nurse ❖ Interns ❖ LCPC ❖ LCSW	❖ LCSW-C ❖ LGPC ❖ LMFT ❖ LMSW ❖ Nurse ❖ PhD ❖ Psy D ❖ Psych Rehab Staff ❖ RN	English, Spanish <b>Interpreter:</b> Spanish <b>Translator:</b> Yes
Treatment Specialties	Services Provided			
❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Housing Insecurity ❖ Mood Disorders ❖ OCD	❖ Adult Day Programs ❖ Advocacy ❖ Anger Management Counseling / Therapy ❖ Art Therapy ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Career Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ Conflict Resolution ❖ Couples and Relationship Counseling	❖ EAP ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Health Improvement Programs ❖ Homeless Outreach ❖ Independent Living Skills ❖ Individual Counseling ❖ Job Search / Placement ❖ Life Coaching – Adult, Youth ❖ Life Counseling ❖ Life Skills Training ❖ Marriage Counseling	❖ Psychiatric Medication Services ❖ Psychiatric Rehabilitation Program Off-Site, & On-Site ❖ Psycho Educational Groups ❖ Psychological Testing ❖ Recovery Support Groups ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Residential Treatment ❖ School Based Mental Health and Substance Use Education ❖ School Based Monitoring of Chronic Illness ❖ Sex Offender Counseling ❖ Substance Use Disorder	

## Upper Bay Counseling & Support Services, Inc.

<ul style="list-style-type: none"> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Disorders</li> <li>❖ Stress</li> <li>❖ Substance Use / Dependence</li> <li>❖ Trauma</li> </ul>	<ul style="list-style-type: none"> <li>❖ Court-Ordered Substance Use Testing</li> <li>❖ Court-Ordered Therapy</li> <li>❖ DBT</li> <li>❖ Discharge Planning</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ Educational Workshops</li> <li>❖ Emotion Coaching for Parents, Guardians, Caregivers</li> <li>❖ Emotional Regulation Therapy</li> <li>❖ EFT</li> </ul>	<ul style="list-style-type: none"> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Mobile Treatment - ACT</li> <li>❖ Nurse Monitoring</li> <li>❖ Parent Counseling</li> <li>❖ Parent Education Groups</li> <li>❖ Program Transportation</li> <li>❖ Psychiatric Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Evaluation and Treatment</li> <li>❖ Substance Use Education /Prevention</li> <li>❖ Substance Use Outpatient</li> <li>❖ Supported Employment</li> <li>❖ Telehealth Services</li> <li>❖ Transitional Aged Youth Program</li> <li>❖ Trauma Groups</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Urgent Care Appointment</li> </ul>
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Upper Bay Counseling & Support Services provides a broad and expanding range of high-quality behavioral health and community services. We promote wellness and uphold the dignity of our consumers. We are dedicated to excellence, creativity, flexibility, and teamwork. We serve and advocate for individuals, families, and communities.

## Warwick Manor Behavioral Health

Address	Contact	Hours
3680 Warwick Rd. East New Market, MD 21631	<b>Phone:</b> 410-943-8108 <b>Fax:</b> 410-943-3976 <b>Website:</b> <a href="http://www.warwickmanor.org" style="color: blue; text-decoration: underline;">www.warwickmanor.org</a>	Mon., Wed., Fri. 8 a.m. to 5 p.m. Tues., Thur. 8 a.m. to 7:30 p.m. Weekend hours available
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ Addictions Counselor</li> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ CRNP</li> <li style="width: 50%;">❖ LMSW</li> <li style="width: 50%;">❖ DO</li> <li style="width: 50%;">❖ MD</li> <li style="width: 50%;">❖ LCPC</li> <li style="width: 50%;">❖ Nurse</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anxiety / Phobias</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Substance Use /Dependence</li> <li>❖ Trauma</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Age-Related Groups</li> <li style="width: 33%;">❖ Marriage Counseling</li> <li style="width: 33%;">❖ Ambulatory Detoxification</li> <li style="width: 33%;">❖ Mental Health Evaluation and Treatment</li> <li style="width: 33%;">❖ Anger Management Counseling</li> <li style="width: 33%;">❖ Mental Health Related Support Groups</li> <li style="width: 33%;">❖ Behavioral Modification</li> <li style="width: 33%;">❖ Mindfulness Based Therapy</li> <li style="width: 33%;">❖ CBT</li> <li style="width: 33%;">❖ Motivational Interviewing</li> <li style="width: 33%;">❖ Crisis Intervention</li> <li style="width: 33%;">❖ Psychiatric Assessment</li> <li style="width: 33%;">❖ DBT</li> <li style="width: 33%;">❖ Psychiatric Medication Services</li> <li style="width: 33%;">❖ Emotional Regulation Therapy</li> <li style="width: 33%;">❖ Psycho Educational Groups</li> <li style="width: 33%;">❖ Existential Psychology</li> <li style="width: 33%;">❖ Rational Emotive Behavioral Therapy</li> <li style="width: 33%;">❖ Family Counseling</li> <li style="width: 33%;">❖ Substance Use Education / Prevention</li> <li style="width: 33%;">❖ General Counseling</li> <li style="width: 33%;">❖ Substance Use Inpatient (&lt;30 days)</li> <li style="width: 33%;">❖ General Mental Health Information/Education</li> <li style="width: 33%;">❖ Substance Use Inpatient Co-Occurring (&lt;30 days)</li> <li style="width: 33%;">❖ Group Counseling</li> <li style="width: 33%;">❖ Substance Use Intensive Outpatient</li> <li style="width: 33%;">❖ Hotline</li> <li style="width: 33%;">❖ Substance Use Partial Hospitalization</li> <li style="width: 33%;">❖ Individual Counseling</li> <li style="width: 33%;">❖ Trauma Groups</li> </ul>	

Warwick Manor Behavioral Health (WMBH) specializes in co-occurring diagnosis and treatment and provides inpatient, PHP, IOP, and outpatient services.



## Wise Mind, LLC

Address	Contact	Hours	Counties	
90 Painters Mill Road Ste 203 Owings Mills, MD 21117	<b>Phone:</b> 410-413-4108	Tues.– Fri. 11 A.M. – 7 P.M. Sat. By Appointment Only	Caroline, Dorchester, Kent, Queen Anne's, Talbot	
Payment Accepted		Provider Type	Language	Age
❖ Private Insurance ❖ Optum ❖ Medicaid ❖ Medicare Part B ❖ Cigna	❖ Aetna ❖ United Healthcare ❖ CareFirst Blue Cross Blue Shield	❖ LCSW-C-	English <b>Interpreter: No</b> <b>Translator: No</b>	18 - 80
Treatment Specialties		Services Provided		
❖ Depression ❖ Anxiety ❖ Self Esteem	❖ Stress ❖ Adjustment Issues	❖ Individual Therapy		



Wise Mind LLC services Maryland's Mid Shore via telehealth.

## Wraparound Maryland, Inc.

Address	Contact	Hours	Counties	Ages
8221 Teal Drive Ste 405 Easton, MD. 21601	<b>Phone:</b> 410-304-6810 <b>Email:</b> <a href="mailto:info@wraparoundmd.com">info@wraparoundmd.com</a> <b>Website:</b> <a href="https://wraparoundmd.com">https://wraparoundmd.com</a>	Mon. - Fri. 8 a.m. - 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	5-100
Payment Accepted			Language	
❖ Maryland Medicaid ❖ Public Behavioral Health (Medicaid) Uninsured Eligible			English <b>Interpreter: No</b> <b>Translator: No</b>	
Services Provided				
❖ Mental Health Case Management ❖ Psychiatric Rehabilitation Program (PRP)		❖ Supported Employment ❖ Targeted Case Management		




Wraparound Maryland's mission is to provide care coordination services utilizing wraparound principles and philosophies to guide a process where all families and youth feel supported, encouraged, and hopeful that their and goals will be realized.

## Case Management

<b>Corsica River Mental Health Services, Inc.</b> 120 Banjo Ln. Centreville, MD 21617 403 High St. Cambridge, MD 21613 332 N. Main St. Federalsburg, MD 21632 <b>Phone:</b> 410-758-2211 <b>Fax:</b> 410-758-0698 <b>Website:</b> <a href="http://www.crmhsinc.com">www.crmhsinc.com</a>	<b>Wraparound Maryland</b> 8221 Teal Dr. Suite 405 Easton, MD 21601 214 Civic Ave Salisbury, MD 21804 <b>Salisbury Phone:</b> 410-369-3480 <b>Easton Phone:</b> 410-304-6810 <b>Email:</b> info@wraparoundmd.com <b>Website:</b> <a href="https://wraparoundmd.com/">https://wraparoundmd.com/</a>
<b>Hudson Behavioral Health</b> 1505 Emerson Ave. Salisbury, MD 21801 <b>Phone:</b> 410-219-9000 <b>Fax:</b> 410-742-7048 <b>Website:</b> <a href="https://hudsonhealth.org/">https://hudsonhealth.org/</a>	<b>Upper Bay Counseling &amp; Support Services, Inc.</b> 200 Booth St. Elkton, MD 21921 <b>Phone:</b> 410-996-5104 <b>Fax:</b> 410-996-5197 <b>Website:</b> www.upperbay.org
<b>Help and Outreach Point of Entry (H.O.P.E. Inc)</b> 129 Broad St. Salisbury, MD 21801 <b>Phone:</b> 410-677-0757	

## Equine Assisted Therapy

Equine-assisted psychotherapy is a form of experiential therapy that includes horses and a specialist psychologist or counselor with the intent to develop skills such as emotional regulation, self-confidence and awareness, and responsibility.

Bridges at Worthmore		
Address	Contact	Hours
11570 Still Pond Rd. Worton, MD 21678	<b>Phone:</b> 410-708-8973 <b>Email:</b> bridges@bridgesatworthmore.org <b>Website:</b> <a href="http://www.bridgesatworthmore.org">www.bridgesatworthmore.org</a>	Mon. – Sat. 8 a.m. to 7 p.m. Sun. 10 a.m. to 3 p.m.
Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Self-Pay	❖ EAGALA Certified      ❖ LCSW-C ❖ LCADC                      ❖ P.A.T.H Certified ❖ LCPC                          Professional	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities	❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI	❖ Behavioral Treatment ❖ CBT ❖ Equine Assisted Therapy ❖ General Mental Health Information ❖ Therapeutic Riding ❖ Youth Development ❖ Trauma Informed ❖ Therapeutic Horsemanship
 <p>Bridges is the therapeutic arm of Worthmore Equestrian Center. Founded in 2004, Bridges supports individuals experiencing learning, developmental and emotional challenges in the mid-Atlantic region. Therapies are customized to meet a person’s individual needs beginning with and individualized assessment and development of a goal-oriented program.</p>		

## Over Fences, LLC

Address		Contact	Hours
<ul style="list-style-type: none"> <li>❖ 8845 Teal Point Rd. Easton, MD 21601</li> <li>❖ <b>Glendale Farm:</b> 30485 Matthewstown Rd. Easton, MD 21601</li> <li>❖ <b>Royal Oak Farm:</b> 6448 Patridge Ln. Royal Oak, MD 21162</li> </ul>		<b>Phone:</b> 410-878-7820 <b>Fax:</b> 410-770-7176 <b>Email:</b> <a href="mailto:annehwilson@gmail.com">annehwilson@gmail.com</a>	Mon. – Fri. 9 a.m. to 5 p.m.
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Self-Pay</li> </ul>		❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Hoarding Behaviors</li> </ul>	<ul style="list-style-type: none"> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Equine Assisted Therapy</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ Group Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Marriage Counseling</li> <li>❖ Veteran Services</li> <li>❖ Equine Assisted Learning</li> <li>❖ Mental Health &amp; Substance Use Services</li> </ul>
<p>The Horse Inspired Growth &amp; Learning Center Inc. was established in 2005 for the purpose of providing an ethical, powerful resource for improving lives. After researching certification programs for equine assisted therapy/learning they chose EAGALA <a href="http://www.eagala.org">www.eagala.org</a> because of its worldwide support of professionals working in the field of Equine Assisted Psychotherapy and Learning. Equine Assisted Psychotherapy and Learning can address any issue related to mental health such as, but not limited to, depression, anxiety, PTSD, mood disorder or relationship issues. The staff have worked extensively with clients who have experienced or witnessed trauma in their lives as a result of physical, sexual, or emotional abuse.</p>			

## Idylwild Therapeutic Horsemanship

Address		Contact	Hours
27203 Chipmans Ln. Federalsburg, MD 21632		<b>Phone:</b> 410-754-9141 <b>Email:</b> <a href="mailto:Lisaidylwild@gmail.com">Lisaidylwild@gmail.com</a> <b>Website:</b> <a href="https://buildriderbiomechanics.com/">https://buildriderbiomechanics.com/</a>	Mon. – Fri. 4 p.m. to 6 p.m. Sat. 9 a.m. to 2 p.m.
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Self-Pay</li> </ul>		<ul style="list-style-type: none"> <li>❖ Sliding Scale Fee</li> <li>❖ LCSW-C</li> <li>❖ P.A.T.H Certified Professionals</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ Asperger's</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Developmental Trauma</li> </ul>	<ul style="list-style-type: none"> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sensory Processing</li> <li>❖ Substance Use /Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ DBT</li> <li>❖ Equine Assisted Therapy</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ Geriatric Counseling</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Marriage Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Play Therapy</li> <li>❖ Substance Use Outpatient</li> <li>❖ Therapeutic Riding</li> <li>❖ Therapeutic Horsemanship/Adventure Challenge</li> <li>❖ Trauma Informed,</li> <li>❖ Vocational Education</li> </ul>
<p>Lisa May, LCSW-C, is a PATH (Professional Association of Therapeutic Horsemanship) International registered instructor offering outdoor Experiential and Equine Therapy, which often is successful with disorganized, hard to reach, withdrawn, aggressive, minimally verbal individuals, and trauma survivors.</p>			


## Positive Strides

Address		Contact	Hours	
<ul style="list-style-type: none"> <li>❖ P.O. Box 391 Easton, MD 21601</li> <li>❖ <b>Timber Grove Farm:</b> 6292 Statum Rd. Preston, MD 21655</li> </ul>		<b>Phone:</b> 443-239-4953 <b>Email:</b> tsrhopkins@gmail.com <b>Website:</b> <a href="http://PositiveStridesCenter.org">PositiveStridesCenter.org</a>	Hours Vary Mon. – Sat.	
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Self-Pay</li> </ul>		<ul style="list-style-type: none"> <li>❖ Sliding Scale Fee</li> <li>❖ Scholarships</li> </ul>	<ul style="list-style-type: none"> <li>❖ P.A.T.H Certified Professionals</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> </ul>		<ul style="list-style-type: none"> <li>❖ Developmental Disabilities</li> <li>❖ Personality Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ TBI</li> <li>❖ Veterans</li> </ul>		
<ul style="list-style-type: none"> <li>❖ Equine Assisted Therapy</li> <li>❖ Hippotherapy</li> <li>❖ Occupational Therapy</li> <li>❖ Therapeutic Riding</li> <li>❖ Veteran Services</li> </ul>				
<p>Our name, Positive Strides, reinforces the confidence, self-esteem, and optimism that our riders achieve through our therapeutic programs. From autism and addiction recovery to PTSD and cerebral palsy, equine therapy can play a powerful role in giving a person the confidence and skills they need to live a fulfilling life. Our CATCH Riders program helps youth at risk and adults recovering from family violence and sexual abuse. Just brushing and interacting with a horse can calm a person with dementia or help someone with depression. We strive to build confidence, self-esteem, and a sense of accomplishment for individuals with physical, cognitive, and emotional needs by utilizing equine-assisted activities and therapies. We have been providing these services to residents of the Eastern Shore since 1981.</p>				

## Talisman Therapeutic Riding (TTR)

Address		Contact	Hours
<ul style="list-style-type: none"> <li>❖ 172 Blue Ribbon Ln. Grasonville, MD 21638</li> <li>❖ <b>Mailing:</b> 300 Talisman Farm Cir. P.O. Box 300 Grasonville, MD 21638</li> </ul>		<b>Phone:</b> 443-239-9400 <b>Email:</b> Wendy@talismantherapeuticriding.com <b>Website:</b> www.talismantherapeuticriding.org	Mon. – Fri. 9 a.m. to 6 p.m. Sat. 9 a.m. to 1 p.m.
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Scholarship Assistance</li> <li>❖ Self-Pay</li> </ul>		<ul style="list-style-type: none"> <li>❖ P.A.T.H Certified Professionals</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Developmental Disabilities</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> </ul>		<ul style="list-style-type: none"> <li>❖ Art Therapy</li> <li>❖ Equine Assisted Therapy</li> <li>❖ Family Counseling</li> <li>❖ Hippotherapy</li> <li>❖ Occupational Therapy</li> </ul>	
		<ul style="list-style-type: none"> <li>❖ Physical Therapy</li> <li>❖ Play Therapy</li> <li>❖ Therapeutic Riding</li> <li>❖ Veteran Services</li> <li>❖ Youth Development</li> </ul>	
<p>Talisman offers equine assisted activities and learning, which include therapeutic riding and Hippotherapy to children and adults with physical, cognitive, social, behavioral, and emotional conditions / disabilities. We are a PATH (Professional Association of Therapeutic Horsemanship) International registered center and a 501(c)(3) and instructors are nationally certified in therapeutic riding. Therapists are licensed in the state of Maryland. Volunteers and horses are carefully selected and trained for their roles. Talisman’s mission is to partner with the horses to change the mind, body, and spirit of clients/riders positively and permanently.</p>			

## Forensic Mental Health Services

Mid Shore Behavioral Health, Inc. Forensic Mental Health Program			
Address	Contact	Hours	
28578 Mary's Ct. Ste. 1 Easton, MD 21601 <b>Phone:</b> 410-770-4801 <b>Fax:</b> 410-770-4809	Alisha Saulsbury, Forensic Mental Health Program Manager <b>Phone:</b> 410-770-4801 ext. 315 <b>Email:</b> <a href="mailto:asaulsbury@midshorebehavioralhealth.org">asaulsbury@midshorebehavioralhealth.org</a> <b>Website:</b> <a href="https://midshorebehavioralhealth.org/programs/forensic-mental-health/">https://midshorebehavioralhealth.org/programs/forensic-mental-health/</a>	Mon. – Fri. 8 A.M. to 4:30 P.M.  Forensic Workgroup meets at 9 A.M. on the 3 <sup>rd</sup> Friday of each month	
Counties	Ages	Provider Type	Language
Caroline, Dorchester, Kent, Queen Anne's, Talbot	18+	<ul style="list-style-type: none"> <li>❖ Case Manager</li> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
 <p>The Forensic Mental Health Program (FMHP), through Mid Shore Behavioral Health, Inc., focuses on the intersection between the criminal justice and mental health systems by working to evaluate and connect criminal defendants and probationers to the limited community mental health resources available on the mid-shore. The FMHP staff work closely with Judges, Masters, Parole and Probation Agents, and local detention centers to assist in cases where the defendant has mental health and/or co-occurring issues. The FMHP staff provides mental health evaluations, jail diversion plans, referral and resource connection, mental health treatment monitoring and advocacy. Case management services are provided for diversion and monitoring cases. The staff consists of a mental health coordinator who is a licensed mental health professional with experience in forensics and a case manager with knowledge of mid-shore resources.</p>			


Maryland Community Criminal Justice Treatment Program
<p><b>Caroline County Detention Center:</b> 410-479-4117  <b>Dorchester County Detention Center:</b> 410-228-8101  <b>Kent County Detention Center:</b> 410-810-2266  <b>Queen Anne's County Detention Center:</b> 410-758-3817 option 5  <b>Talbot County Detention Center:</b> 410-770-8136</p>
<p><b>Maryland Community Criminal Justice Treatment Program (MCCJTP)</b> is operational in all Maryland jurisdictions except Montgomery County and Baltimore City, assisting local detention centers in meeting the comprehensive needs of justice-involved individuals. In collaboration with the Core Service Agencies (CSAs), the program delivers both clinical treatment and case management services reaching an average of 10,000 individuals annually. Each participating jurisdiction works in partnership with experts from agencies that provide behavioral health services, case management, and legal counsel services. In addition, input is sought from representatives from the detention centers, judiciary, parole and probation, law enforcement, social services, consumer advocates, and community. For more information, please contact the program coordinator, at 410-402-8482</p>

Trauma, Addictions, Mental Health and Recovery (TAMAR)
<p><b>Phone:</b> 410-476-4441 <b>Email:</b> <a href="mailto:hhornfeck@forallseasonsinc.org">hhornfeck@forallseasonsinc.org</a></p>
<p><b>Trauma, Addictions, Mental Health and Recovery (TAMAR)</b> is a State funded program offered to women who are detained in Caroline and Dorchester detention centers. These women have been identified, or self-identified, as having a history of physical and/or sexual abuse and a recent treatment history for a mental health condition, as well as a drug use/use disorder. Individuals eligible to participate are encouraged to voluntarily join the program with the knowledge that participation does not in itself reduce jail time. Program services are delivered by a licensed, master's level clinician who is responsible for providing bio-psycho-educational treatment in accordance with the TAMAR program manual. Case</p>


management services are to be conducted by an individual with a minimum degree of baccalaureate and provide coordination of services while the consumer is incarcerated, as well as development of an aftercare plan with the consumer in making community referrals, advocating “mainstream” services, and establishing communication for monitoring the receipt of treatment upon re-entry to the community. Ensure the education of detention center staff members, community mental health providers, and appropriate stakeholders about the needs of trauma survivors. Maintain communication with courts, parole and probation, and community-based providers to educate about TAMAR.

## Psychiatric Rehabilitation Programs

Psychiatric Rehabilitation Program (PRP) services facilitate an individual’s recovery to develop or restore an individual’s independent living and social skills, including the individual’s ability to make decisions regarding self-care management of illness, life, work, and community participation, as well as promote the use of resources to integrate the individual into the community. Services may be provided in an on-site facility, or in a setting most conducive to promoting the participation of the individual in community life.

Channel Marker, Inc.				
Address and Contact		Hours	Counties	Ages
<ul style="list-style-type: none"> <li>❖ 8865 Glebe Park Dr. Unit 1 Easton, MD 21601 (P) 410-822-4619 (F) 410-822-0984</li> <li>❖ 8865 Glebe Park Dr. Unit 2 Easton, MD 21601 (P) 410-822-4611 (F) 410-822-6186</li> <li>❖ 508 Kerr Ave. Denton, MD 21629 (P) 410-479-2318 (F) 410-820-0124</li> <li>❖ 613 S. 5th Ave. Denton, MD 21629 (P) 410-479-0240 (F) 410-479-0250</li> <li>❖ 420 Dorchester Ave. Cambridge, MD 21613 (P) 410-228-8330 (F) 410-221-6459</li> </ul> <p>Email: <a href="mailto:ccassell@channelmarker.org">ccassell@channelmarker.org</a>            Website: <a href="http://www.channelmarker.org">www.channelmarker.org</a></p>		Mon – Fri 8 a.m. to 5 p.m.	Caroline, Dorchester, Talbot	6+
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Donations</li> <li>❖ DORS</li> <li>❖ Grant Funding</li> </ul>	<ul style="list-style-type: none"> <li>❖ Case Manager</li> <li>❖ Home Health Nurse</li> <li>❖ Interns</li> <li>❖ LCSW-C</li> </ul>	<ul style="list-style-type: none"> <li>❖ LMSW</li> <li>❖ PMHNP-BC</li> <li>❖ Psych Rehab Staff</li> </ul> <p>English  <b>Interpreter:</b> No  <b>Translator:</b> Yes</p>		
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Mood Disorders</li> <li>❖ Personality Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Day Programs</li> <li>❖ After-School Programs</li> <li>❖ Educational Workshops</li> <li>❖ General Mental Health Information/Education</li> <li>❖ Independent Living Skills</li> <li>❖ Life Skills Training</li> <li>❖ Motivational Interviewing</li> <li>❖ Program Transportation</li> <li>❖ Psychiatric Rehabilitation Program Off-Site</li> <li>❖ Psychiatric Rehabilitation Program On-Site</li> <li>❖ Psychosocial Rehabilitation and Recovery Center</li> <li>❖ Social Learning</li> <li>❖ Supported Employment</li> <li>❖ Telehealth Services</li> <li>❖ Transitional Aged Youth Program</li> <li>❖ Transitional and Discharge Planning</li> </ul>			
	Channel Marker, Inc. creates a healthy Mid-Shore community by providing mental illness treatment and prevention programs, wellness support, and community services to individuals and their families.			

## Children's Choice

Address and Contact		Hours
<ul style="list-style-type: none"> <li>❖ 1563 Postal Road, Ste. 3B Chester, MD 21619 (P) 410-643-9290 (F) 410-643-9293</li> <li>❖ 230 Florida Ave. Salisbury, MD 21801 (P) 410-546-6106 (F) 410-219-2640</li> </ul> <b>Website:</b> <a href="http://www.childrenschoice.org">www.childrenschoice.org</a>		Mon. – Fri. 8:30 a.m. to 4:30 p.m.
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Public Behavioral Health (Medicaid)</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Depression</li> <li>❖ Developmental Disabilities</li> <li>❖ Hoarding Behaviors</li> <li>❖ Personality Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> </ul>		<ul style="list-style-type: none"> <li>❖ General Counseling</li> <li>❖ Psychiatric Rehabilitation Program Off-Site</li> <li>❖ Respite Care</li> <li>❖ Treatment Foster Care</li> </ul>
 Children's Choice, Inc. provides specialized foster care, respite, psychiatric rehabilitations parent advocacy and support groups, as well as kinship and adoption services.		

## Community Behavioral Health

Addresses and Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> <li>❖ 8614 Ocean Gateway, Easton, MD 21601</li> <li>❖ 426 Dorchester Ave., Cambridge, MD 21613</li> <li>❖ 202 Coursevall Dr. Ste #107, Centreville, MD 21617</li> <li>❖ 809, 811, 817, 821 Eastern Shore Dr., Salisbury, MD 21804</li> <li>❖ 106 Lee St. Salisbury, MD 21804</li> </ul>	Mon – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
<b>Phone:</b> 844-224-5264 ext. 107 <b>Fax:</b> 888-509-0010 <b>Email:</b> <a href="mailto:admin@communitybehavioralhealth.net">admin@communitybehavioralhealth.net</a> <b>Website:</b> <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a>			
Psychiatric Rehabilitation Program off-site and on-site. See a complete listing of Community Behavioral Health's services on page 15.			

## Go-Getters, Inc.

Address and Contact		Hours
<b>Address:</b> 431 E Main St, Salisbury, MD <b>Phone:</b> 410-341-3420x1 <b>Fax:</b> 410-651-4872 <b>Email:</b> <a href="mailto:referral@lowershoreclinic.org">referral@lowershoreclinic.org</a> <b>Website:</b> <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>		Go-Getters operates 24/7 all year round
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ CRNP</li> <li>❖ LCPC</li> <li>❖ LCSW-C</li> <li>❖ MD</li> <li>❖ PA-C</li> <li>❖ PhD</li> <li>❖ PMH- APRN</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> Creole, Farsi, French, German

## Go-Getters, Inc.

Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Eating Disorders</li> <li>❖ Hoarding Behaviors</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Day Programs</li> <li>❖ Anger Management Counseling</li> <li>❖ Art Therapy</li> <li>❖ CBT</li> <li>❖ Crisis intervention</li> <li>❖ Crisis Residential Treatment – Substance Use</li> <li>❖ DBT</li> <li>❖ Disability Related Counseling</li> <li>❖ Ex-Offender Halfway House</li> <li>❖ EMDR</li> <li>❖ Family Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ General Counseling</li> <li>❖ General Mental Health Information</li> <li>❖ Geriatric Counseling</li> <li>❖ Group Counseling</li> <li>❖ Homeless Outreach</li> <li>❖ Independent Living Communities for Older Adults</li> <li>❖ Individual Counseling</li> <li>❖ Job Search / Placement</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> </ul>	<ul style="list-style-type: none"> <li>❖ Mobile Treatment - ACT</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Protection and Advocacy for Individuals with Disabilities</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Case Management</li> <li>❖ Psychiatric Day Treatment</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Psychiatric Mobile Response Team</li> <li>❖ Psychiatric Rehabilitation Program Off-Site and On-Site</li> <li>❖ Psycho Educational Groups</li> <li>❖ Residential Rehabilitation Program</li> <li>❖ Telepsychiatry/Telemental Health</li> </ul>

<b>Beacon Place Crisis Services</b> Offers short term Residential Crisis Services in a community-based setting 24 hours a day, every day. <b>Phone: 410-749-2578</b>	<b>Friendship Network</b> Offers mental health rehabilitation services to people over the age of 55, living in Somerset, Wicomico, and Worcester counties. <b>Phone: 410-546-3619</b>	<b>Main Street</b> Offers community support, residential and day program services. <b>Phone: 410-546-0381</b>	<b>Peer Connection</b> A rehabilitation program for people with co-occurring disorders. <b>Phone: 410-546-1822</b>
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*Go-Getters* Go-Getters is a community-based psychiatric rehabilitation program with a mission is to assist people recovering from severe mental illness in reintegrating their lives in the larger communities of Somerset, Wicomico, and Worcester counties. Day programs for adults and elderly people in Salisbury, Princess Anne, and Newark offer skills training for independent living, prevocational and vocational skills, food and nutrition training, breakfast, lunch, and snacks, socialization and recreation, a community of support and friendship, supported housing in all three counties, intensive 24-hour supervision, specialized housing for elderly and dually diagnosed people, crisis and respite care for psychiatric and other emergencies, four crisis beds, residential alternative to hospitalization, three respite beds available to the community for individual and caregiver needs. Lower Shore Clinic provides outpatient psychiatric treatment, ongoing clinical therapy, and primary care to Lower Shore residents regardless of ability to pay, same day walk-in intakes for new clients, Assertive Community Treatment (ACT) team for people with greatest mental health difficulties in five counties, integrated health home, family psycho-education groups, 24 hour on-call back up for Go-Getters or Lower Shore Clinic staff working with clients in psychiatric distress, program-wide welcome and treatment for persons recovering from mental illness and substance-related disorders.



## The Wellness Center of Maryland

### Contact

**Website:** <http://the-wellnesscenter.org>

**Email:** [Info@the-wellnesscenter.org](mailto:Info@the-wellnesscenter.org)

### Address

1001 Eastern Shore Dr Suite B  
Salisbury, MD 21804  
**Phone:** 443-978-8983  
**Hours:** Mon. – Fri., 9 A.M. – 7 P.M.  
Sat., By Appointment Only

609 Dutchman's In Suite D  
Easton MD 21601  
**Phone:** 443-746-0504  
**Hours:** Mon. – Sat., By Appointment Only

### Counties

Caroline, Dorchester,  
Kent, Queen Anne's,  
Talbot, Wicomico

### Age

5 - 65

### Payment Accepted

- ❖ BCBS
- ❖ Cigna
- ❖ CareFirst Administrators
- ❖ Public Behavioral Health (Medicaid)

- ❖ Self-Pay
- ❖ Sliding Scale Fee
- ❖ Uninsured Eligible

### Provider Type

- ❖ Interns
- ❖ LCADC
- ❖ LCPC
- ❖ LCSW-C
- ❖ Nurse Practitioner

### Language

English, Spanish, Creole  
**Interpreter:** No  
**Translator:** No

### Treatment Specialties

- ❖ Acute Trauma
- ❖ Complex Trauma
- ❖ Grief
- ❖ Mood Disorders (Bipolar, Depression, Anxiety)
- ❖ PTSD
- ❖ Relationship Challenges (Familial or Romantic)

### Services Provided

- ❖ Certified Grief Counseling
- ❖ Certified Trauma Therapy
- ❖ Couples Counseling
- ❖ Family Counseling
- ❖ Individual Counseling
- ❖ Psychoeducational Groups
- ❖ Psychiatric Rehabilitation Program (PRP)
- ❖ Supervision
- ❖ Telehealth Services



We are committed to meeting our clients where they are through compassion, kindness, and integrity. Our goal is to provide each individual with quality services that are needed and deserved.

## Upper Bay Counseling & Support Services, Inc.

### Address

200 Booth St.  
Elkton, MD 21921

### Contact

**Phone:** 410-996-5104  
**Fax:** 410-996-5197  
**Email:** [klundin@upperbay.org](mailto:klundin@upperbay.org)  
**Website:** [www.upperbay.org](http://www.upperbay.org)

### Hours

Mon. -Thur. 8 a.m. to 5 p.m.  
Fri. 8 a.m. to 3 p.m.

### Counties Served

Kent, Cecil, Harford,  
Other MD Counties

### Ages

0-71+

Psychiatric Rehabilitation Program off-site and on-site. See a complete listing of Upper Bay's services on page 40.

## School-Based Behavioral Health Locations

Mid-Shore School Mental Health Coordinators	
County	Contact
<b>Caroline County</b> 10855 Central Ave. Ridgely, MD 21660 <b>Coordinator:</b> Cara N. Calloway, LCSW-	<b>Email:</b> calloway.cara@ccpsstaff.org <b>Phone:</b> 410-479-0100 <b>Website:</b> www.carolineschools.org
<b>Dorchester County</b> 700 Glasgow St. Cambridge, MD 21613 <b>Coordinator:</b> Kawana Webb, LCSW-C	<b>Email:</b> webbk@dcpsmd.org <b>Phone:</b> 410-228-4747 ext. 1066 <b>Website:</b> www.dcps.k12.md.us
<b>Kent County</b> 5608 Boundary Ave. Rock Hall, MD 21661 <b>Coordinator:</b> Vandrick Hamlin, MS	<b>Email:</b> vhamlin@kent.k12.md.us <b>Phone:</b> 410-778-7128 <b>Website:</b> www.kent.k12.md.us
<b>Queen Anne's County</b> 202 Chesterfield Ave. Centreville, MD 21617 <b>Coordinator:</b> Megan Pinder, LCPC and Stirling Ward, MS	<b>Email:</b> megan.pinder@qacps.org or stirling.ward@qacps.org <b>Phone:</b> 443-224-7354 or 443-496-2968 <b>Website:</b> <a href="http://www.qacps.org">www.qacps.org</a>
<b>Talbot County</b> 12 Magnolia St. Easton, MD 21601 <b>Coordinator:</b> Robert Schmidt, Ed. D, LCPC, MCC, AS	<b>Email:</b> rschmidt@talbotschools.org <b>Phone:</b> 410-822-0330 <b>Website:</b> <a href="http://www.tcps.k12.md.us">www.tcps.k12.md.us</a>

Dorchester County Health Department School-Based Mental Health Services			
Email	Website	Counties Served	Ages
<a href="mailto:mindy.black-kelley@maryland.gov">mindy.black-kelley@maryland.gov</a>	<a href="http://www.dorchesterhealth.org">www.dorchesterhealth.org</a>	Dorchester	0-20
Addresses and Contact			
<b>Administration Office</b> 3 Cedar St. Cambridge, MD 21613		<b>Phone:</b> 410-228-3223 <b>Fax:</b> 410-901-8181	
<b>Cambridge-South Dorchester High School</b> 2475 Cambridge Bypass Cambridge, MD 21613		<b>Phone:</b> 410-228-3825 <b>Fax:</b> 410-228-7916	
<b>Mace's Lane Middle School</b> 1101 Mace's Ln. Cambridge, MD 21613		<b>Phone:</b> 410-228-0973 <b>Fax:</b> 410-228-0513	
<b>North Dorchester High School</b> 5875 Cloverdale Rd. Hurlock, MD 21643		<b>Phone:</b> 410-943-3316 <b>Fax:</b> 410-943-3397	
<b>North Dorchester Middle</b> 5745 Cloverdale Rd. Hurlock, MD 21643		<b>Phone:</b> 410-943-3275 <b>Fax:</b> 410-943-8818	
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Children Served Regardless of Insurance Status or Ability to Pay</li> <li>❖ Free</li> <li>❖ Sliding Scale Fee</li> <li>❖ Private Insurance</li> </ul>		<ul style="list-style-type: none"> <li>❖ LCSW-C</li> <li>❖ LCPC</li> </ul>	English <b>Interpreter:</b> On-call <b>Translator:</b> No
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> </ul>		<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> </ul>	
		<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Case Management</li> <li>❖ Certified Trauma Therapy</li> <li>❖ CBT</li> <li>❖ Evidenced Based Practice</li> <li>❖ Family Counseling</li> </ul>	

## Dorchester County Health Department School-Based Mental Health Services

- |                          |                                |  |
|--------------------------|--------------------------------|--|
| ❖ Chronic Mental Illness | ❖ Sexual Assault / Rape        | ❖ Individual Counseling                  |
| ❖ Co-Occurring           | ❖ Stress                       | ❖ Mental Health Evaluation and Treatment |
| ❖ Complex Trauma         | ❖ Trauma                       | ❖ Mindfulness Based Therapy              |
| ❖ Depression             | ❖ Victims of Human Trafficking | ❖ Trauma-Focused CBT                     |
| ❖ Domestic Violence      |                                |  |
| ❖ Eating Disorders       |                                |  |

The Dorchester County Wellness Center Program is dedicated to promoting accessible, quality school-based care for children and youth. This includes mental health services in the four schools with full Wellness Centers (CSDHS, MLMS, NDHS, NDMS) and two elementary schools.

# Small Group Practices & Private Behavioral Health Services

Bee Well Holistic Healing and Mental Health				
Address	Contact	Hours	Counties Served	Ages
3 N. Harrison Street Suite 200 Easton, MD 21601	<b>Phone:</b> 410-758-8750 <b>Fax:</b> 410-758-8751 <b>Website:</b> <a href="https://beewellholistichealing.com/">https://beewellholistichealing.com/</a>	Appointment Only	Caroline, Dorchester, Kent, Queen Anne's, Talbot <b>All Residents of Maryland</b>	All
Payment Accepted		Provider Type		Language
❖ Blue Cross Blue Shield	❖ CareFirst ❖ Self-Pay	❖ Sliding -Scale Fee	❖ LCSW-C ❖ LCPC	❖ LMSW ❖ PNP English
Treatment Specialties		Services Provided		
❖ ADHD	❖ Domestic Violence	❖ Adult Assessment	❖ Marriage Counseling	
❖ Anxiety / Phobias	❖ Family/ Relationship Issues	❖ Adult Bonding/ Attachment Issues	❖ Mental Health Evaluation and Treatment	
❖ Behavioral Disorders	❖ Life transitions	❖ Art Therapy	❖ Motivational Interviewing	
❖ Bereavement and Grief	❖ Mood Disorders	❖ Behavioral Modification	❖ Older Adults/ Aging Services	
❖ Bipolar Disorder	❖ OCD	❖ Bereavement and Grief Counseling	❖ Parent Counseling	
❖ Chronic Mental Illness	❖ Postpartum Depression	❖ CBT	❖ Parts Work	
❖ Complex Trauma	❖ PTSD	❖ Certified Trauma Therapy	❖ Play Therapy	
❖ Co-Occurring	❖ Self-Injurious Behaviors	❖ Child and Family Services	❖ Psychiatric Assessment	
❖ Depression	❖ Sexual Assault/ Rape	❖ Couples and Relationship Counseling	❖ Psychological Services for Cancer Patients and Caregivers	
❖ Disordered Eating	❖ Sexual Disorders	❖ Dialectical Behavioral Therapy	❖ Reiki	
❖ Divorce	❖ Stress	❖ EAP	❖ Referrals – Assessment, Treatment, and Medication Management	
	❖ Substance Use	❖ Educational Workshops	❖ Same Day Access	
	❖ Trauma	❖ EMDR	❖ Sensory Motor Psychotherapy	
		❖ Evidence Based Practice	❖ Social Work	
		❖ Family Counseling	❖ Solution Focused	
		❖ General Counseling	❖ Telehealth Services	
		❖ General Mental Health Education	❖ Trauma-Focused CBT	
		❖ Geriatric Assessment and Counseling	❖ Treatment for Adult Children of Alcoholics	
		❖ Individual Counseling	❖ Yoga Therapy	

## Bee Well Holistic Healing and Mental Health



Bee Well is a holistic healing and mental health group practice. We focus on helping you achieve your goals through a holistic lens. Alternative healing practices such as yoga, reiki, mindfulness and meditation are used in conjunction with more traditional modalities like EMDR, sensory-motor psychotherapy, CBT, and motivational interviewing to help you create change. We believe in cultivating a comfortable environment that feels like home to promote healing. Bee Well knows the value of relationships in therapy and takes special care to match each client with the therapist who can best help them. Reach out today for a free 20- minute consultation.

### Brenda C. Scribner, MD

Address	Contact	Hours
10 S. Hanson St. Suite 5 Easton, MD 21601	<b>Phone:</b> 331-223-9262 <b>Fax:</b> 866-266-4480 <b>Email:</b> Brenda.Scribner@gmail.com	Mon. – Fri. 8:30 a.m. to 4:30 p.m.
Payment Accepted	Provider Type	Language
❖ Self-Pay ❖ Sliding Scale Fee for pregnant and postpartum women	❖ MD	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anxiety / Phobias</li> <li>❖ Bipolar Disorder</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Eating Disorders</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ PTSD</li> <li>❖ Relationship Issues</li> <li>❖ Sexual Disorders</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ EMDR</li> <li>❖ Family Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Life Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Parent Counseling</li> <li>❖ Private Psychotherapy</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Medication Services</li> </ul>	

### Catherine Molz, LCSW-C

Address	Contact	Hours
104 S. Cross St. Chestertown, MD 21620 <b>Mailing:</b> P.O. Box 193 Worton, MD 21678	<b>Phone:</b> 410-778-0234 <b>Fax:</b> 410-778-2665 <b>Email:</b> catherinewmolz@msn.com <b>Website:</b> <a href="https://www.topnpi.com/md1902873508/dr-catherine-molz">https://www.topnpi.com/md1902873508/dr-catherine-molz</a>	By appointment only
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ PTSD</li> <li>❖ Sexual Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Life Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Parent Counseling</li> </ul>	

### Catherine Molz, LCSW-C

<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Eating Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Substance Use /Dependence</li> <li>❖ Relationship Issues</li> </ul>	<ul style="list-style-type: none"> <li>❖ Couples / Relationship Counseling</li> <li>❖ EMDR</li> <li>❖ Family Counseling</li> <li>❖ Individual Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Private Psychotherapy</li> </ul>
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### Chesapeake Counseling, LLC – Catherine Cripps, LCPC, LCPAT

Address	Contact	Hours	
506 Goldsborough St. Easton, MD 21601	<b>Phone:</b> 410-819-8832 <b>Email:</b> cscripps410@gmail.com	Mon. – Thurs. 9 a.m. to 7 p.m. Fri. 9 a.m. to 12 p.m.	
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Medicare</li> <li>❖ Private Insurance</li> </ul>		<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCPAT</li> <li>❖ LCPC</li> </ul> <p>English <b>Interpreter:</b> No <b>Translator:</b> No</p>
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Depression</li> <li>❖ Eating Disorders</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> </ul>	<ul style="list-style-type: none"> <li>❖ Art Therapy</li> <li>❖ Behavioral Therapy</li> <li>❖ CBT</li> <li>❖ Continuum of verbal and non-verbal Processing for ages 6 and up</li> <li>❖ EFT</li> <li>❖ EMDR</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> </ul>		
	<ul style="list-style-type: none"> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Psycho Educational Groups</li> <li>❖ Trauma Informed Care</li> <li>❖ Veteran Services</li> </ul>		

### Creative Space Child Therapy


Address	Contact	Hours	Counties	Ages
5304 Cedar Dr. Cambridge, MD 21613	<b>Phone:</b> 410-929-7427 <b>Email:</b> lkgray@creativespacechildtherapy.org <b>Website:</b> <a href="http://www.sites.google.com/view/creativespacechildtherapy-org">www.sites.google.com/view/creativespacechildtherapy-org</a>	Mon. - Sat. 10 a.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-12
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> </ul>		<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ MCHP</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul> <p>English <b>Interpreter:</b> On Call <b>Translator:</b> No</p>	
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Autism Spectrum</li> <li>❖ Behavioral Disorders</li> </ul>		<ul style="list-style-type: none"> <li>❖ Bereavement and Grief Counseling</li> <li>❖ PTSD</li> <li>❖ Stress</li> <li>❖ Trauma</li> </ul>		
		<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ DBT</li> <li>❖ Mental Health Evaluation and Treatment</li> </ul>		
		<ul style="list-style-type: none"> <li>❖ Parent Counseling</li> <li>❖ Parent Education Groups</li> <li>❖ Play Therapy</li> <li>❖ Therapeutic Drumming</li> <li>❖ Trauma-Focused CBT</li> </ul>		

Creative Space Child Therapy, LLC provides specialized infant and early childhood mental health therapeutic services for children in the form of play therapy, filial therapy, cognitive behavior therapy, parenting classes, and consultation/coaching. Therapist utilizes evidence-based practices to support attachment related concerns, impacts of trauma and social emotional delays as appropriate.

## Discovery Serenity Counseling Services

Address		Contact	Hours	
<b>Chestertown:</b> 115 S. Lynchburg St. Ste E, Chestertown, MD 21620 <b>Easton</b> 29509 Canvasback Dr. Ste 207, Easton, MD 21601		<b>Elizabeth Zachik, LCPC</b> <b>Phone:</b> 443-331-4708 <b>Email:</b> EZachik@DiscoveringSerenity.com <b>Website:</b> <a href="http://www.DiscoveringSerenity.com">www.DiscoveringSerenity.com</a>	By appointment	
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> <li>❖ Cigna</li> <li>❖ Aetna</li> <li>❖ Care First</li> <li>❖ United Healthcare</li> <li>❖ Optum</li> </ul>		<ul style="list-style-type: none"> <li>❖ Tricare East</li> <li>❖ Anthem</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ Evernorth</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW-C</li> <li>❖ CC-TP</li> <li>❖ GC-C</li> <li>❖ APC</li> <li>❖ LGPC</li> <li>❖ MS</li> <li>❖ LCPC</li> <li>❖ LMSW</li> <li>❖ Interns</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety</li> <li>❖ Depression</li> <li>❖ Religious communities</li> <li>❖ Grief</li> <li>❖ General Mental Health</li> </ul>		<ul style="list-style-type: none"> <li>❖ Life Altering Experiences</li> <li>❖ Medical Diagnoses</li> <li>❖ School Based</li> <li>❖ Stress</li> </ul>		
		<ul style="list-style-type: none"> <li>❖ In Office Sessions</li> <li>❖ Faith Based Counseling</li> <li>❖ Grief Counseling</li> <li>❖ Telehealth</li> </ul>	<ul style="list-style-type: none"> <li>❖ School Based Therapy: Kent, Queen Anne's, and Dorchester Counties</li> </ul>	

## Evergreen Therapy

Address	Contact	Hours	Counties	Ages
605 Main Street, Suite 205, Stevensville, MD 21666	<b>Amy Bennett</b> <b>Phone:</b> 410-808-1083 <b>Email:</b> abennett@evergreentherapyinc.com	M-F 10 a.m. - 8 p.m.	Queen Anne's, Talbot	4-100
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Aetna (Pending)</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> </ul>		<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LGPC</li> <li>❖ NCC</li> <li>❖ CTP</li> <li>❖ Doctoral Candidate</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Trauma</li> </ul>		<ul style="list-style-type: none"> <li>❖ Clinical Mental Health Counseling</li> <li>❖ Counseling</li> <li>❖ Integrative Psychotherapy</li> </ul>		
		<p>Evergreen Therapy provides integrative clinical mental health counseling for individuals, couples, families, and small groups. Counseling is provided from an eclectic theoretical perspective with an emphasis in existential and cognitive-behavioral theory.</p> <p>At Evergreen, we believe holistic treatment is the most efficacious mode of therapy. Thus, a client's wellness is addressed inclusive of biological, psychological, social, and spiritual factors.</p>		

## Every Voice Counts Rehabilitation Services, LLC

Address	Contact	Hours
9 S. Harrison Street, Office A & B, Easton, MD 21601	<b>Michelle Moaney</b> <b>Phone:</b> 410 924-7912	Monday thru Saturday 10:00 am to 6:00 pm
Payment Accepted	Provider Type	Language
❖ Public Behavioral Health (Medicaid) ❖ Uninsured Eligible	❖ Case Manager ❖ LCSW-C ❖ LMSW ❖ Psych Rehab Staff	English <b>Interpreter:</b> No <b>Translator:</b> Yes
Ages served	Services Provided	
❖ 5-63	❖ General Counseling      ❖ Psychiatric Rehabilitation Program (On and Off site)	



**EVCRS**  
Every Voice Counts Rehabilitation Services

## G.W. Associates – Gail J. Weissert, LCSW-C

Address	Contact	Hours
23627 Willow Pond Rd. Denton, MD 21629	<b>Phone:</b> 410-479-0434 <b>Fax:</b> 410-479-2723 <b>Email:</b> weissert.gail@gmail.com <b>Website:</b> <a href="http://www.gweissert.com">www.gweissert.com</a>	Mon. and Thur. 8 a.m. to 5 p.m. Tue. and Wed. 8 a.m. to 9 p.m.
Payment Accepted	Provider Type	Language
❖ EAP ❖ Medicare	❖ Private Insurance ❖ Self-Pay	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	
❖ Anxiety / Phobias ❖ ADHD ❖ Depression ❖ Eating Disorders ❖ PTSD	❖ Anger Management Counseling      ❖ Hypnotherapy ❖ Behavioral Treatment                      ❖ Individual Counseling ❖ CBT    ❖ Marriage Counseling ❖ EFT    ❖ Mental Health Evaluation and Treatment ❖ Family Counseling                              ❖ Older Adults / Aging Services ❖ General Counseling                              ❖ Trauma informed	

## Julie Parsons, LCSW-C

Address	Contact	Hours
7675 Tred Avon Cir. Easton, MD 21601	<b>Phone:</b> 202-641-3465 <b>Email:</b> julie4therapy@gmail.com <b>Website:</b> <a href="http://www.julie4therapy.com">www.julie4therapy.com</a>	Hours vary depending on client needs
Payment Accepted	Provider Type	Language
❖ Blue Cross Blue Shield ❖ Self-Pay	❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	



### Julie Parsons, LCSW-C

- ❖ Anxiety / Phobias
- ❖ Depression
- ❖ Eating Disorders

- ❖ CBT
- ❖ EFT
- ❖ Individual Counseling
- ❖ Psychodynamic Psychotherapy

### Katharine Petzold, LCSW-C

Address	Contact	Payment Accepted	Provider Type	Language
3 North Harrison St. Suite 206 Easton, MD 21601	<b>Phone:</b> 410-819-2150 <b>Email:</b> klp@klptherapy.com <b>Website:</b> <a href="http://www.klptherapy.com">www.klptherapy.com</a>	<ul style="list-style-type: none"> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>	❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Depression</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> </ul>		<ul style="list-style-type: none"> <li>❖ CBT</li> <li>❖ General Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Telepsychiatry/Telemental Health</li> <li>❖ Trauma Informed</li> </ul>		

### Kaitlin M. Waldrip, LCSW-C

Address	Contact	Hours	Payment Accepted	Provider Type	Language
5 E. Earle Ave. Easton, MD 21601	<b>Phone:</b> 443-786-0073 <b>Email:</b> kwaldrip@goeaston.net <b>Website:</b> <a href="http://www.kwaldriptherapy.com">www.kwaldriptherapy.com</a>	Mon. – Tues. 8 a.m. to 9 p.m. Thur. 10 a.m. to 9 p.m. Fri. 8 a.m. to 5 p.m.	<ul style="list-style-type: none"> <li>❖ Private Insurance</li> <li>❖ Self-Pay</li> </ul>	❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided			
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Depression</li> <li>❖ Eating Disorders</li> </ul>		<ul style="list-style-type: none"> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Sexual Disorders</li> <li>❖ Relationship Issues</li> <li>❖ Adult Bonding / Attachment Issues</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Crime Victim / Witness Counseling</li> <li>❖ EMDR</li> <li>❖ General Counseling</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Private Psychotherapy</li> <li>❖ Trauma Informed</li> </ul>			

### Kim Chase, LCSW-C

Address	Contact	Hours	Counties	Ages
Telehealth only	<b>Phone:</b> 410-725-6965 <b>Email:</b> Kimchase.associates@gmail.com <b>Website:</b> <a href="https://kimchase-lcswc.com/">https://kimchase-lcswc.com/</a>	Mon. -Thurs. 10 a.m. to 3 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, All MD Counties	21-71+

## Kim Chase, LCSW-C

Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> </ul>	<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Bereavement and Grief</li> <li>❖ Depression</li> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ Stress</li> <li>❖ Trauma</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Therapy</li> <li>❖ CBT</li> <li>❖ General Counseling</li> <li>❖ Geriatric Counseling</li> <li>❖ Individual Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Life Coaching – Adult</li> <li>❖ Life Counseling</li> <li>❖ Private Psychotherapy</li> <li>❖ Solution Focused</li> <li>❖ Telehealth Services</li> </ul>	
Kim Chase strives to offer compassionate, nonjudgmental care.			

## Lighthouse Christian Counseling LLC

Address	Contact	Hours	Counties	Ages
605 Main St. Suite 203 Stevensville, MD 21666	<b>Phone:</b> 410-758-4800 <b>Fax:</b> 443-262-9697 <b>Email:</b> <a href="mailto:Juliehickson@lclightingtheway.com">Juliehickson@lclightingtheway.com</a> <b>Website:</b> <a href="http://www.Lclightingtheway.com">www.Lclightingtheway.com</a>	Mon. – Fri. 10 a.m. to 6 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	6-71+
Payment Accepted			Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> </ul>	<ul style="list-style-type: none"> <li>❖ EAP</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ United Healthcare</li> </ul>		<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> <li>❖ Eating Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Hoarding Behaviors</li> <li>❖ Mood Disorders</li> <li>❖ Postpartum Depression</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Stress</li> <li>❖ Trauma</li> <li>❖ Victims of Human Trafficking</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Modification/ Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Christian / Pastoral Counseling</li> <li>❖ Couples and Relationship Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ EAP</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Internet Access</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Parent Counseling</li> <li>❖ Telehealth Services</li> </ul>	

## Manuel L. Morales, PhD

Address		Contact	Hours		
116 Sout Piney Rd. Chester, MD 21619		<b>Phone:</b> 410-643-8077 <b>Fax:</b> 410-643-3777	Tues. and Thurs. 3 p.m. to 8 p.m.		
Payment Accepted			Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> </ul>			<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ PhD</li> </ul>	English <b>Interpreter:</b> Yes - Spanish <b>Translator:</b> No
Treatment Specialties		Services Provided			
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> </ul>		<ul style="list-style-type: none"> <li>❖ Depression</li> <li>❖ PTSD</li> <li>❖ TBI</li> <li>❖ Behavioral Treatment</li> <li>❖ CBT</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Psychological Testing</li> </ul>			


## Martha Gale Tucker, LCSW-C

Address		Contact	Hours	Counties Served	Ages	
408 Pear Tree Point Rd. Chestertown, MD 21620		<b>Phone:</b> 410-310-8414 <b>Email:</b> gale@chesarch.com	Mon., Tue., Wed. 9 a.m. to 5 p.m. Thur. 9 a.m. to 12 p.m.	Caroline, Kent, Queen Anne's, Talbot	6-71+	
Payment Accepted			Provider Type	Language		
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> </ul>			<ul style="list-style-type: none"> <li>❖ Humana</li> <li>❖ Johns Hopkins</li> <li>❖ Medicare</li> <li>❖ Self-Pay</li> </ul>	<ul style="list-style-type: none"> <li>❖ Sliding Scale Fee</li> <li>❖ Tricare</li> <li>❖ United Healthcare</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided				
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Depression</li> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> </ul>		<ul style="list-style-type: none"> <li>❖ Behavioral Therapy / Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Couples and Relationship Counseling</li> <li>❖ General Counseling</li> <li>❖ Geriatric Counseling</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Life Counseling</li> <li>❖ Marriage Counseling</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Parent Counseling</li> <li>❖ Postpartum Depression</li> <li>❖ Stress Management</li> <li>❖ Telehealth Services</li> </ul>				
Martha Gale Tucker's mission is to help individuals, families and couples get through difficult times with positive coping skills.						

## New Transitions, Inc

Address		Contact	Hours
8221 Teal Drive SUITE 405 Easton, MD 21601		<b>Phone:</b> 240-565-9306 <b>Email:</b> information@newtransitionsmd.com <b>Website:</b> <a href="https://newtransitions.com">https://newtransitions.com</a>	9 A.M. – 6 P.M.
Payment Accepted		Provider Type	Counties
<ul style="list-style-type: none"> <li>❖ Advantage</li> <li>❖ Aetna</li> <li>❖ Alterwood</li> <li>❖ CareFirst BCBS</li> </ul>		<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Self-Pay</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ CRNP</li> <li>❖ LCSW-C</li> <li>❖ LMSW</li> </ul>	Caroline, Dorchester, Kent, Queen Anne's, Talbot

## New Transitions, Inc

❖ Cigna ❖ Claimsbridge ❖ Maryland Medicaid	❖ Private Insurance ❖ Tricare East United Health Care		
Treatment Specialties		Services Provided	Ages
❖ ADHD ❖ Anxiety ❖ Bariatric Evaluations ❖ Chronic Medical Conditions ❖ Conflict Resolution ❖ Depression	❖ Eating Disorders ❖ Geriatrics ❖ Grief ❖ Mood Disorders ❖ PTSD ❖ Spinal Stimulator Evaluations ❖ Trauma	❖ Behavioral and Mental Health Services ❖ Behavior Modification ❖ Cognitive Behavioral Therapy ❖ Dialectical Behavior Therapy ❖ Family Therapy ❖ Life Skills ❖ Motivational Interviewing ❖ Outpatient Mental Health Therapy (Psychotherapy) ❖ Strength Based Approaches	5-105
	<p>Our experience enables us to offer effective outpatient, individualized, psychotherapy. We treat a number of mental health disorders and provide neutral ground for individuals, families, and couples. Our focus is to help individuals heal, energize, and become aware of their inner strengths. We achieve this by providing a neutral safe space, listening to your concerns, and customizing a treatment plan.</p>		

## Paul J. Washo, LCSW-C

Address	Contact	Hours	Counties	Ages
770 Port St. Easton, MD 21601	<b>Phone:</b> 410-819-8272 <b>Fax:</b> 410-763-8758 <b>Email:</b> mycoachpaul@comcast.net	By appointment 2 p.m. to 7p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-71+
Payment Accepted		Provider Type	Language	
❖ EAP ❖ Self-Pay		❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties		Services Provided		
❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Mood Disorders ❖ PTSD ❖ Stress		❖ Behavioral Treatment ❖ Couples and Relationship Counseling ❖ EAP ❖ Evidenced Based Practice ❖ Individual Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Family Support and Referrals ❖ Life Coaching – Adult ❖ Life Counseling ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Private Psychotherapy ❖ Telehealth Services		
Solutions-focused, strengths-based therapist offering a continuum of care including client-centered, solutions-focused, private Psychotherapy and Life Coaching services. Solutions-Focused Interventions tailored to individual and couple needs.				

## R Hutchison Behavioral Health & Consultation Services

Address	Contact	Hours	Counties	Ages	
8221 Teal Dr. Suite 429 Easton, MD 21601	<b>Phone:</b> 410-253-2824 <b>Fax:</b> 855-273-7002 <b>Email:</b> r.hutchisonLLC@outlook.com	Varies – call for more information	Talbot	0-70	
Payment Accepted			Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Medicare</li> </ul>		<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>		<ul style="list-style-type: none"> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties		Services Provided			
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Complex Trauma</li> <li>❖ Depression</li> </ul>		<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ Postpartum Depression</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Stress</li> <li>❖ Trauma</li> <li>❖ Victims of Human Trafficking</li> </ul>			
		<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Child and Family Services</li> <li>❖ CBT</li> <li>❖ EFT</li> <li>❖ Evidenced Based Practice</li> <li>❖ General Mental Health Information/Education</li> <li>❖ Individual Counseling</li> </ul>			
		<ul style="list-style-type: none"> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> <li>❖ LGBTQ+ Family Support and Referrals</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Play Therapy</li> <li>❖ Private Psychotherapy</li> <li>❖ Telehealth Services</li> <li>❖ Trauma-Focused CBT</li> </ul>			
Our mission is to provide mental health treatment that is individually tailored to each person's need.					

## Rhythmic Foundations, LLC – Amanda McEntegart, MT-BC

Address	Contact	Hours	Payment	Provider	Language
Call for Information	<b>Phone:</b> 410-829-9281 <b>Email:</b> info@rfmusictherapy.com	Call for Information	<ul style="list-style-type: none"> <li>❖ LLC Network Provider</li> <li>❖ Private Pay</li> </ul>	❖ MT-BC	English <b>Interpreter:</b> No <b>Translator:</b> No
Rhythmic Foundations, LLC's goal is to provide that foundation for individuals to accomplish various goals to maintain and enhance quality of life.					

## Stevi L Hicks Saathoff, LCPC, LLC

Address	Contact	Hours	Ages
29466 Pintail Drive Unit 4 Easton, MD 21601	<b>Phone:</b> 410.541.6816	All of Maryland via Telehealth	14+
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Behavioral Disorders,</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> </ul>		<ul style="list-style-type: none"> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Postpartum Depression</li> <li>❖ Stress</li> </ul>	
		<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Anger Management Counseling</li> <li>❖ Behavioral Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Christian / Pastoral Counseling</li> <li>❖ EAP</li> <li>❖ Evidenced Based Practice</li> <li>❖ Family Therapy</li> </ul>	
		<ul style="list-style-type: none"> <li>❖ LGBTQ+ Issues</li> <li>❖ Life Stage Aging</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Motivational Interviewing</li> <li>❖ Private Psychotherapy</li> <li>❖ Psychological Services for Cancer Patients and Caregivers</li> </ul>	

## Stevi L Hicks Saathoff, LCPC, LLC

❖ Family / Relationship Issues	❖ Trauma.	❖ General Counseling General Mental Health ❖ Information and Education ❖ Individual Counseling	❖ Referrals - for Medication Management ❖ Telehealth Services
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My passion is to help clients navigate life's bends, twists, turns and challenges, in a welcoming, safe, judgement free environment. I use a person-centered and eclectic approach, to help you develop solutions, build on your strengths, and prepare to master whatever life throws your way. Although, my primary focus is Person-Centered. I utilize best facets of various other theoretical approaches, like CBT, REBT, Strength Based, Mindfulness, and Solution Focused Therapies. My goal is to find the approach that best meets the needs of my client. Together with my clients, we develop treatment goals to prepare my clients with the skills they need. Collaboratively we develop, implement and build confidence utilizing those skills for coping, responding, and navigating life's complexities.

## Susan Knade, LCSW-C Counseling & Therapy

Address	Contact	Hours	Ages
121a N. West Street Easton, MD 21601	<b>Phone:</b> 410-310-6215 <b>Email:</b> <a href="mailto:therapy@susanknade.com">therapy@susanknade.com</a> <b>Website:</b> <a href="http://Susanknade.com">Susanknade.com</a>	By Appointment Only – In person and Telehealth	Individuals, Couples & Families Ages 12-90

Payment Accepted	Provider Type	Language
❖ Self-Pay ❖ CareFirst ❖ Blue Cross Blue Shield	❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Addictions</li> <li>❖ Depression and Anxiety</li> <li>❖ Codependency in Families</li> <li>❖ ADHD</li> <li>❖ Grief</li> <li>❖ Parenting</li> <li>❖ PTSD</li> <li>❖ Personality Disorders</li> <li>❖ Bipolar Disorders</li> <li>❖ Life Transitions &amp; End of Life Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Person Centered, Solution Focused Intuitive Psychotherapy</li> <li>❖ Level 1 Trauma Certification</li> <li>❖ Invitation to Change approach for Families with a Loved One Using Substances Certified</li> <li>❖ Emotionally Focused Therapy for Couples</li> <li>❖ Dialectical Behavior Therapy</li> <li>❖ Motivational Interviewing and CBT</li> <li>❖ Internal Family Systems</li> <li>❖ Mindfulness Practice</li> </ul>



Susan Knade Counseling & Therapy is a private therapy and counseling practice in Easton, Maryland. After years of working with clients in a number of mental wellness areas, Susan's focus is to help clients find clarity and healing through individualized therapy solutions.

Here, the goal is to help clients see their own lives with clarity and to emerge with strength, hope, and a clear path forward.

## The Visiting Counselor, Lisa May, LCSW-C

Address		Contact	Hours
27203 Chipmans Ln. Federalsburg, MD 21632		<b>Phone:</b> 410-754-9141 <b>Email:</b> thevisitingcounselor@gmail.com	Mon. – Fri. by appointment only No Office Visits
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Medicare</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>		<ul style="list-style-type: none"> <li>❖ CT - Grief</li> <li>❖ LCSW-C</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Depression</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> </ul>	<ul style="list-style-type: none"> <li>❖ Bereavement and Grief Counseling</li> <li>❖ CBT</li> <li>❖ Disability Related Counseling</li> <li>❖ Family Counseling</li> <li>❖ General Mental Health Information/Education</li> <li>❖ Geriatric Assessment</li> <li>❖ Individual Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Trauma Informed</li> </ul>		
The Visiting Counselor provides house calls for individuals and their families dealing with chronic or terminal illness.			

## Valerie Lamont, PhD, LCPC

Address		Contact	Hours
114 N. Washington St. Room 30 Easton, MD 21601		<b>Phone:</b> 410-819-0001 <b>Fax:</b> 410-819-0001 <b>Email:</b> docval114@aol.com	Wed., Thur., Fri. 9 a.m. to 3 p.m. Sat. morning by appointment
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Private Insurance</li> </ul>		<ul style="list-style-type: none"> <li>❖ LCPC</li> <li>❖ PhD</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Anger Management Counseling</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Therapy / Treatment</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Bipolar Disorder</li> <li>❖ Career Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ CBT</li> <li>❖ Depression</li> <li>❖ EAP Referrals</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ Personality Disorders</li> <li>❖ Relationship Issues</li> <li>❖ Geriatric Counseling</li> <li>❖ Individual Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Life Stage Aging</li> <li>❖ Marriage Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> </ul>		

# Substance-Related Disorders & Addiction Services

## A.F. Whitsitt Center

A.F. Whitsitt Center				
Address	Contact	Hours	Counties Served	Ages
300 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 410-778-6404 <b>Fax:</b> 855-719-2502 <b>Email:</b> whitadmin@maryland.gov <b>Website:</b> <a href="http://www.kenthd.org">www.kenthd.org</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, & Other Maryland Counties	18-71+
Payment Accepted		Provider Type		Language
❖ CareFirst ❖ Grant Funds ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Uninsured Eligible	❖ ADT ❖ CAC-AD ❖ CHOW ❖ CRNP ❖ LMSW	❖ CRNP-PMH ❖ DCA/CAN ❖ LCADC ❖ LCSW-C ❖ MD ❖ Nurse ❖ Peer Support Specialist ❖ RN	English <b>Interpreter:</b> Yes <b>Translator:</b> On call
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Benzodiazepine Use</li> <li>❖ Bipolar Disorder</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Opiate Use</li> <li>❖ Physical Disabilities</li> <li>❖ Painkiller Use</li> <li>❖ PTSD</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Aftercare Planning</li> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Anger Management Counseling</li> <li>❖ Art Therapy</li> <li>❖ Behavioral Treatment</li> <li>❖ Buprenorphine</li> <li>❖ CBT</li> <li>❖ Court Ordered SUD In-patient Treatment</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Crisis Residential Treatment - Substance Use</li> <li>❖ Detoxification</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ Evidence Based Practice</li> <li>❖ Exercise</li> <li>❖ Family Counseling</li> <li>❖ General Counseling</li> <li>❖ General Mental Health Information / Education</li> </ul>	<ul style="list-style-type: none"> <li>❖ Group Counseling</li> <li>❖ Health Improvement Programs</li> <li>❖ Individual Counseling</li> <li>❖ Interactive Groups</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Life Skills Training</li> <li>❖ Limited Physical Disability Capable</li> <li>❖ MAT</li> <li>❖ Men's Group</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Methadone</li> <li>❖ Motivational Interviewing</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Nurse Monitoring</li> <li>❖ Peer Support</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Medication Services</li> </ul>	<ul style="list-style-type: none"> <li>❖ Recovery Support Groups</li> <li>❖ Relapse Prevention</li> <li>❖ Residential Treatment</li> <li>❖ Social Learning</li> <li>❖ Solution Focused</li> <li>❖ Suboxone</li> <li>❖ Substance Use Inpatient (&lt;30 days and &lt;60 days)</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days and &lt;60 days)</li> <li>❖ Subutex</li> <li>❖ Tobacco Cessation</li> <li>❖ Trauma Informed CBT</li> <li>❖ Veteran Services</li> <li>❖ Vivitrol</li> <li>❖ Walk-In</li> <li>❖ Withdrawal Management</li> <li>❖ Women's Group</li> </ul>	



## A.F. Whitsitt Center

The A.F. Whitsitt Center (AFWC) is an Intermediate Care Facility for individuals experiencing substance use and/or mental health disorders. AFWC's mission is to help those affected by behavioral health disorders achieve a better quality of life through prevention, intervention, comprehensive treatment, and recovery support services. AFWC is CARF accredited and provides a continuum of care, including medically monitored detox, inpatient residential treatment, and Medication Assisted Treatment (MAT). The facility also offers crisis/stabilization beds through the State Opioid Response grant in collaboration with MSBH and BHA.

## Anne Arundel Counseling, Inc.

Address	Contact	Hours
<ul style="list-style-type: none"> <li>❖ 7310 Ritchie Highway Ste. 1009 Glen Burnie, MD 21061</li> <li>❖ 633 Railroad Ave. Centreville, MD 21617</li> <li>❖ 101 Log Canoe Circle Ste. C-3 Stevensville, MD 21666</li> </ul>	<b>Phone:</b> 410-768-5988 <b>Fax:</b> 410-768-5989 <b>Email:</b> <a href="mailto:info@annearundelcounseling.com">info@annearundelcounseling.com</a> <b>Website:</b> <a href="http://www.annearundelcounseling.com">www.annearundelcounseling.com</a>	Mon. – Fri. 8 a.m. to 9 p.m. Sat. 8 a.m. to 5 p.m.

Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Substance Use /Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Behavioral Therapy / Treatment</li> <li>❖ Case Management</li> <li>❖ Crisis intervention</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ Emergency Department Care Coordination</li> <li>❖ Mental Health &amp; Substance Use Services</li> </ul>	<ul style="list-style-type: none"> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Peer Support</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Substance Use Outpatient</li> <li>❖ Veteran Services</li> </ul>

See a complete listing of Anne Arundel Counseling's services on page 9.

## Avenues Recovery Center at Eastern Shore

Address	Contact	Hours	Counties	Ages
821 Fieldcrest Rd. Cambridge, MD 21613	<b>Phone:</b> 410-673-4600 <b>Fax:</b> 443-684-2312 <b>Email:</b> <a href="mailto:admissionsesmd@avenuesrecovery.com">admissionsesmd@avenuesrecovery.com</a> <b>Website:</b> <a href="http://www.avenuesrecoverymaryland.com">www.avenuesrecoverymaryland.com</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	18 - 71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ Johns Hopkins</li> </ul>	<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Tricare</li> <li>❖ UMR</li> <li>❖ United Healthcare</li> </ul>	English <b>Interpreter:</b> No <b>Translator:</b> No

Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Benzodiazepine Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Anger Management Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Exercise</li> <li>❖ Family Counseling</li> <li>❖ Family Peer Support</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ Psychiatric Case Management</li> <li>❖ Recovery Support Groups</li> <li>❖ Relapse Prevention</li> <li>❖ Residential Treatment</li> <li>❖ Suboxone</li> </ul>

## Avenues Recovery Center at Eastern Shore

<ul style="list-style-type: none"> <li>❖ Bipolar Disorder</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Heroin Use</li> <li>❖ Opiate Use</li> <li>❖ Painkiller Use</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Art Therapy</li> <li>❖ Behavioral Treatment</li> <li>❖ Case Management</li> <li>❖ CBT</li> <li>❖ Certified Trauma Therapy</li> <li>❖ Clinical Group Practice</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Crisis Residential Treatment –</li> <li>❖ Substance Use</li> <li>❖ DBT</li> <li>❖ Detoxification</li> <li>❖ Discharge Planning</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ Educational Workshops</li> <li>❖ EFT</li> <li>❖ Emotional Regulation Therapy</li> <li>❖ Equine Assisted Therapy</li> <li>❖ Evidenced Based Practice</li> </ul>	<ul style="list-style-type: none"> <li>❖ LGBTQ+ Family Support and Referrals</li> <li>❖ Life Counseling</li> <li>❖ Life Skills Training</li> <li>❖ MAT</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Methadone</li> <li>❖ Mindfulness Based Therapy</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Partial Hospitalization</li> <li>❖ Peer Support</li> <li>❖ Program Transportation</li> <li>❖ Psychiatric Assessment</li> </ul>	<ul style="list-style-type: none"> <li>❖ Substance Use Disorder Evaluation and Treatment</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Inpatient (&lt;30 days and &lt;60 days)</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days and &lt;60 days)</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Substance Use Outpatient</li> <li>❖ Substance Use Partial Hospitalization</li> <li>❖ Subutex</li> <li>❖ Trauma-Focused CBT</li> <li>❖ Vivitrol</li> <li>❖ Withdrawal Management</li> </ul>
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Avenues Recovery is a place where individuals with addictions redefine their lives as they journey through the process of recovery with the help of a dedicated team, individualized tools, and a supportive community.


## Balance Point

Address	Contact	Hours	Ages
408B N. Washington St. Easton, MD 21601	<b>Phone:</b> 443-786-2768 or 410-310-3403 <b>Fax:</b> 410-770-7176 <b>Email:</b> b.laznovsky@gmail.com	By appointment only	0-71+
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Crisis Residential Treatment - Substance Use</li> <li>❖ Detoxification</li> <li>❖ MAT</li> <li>❖ Peer Support</li> </ul>	<ul style="list-style-type: none"> <li>❖ Relapse Prevention</li> <li>❖ Substance Use Inpatient (&lt;30 days)</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days and &lt;60 days)</li> <li>❖ Withdrawal Management</li> </ul>	

See a complete listing of Balance Point's services on page 10.

## BNJ Health Services

Address	Contact	Hours
505 Dutchmans Ln. B-2 Easton, MD 21601	<b>Phone:</b> 410-763-9040 <b>Fax:</b> 410-763-9041	Mon. – Fri. 5 a.m. to 11 a.m. Sat. 6 a.m. to 9:30 a.m.
BNJ offers methadone maintenance, counseling, and referrals.		

Bowling Green Brandywine				
Address	Contact	Hours	Counties	Ages
1375 Newark Road, Kennett Square, PA 19348	Kennedy Hinman, Director of Business Development <b>Email:</b> kennedy.hinman@AcadiaHealthcare.com	24/7	All MD Counties	18+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Uninsured Eligible</li> <li>❖ Possible coverage under all insurance plans</li> </ul>		<ul style="list-style-type: none"> <li>❖ CAADC</li> <li>❖ CADC</li> <li>❖ CAC-AD</li> <li>❖ CADAC</li> <li>❖ CCADC</li> <li>❖ CCDP</li> <li>❖ CPC</li> <li>❖ CRNP</li> <li>❖ CRPS</li> <li>❖ CSC-AD</li> <li>❖ LCADC</li> <li>❖ LCMFT</li> <li>❖ LCPC</li> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> <li>❖ LGSW</li> <li>❖ LNP</li> <li>❖ MD</li> <li>❖ PA-C</li> <li>❖ PhD</li> <li>❖ PMH-APRN</li> <li>❖ PHHNP-BC</li> <li>❖ Doctor of Psychology</li> <li>❖ RN</li> </ul>		English
Treatment Specialties			Services Provided	
<ul style="list-style-type: none"> <li>❖ Co-Occurring Disorders</li> <li>❖ Medication Assisted Treatment</li> <li>❖ Specialty Women's Trauma Track</li> <li>❖ Spiritual/Christian Curriculum Available</li> <li>❖ Substance Use Disorders</li> </ul>			<ul style="list-style-type: none"> <li>❖ 24/7 Mobile Assessor Available</li> <li>❖ Aftercare Planning</li> <li>❖ Case Management</li> <li>❖ Complimentary Transportation Provided</li> <li>❖ Detoxification</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Partial Hospitalization</li> <li>❖ Peer Support</li> <li>❖ Residential Treatment</li> </ul>	
				

BrightView Health		
Address	Contact	Hours
402 Marvel Ct. Easton, MD 21601	<b>Phone:</b> 833-510-4357 (HELP) <b>Email:</b> R.harvey-Jones@Brightviewhealth.com <b>Website:</b> <a href="http://www.brightviewhealth.com">www.brightviewhealth.com</a>	5:30am - 2 pm (Walk-ins until 1pm)
Payment Accepted	Services Provided	
<ul style="list-style-type: none"> <li>❖ Medicaid</li> <li>❖ Medicare</li> <li>❖ Private Insurance</li> </ul>	<ul style="list-style-type: none"> <li>❖ Outpatient Addiction Treatment Program</li> </ul>	

## BrightView Health



Founded in 2015, BrightView provides comprehensive, evidence-based outpatient addiction treatment to thousands of patients in recovery from substance use disorder throughout Ohio, Kentucky, Virginia, North Carolina, Massachusetts, Maryland, Delaware and Arizona.

The organization's more than 80 centers provide a practical treatment approach that includes medication assisted treatment (MAT), individual counseling, group therapy, peer support, and wraparound social services, as well as work on co-occurring disorders. Locations are generally able to dispense medication on-site, which makes treatment comfortable and convenient for patients.

BrightView's compassionate and professional staff create an accessible and welcoming environment for physical and emotional healing. BrightView is committed to treating each patient with respect, providing positive reinforcement, and achieving long-term wellness. To learn more, please [brightviewhealth.com](http://brightviewhealth.com).

## Care Coordination by County

<b>Caroline</b> 410-479-8189	<b>Dorchester</b> 410-228-7714 ext. 108	<b>Kent</b> 443-282-4911	<b>Queen Anne's</b> 410-758-1306	<b>Talbot</b> 410-819-5602
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## Caroline Behavioral Health

Address	Contact	Hours	Counties
403 S. 7th St. Denton, MD 21629	<b>Phone:</b> 410-479-3800 or 410-479-1882 <b>Fax:</b> 410-479-0052 <b>Website:</b> <a href="http://www.carolinehd.org">www.carolinehd.org</a>	Mon. – Fri. 8 a.m. to 5 p.m. Mon., Tues., Thurs. evenings by appointment only	Caroline
Treatment Specialties		Services Provided	
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Opioid Use Disorder</li> <li>❖ Substance Use / Dependence</li> </ul>		<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ Care Coordination</li> <li>❖ Case Management</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Outpatient</li> </ul>	
See a complete listing of Caroline Behavioral Health's services on page 12.			

## Chester River Behavioral Health

Address	Contact	Hours
952 Washington Ave. Chestertown, MD 21620	<b>Phone:</b> 410-778-5550 <b>Fax:</b> 410-778-0984 <b>Email:</b> <a href="mailto:crbh@verizon.net">crbh@verizon.net</a> <b>Website:</b> <a href="http://www.chesterriverbehavioral.com">www.chesterriverbehavioral.com</a>	Mon., Thurs. 9 a.m. to 7 p.m. Tue. 9 a.m. to 8 p.m. Wed. 9 a.m. to 6 p.m. Fri. 9 a.m. to 5 p.m.
<ul style="list-style-type: none"> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> <li>❖ Drug Testing</li> </ul>		<ul style="list-style-type: none"> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Outpatient</li> <li>❖ Treatment for Adult Children of Alcoholics</li> </ul>
See a complete listing of Chester River's services on page 14.		

Corsica River Mental Health Services, Inc.				
Address	Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> <li>❖ 120 Banjo Ln. Centreville MD 21617</li> <li>❖ 403 High St. Cambridge MD 21613</li> <li>❖ 332 N. Main St. Feddersburg MD 21632</li> </ul>	<b>Phone:</b> 410-758-2211 <b>Fax:</b> 410-758-0698 <b>Email:</b> SchoonoverK@ccinonline.com <b>Website:</b> <a href="http://www.crmhsinc.com">www.crmhsinc.com</a>	Mon. 8 a.m. to 7 p.m. Tues. 8 a.m. to 6:30 p.m. Wed. 8 a.m. to 5 p.m. Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6+
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Benzodiazepine Use</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Opiate Use</li> <li>❖ Painkiller Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use /Dependence</li> <li>❖ Tobacco Use</li> <li>❖ Vaping Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ Care Coordination</li> <li>❖ Case Management</li> <li>❖ Court-Ordered Substance Use Testing</li> <li>❖ Discharge Planning</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ Resource Materials</li> <li>❖ School Based Mental Health and Substance Use Education</li> <li>❖ Substance Use Disorder Evaluation and Treatment</li> <li>❖ Substance Use Outpatient</li> <li>❖ Treatment for Adult Children of Alcoholics</li> <li>❖ Urinalysis</li> </ul>			
See a complete listing of Corsica River's services on page 16.				

Choptank Recovery				
Address	Contact	Hours	Counties	Ages
204 N. Main St. Greensboro, MD 21639	<b>Phone:</b> 410-482-4089 <b>Email:</b> sarah.gray@choptankrecovery.com <b>Website:</b> <a href="http://www.choptankrecovery.com">www.choptankrecovery.com</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-70
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Uninsured Eligible</li> </ul>	<ul style="list-style-type: none"> <li>❖ Addictions Counselor</li> <li>❖ CAC-AD</li> <li>❖ Case Manager</li> <li>❖ CSC-AD</li> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LMSW</li> <li>❖ Peer Support Specialist</li> </ul>	<b>English</b> <b>Interpreter:</b> No <b>Translator:</b> No		
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Benzodiazepine Use</li> <li>❖ Bereavement and Grief</li> <li>❖ Bipolar Disorder</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Complex Trauma</li> <li>❖ Depression</li> <li>❖ Heroin Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Mood Disorders</li> <li>❖ Opiate Use</li> <li>❖ PTSD</li> <li>❖ Methamphetamine Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use / Dependence</li> <li>❖ Tobacco Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Anger Management Counseling / Therapy</li> <li>❖ Case Management</li> <li>❖ Discharge Planning</li> <li>❖ Motivational Interviewing</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Peer Support</li> <li>❖ Recovery Support Groups</li> <li>❖ Relapse Prevention</li> <li>❖ Residential Treatment</li> <li>❖ Social Work</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;60 days)</li> <li>❖ Telehealth Services</li> <li>❖ Transportation Assistance</li> <li>❖ Urinalysis</li> </ul>			

## Choptank Recovery



Choptank Recovery's goal is to inspire hope, willingness, and enthusiasm towards recovery in a structured, safe atmosphere where individuals can continue to grow their personal recovery through our ongoing commitment to their individualized treatment plan.

## CounterPoint Health Services

Address	Contact	Hours	Counties	Ages
7067 Columbia Gateway Dr. #180 Columbia, MD 21046	<b>Phone:</b> 410-929-7225 <b>Fax:</b> 443-333-5434 <b>Email:</b> Resourcecenter@counterpointhealthservices.com <b>Website:</b> <a href="http://www.counterpointhealthservices.com">www.counterpointhealthservices.com</a>	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot & More	21-71+
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Benzodiazepine Use</li> <li>❖ Co-Occurring</li> <li>❖ Opiate Use</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Substance Use / Dependence</li> <li>❖ Tobacco Use</li> </ul>		<ul style="list-style-type: none"> <li>❖ Behavioral Modification</li> <li>❖ Behavioral Treatment</li> <li>❖ Life Counseling</li> <li>❖ Private Psychotherapy</li> <li>❖ Psychiatric Assessment</li> </ul>		
See a complete listing of CounterPoint's services on page 17.				

## Cove Behavioral Health & Wellness

Address	Contact	Hours	Counties	Ages
828 Airpax Rd. Building B Cambridge, MD 21613	<b>Phone:</b> 410-548-3333 <b>Fax:</b> 410-548-3347 <b>Email:</b> info@covebhw.com <b>Website:</b> <a href="http://www.covebhw.com">www.covebhw.com</a>	Mon. – Fri. 9 a.m. to 5 p.m. & by Appointment	Dorchester, Talbot	6-71+
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Opiate Use</li> <li>❖ Painkiller Use</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use / Dependence</li> </ul>		<ul style="list-style-type: none"> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ MAT</li> <li>❖ Relapse Prevention</li> <li>❖ Substance Use Outpatient</li> <li>❖ Subutex</li> </ul>		
See a complete listing of Cove Behavioral's services on page 18.				

## Dorchester County Behavioral Health

Address	Contact	Hours	Counties	Ages
524 Race St. 1 <sup>st</sup> Floor Cambridge, MD 21613	<b>Phone:</b> 410-228-7714 <b>Fax:</b> 410-228-8049 <b>Website:</b> <a href="http://www.dorchesterhealth.org">www.dorchesterhealth.org</a>	Mon. – Thurs. 8 a.m. to 8 p.m. Fri. 8 a.m. to 5 p.m.	Dorchester	13-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ EAP ❖ Humana ❖ Johns Hopkins	❖ Kaiser ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ Uninsured Eligible	❖ Addictions Counselor ❖ CAC-AD ❖ CSC-AD ❖ LCPC ❖ LCSW-C	❖ LGPC ❖ LMSW ❖ MD ❖ Peer Support Specialist	English <b>Interpreter:</b> On Call <b>Translator:</b> Yes
Treatment Specialties		Services Provided		
❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Amphetamine Use ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use	❖ Inhalant Use (Huffing) ❖ Mood Disorders ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Trauma ❖ TBI ❖ Vaping Use	❖ Adult Assessment ❖ Advocacy ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Care Coordination Referral Services ❖ Case Management ❖ CBT ❖ Conflict Resolution ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ Crisis Intervention / Stabilization ❖ Discharge Planning ❖ Drug Testing ❖ Dual Diagnosis Groups ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Health Improvement Programs ❖ Individual Counseling	❖ Interactive Groups ❖ Jail Based Substance Use Treatment ❖ Legal Advocacy ❖ MAT ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Narcan Training and Distribution ❖ Program Transportation ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Relapse Prevention ❖ Resource Materials ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education /Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Walk-In ❖ Youth Substance Use Treatment	
Dorchester County Behavioral Health (DCBH) provides comprehensive SUD assessment for adolescents/adults in Dorchester County as well as education/prevention, Level I, and Level II outpatient SUD and Co-Occurring treatment services with day/evening hours. DCBH has a 12-hour DWI/DUI offender program, MAT services, psychiatric services, telehealth services, and referral for residential treatment. Services are provided in group and individual treatment settings.				

Dover Behavioral Health Systems			
Address	Contact	Hours	Ages
<ul style="list-style-type: none"> <li>❖ 725 Horsepond Rd. Dover, DE 19901</li> <li>❖ 404 S Bedford St. Georgetown, MD 19947</li> </ul>	<b>Phone:</b> 302-741-0140 or 855-609-9711 <b>Fax:</b> 302-741-8551 <b>Website:</b> <a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a>	24/7	9-71+
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Behavioral Treatment</li> <li>❖ Detoxification</li> <li>❖ Substance Use Education / Prevention</li> </ul>	<ul style="list-style-type: none"> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days)</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> </ul>	
See a complete listing of Dover Behavioral's services on page 21.			

Eastern Shore Hospital Center				
Address	Contact	Hours	Counties Served	Ages
5262 Woods Rd. Cambridge, MD 21613	<b>Phone:</b> 410-221-2358 <b>Fax:</b> 410-221-2356 <b>Email:</b> <a href="mailto:judith.slaughter@maryland.gov">judith.slaughter@maryland.gov</a> <b>Website:</b> <a href="http://www.health.maryland.gov/ESHC">www.health.maryland.gov/ESHC</a>	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Somerset, Wicomico, Worcester, Other MD Counties	18-70
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Court-ordered</li> <li>❖ Forensic</li> <li>❖ Substance Use/Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Court-ordered</li> <li>❖ Forensic</li> <li>❖ Court-ordered</li> </ul>	<ul style="list-style-type: none"> <li>❖ Crisis Intervention</li> <li>❖ Mental Health &amp; Substance Use Services</li> <li>❖ Substance Use Education/Prevention</li> </ul>		
See a complete listing of Eastern Shore Hospital Center's services on page 22.				

Every Brain Matters	
Contact	Ages
<b>Email:</b> <a href="mailto:info@everybrainmatters.org">info@everybrainmatters.org</a> <b>Website:</b> <a href="http://everybrainmatters.org/">everybrainmatters.org/</a>	16+
Services Provided	
<ul style="list-style-type: none"> <li>❖ EBM Climbers Support Group with Joe Parker. This meeting is an interactive educational group for family members to bring issues, questions, or concerns, and receive direct feedback from a counselor and other family members. As well as learn tools of recovery to help you and your family. The majority of the people who attend this group have been negatively impacted by marijuana. Every Wednesday for 90 mins.</li> </ul>	<ul style="list-style-type: none"> <li>❖ Speakers Meeting - first Friday of every month for messages of hope and healing from the impacts of marijuana. We welcome a different speaker every month who will share their experience and provide pathways to find serenity as we navigate through today's pro-marijuana/drug culture. Whether you're grieving the loss of a loved one or trying to recover yourself, this meeting is for you. There will be a Q &amp; A at the end of each meeting. This meeting is appropriate for all family members ages 16 and up.</li> </ul>



Grace Street Recovery				
Address	Contact	Hours	Counties Served	Ages
8626 Ocean Gateway, Ste 1 Easton, MD 21601	<b>Main Office:</b> 410-690-7353 <b>Peer Support:</b> <b>Bri:</b> 443-879-3041 <i>Wed.- Fri. 4 – 9 P.M. &amp; Sat. 2 – 7 P.M.</i> <b>Ja'Shaun:</b> 240-839-1421 <i>Sun. – Wed. 5 – 9 P.M.</i> <b>Website:</b> <a href="http://www.gracestreetrecovery.org">www.gracestreetrecovery.org</a>	Mon. – Fri. 4. – 9 P.M. Sat. 2– 7 P.M Sun. 4– 9 P.M.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	18-70
Grace Street is a recovery community organization (RCO) dedicated to saving lives and fostering healing for anyone affected by substance use disorder. RCO's help bridge the gap between professional treatment and a successful life in long-term recovery. Grace Street provides non-clinical, community-centered, peer recovery support services and care coordination, along with harm reduction resources; workforce training and development; youth programming; overdose prevention activities and resources; and support groups. Referrals are not necessary, and services are free.				

Hudson Behavioral Health				
Address	Contact	Hours	Payment	Provider
1505 Emerson Ave. Salisbury, MD 21801	<b>Phone:</b> 410-219-9000 <b>Fax:</b> 410-742-7048 <b>Email:</b> <a href="mailto:info@hudson-health.org">info@hudson-health.org</a> <b>Website:</b> <a href="http://www.hudson-health.org">www.hudson-health.org</a>	24/7	❖ Grant Funds ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ ADT ❖ CAC-AD ❖ CRNP ❖ CSC-AD ❖ LCSW-C
Treatment Specialties	Services Provided			
❖ Co-Occurring ❖ Substance Use / Dependence	❖ Case Management ❖ Detoxification ❖ Discharge Planning ❖ Peer Support ❖ Recovery House / Halfway House ❖ Recovery Support Groups ❖ Relapse Prevention ❖ Residential Treatment ❖ Substance Use Inpatient (<60 days) ❖ Substance Use Inpatient Co-Occurring (<60 days) ❖ Withdrawal Management			
Hudson Behavioral Health provides residential treatment for Substance-Use Disorders and other co-occurring disorders in Salisbury, Maryland. Hudson offers level 3.1, 3.5 and 3.7 residential treatment and recovery housing. The private, non-profit is licensed by the State of Maryland and accredited by The Joint Commission. The organization also operates recovery housing in Georgetown, Delaware and in Salisbury, Maryland.				


Kent County Behavioral Health / Local Addictions Authority (LAA)				
Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 443-2824-911 <b>LAA Phone:</b> 410-778-6404 <b>Email:</b> <a href="mailto:brenna.fox@maryland.gov">brenna.fox@maryland.gov</a> <b>Website:</b> <a href="http://www.kenthd.org">www.kenthd.org</a>	Mon. – Fri. 7:30 a.m. to 4 p.m.	Kent	0-71+
Treatment Specialties	Services Provided			
❖ Substance use / Dependence	❖ Continuum of Care Services			


## Life's Energy Wellness Center


Address	Contact	Hours of	Counties Served	Ages
2324 West Zion Rd Ste. 112 Salisbury, MD 21801	<b>Phone:</b> 800-867-2395 <b>Fax:</b> 410-443-0842 <b>Email:</b> <a href="mailto:lewcinc@lewcinc.org">lewcinc@lewcinc.org</a> <b>Website:</b> <a href="http://www.lewcinc.org">www.lewcinc.org</a>	Mon. - Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Telehealth all MD Counties	0-71+
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Behavioral Disorders</li> <li>❖ Benzodiazepine Use</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Opiate Use</li> <li>❖ Painkiller Use</li> <li>❖ Prenatal Care for People in Addiction</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use /Dependence</li> <li>❖ Tobacco Use</li> <li>❖ Vaping Use</li> </ul>	<ul style="list-style-type: none"> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Breathalyzer Testing</li> <li>❖ Buprenorphine</li> <li>❖ Care Coordination</li> <li>❖ Case Management</li> <li>❖ Court-Ordered Substance Use Testing</li> <li>❖ Detoxification</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ MAT</li> <li>❖ Medication Disposal</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Recovery Support Groups</li> <li>❖ Relapse Prevention</li> <li>❖ School Based Mental Health and Substance Use Education</li> </ul>	<ul style="list-style-type: none"> <li>❖ Sublocade</li> <li>❖ Suboxone</li> <li>❖ Substance Use Disorder Evaluation and Treatment</li> <li>❖ Substance Use Education /Prevention</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Substance Use Outpatient</li> <li>❖ Subutex</li> <li>❖ Tobacco Cessation</li> <li>❖ Treatment for Adult Children of Alcoholics</li> <li>❖ Underage Drinking Prevention</li> <li>❖ Urinalysis</li> <li>❖ Vivitrol</li> <li>❖ Withdrawal Management</li> <li>❖ Youth Substance Use Treatment</li> </ul>	
See a complete listing of Life's Energy services on page 29.				

## Lower Shore Clinic, Inc

Address	Contact	Hours
505 E. Main St. Salisbury, MD 21804	<b>Phone:</b> 410-341-3420 <b>Fax:</b> 443-859-7774 <b>Website:</b> <a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a>	Mon., Thur. 8 a.m. to 8 p.m. Tue. and Wed. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4 p.m.
Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Clinical Psychiatric Evaluation</li> <li>❖ Mobile Treatment - ACT (Assertive Community Treatment Teams)</li> <li>❖ Psychiatric Medication Services</li> </ul>	
See a full listing of Lower Shore Clinic's services on page 31.		

Mariah's Mission			
Address	Contact	Hours	Counties
28712 Glebe Rd. Suite #5 Easton, MD 21601	<b>Phone:</b> 410- 924-3712 <b>Email:</b> mariahsmission2014@gmail.com <b>Website:</b> <a href="http://www.mariahsmission.org">www.mariahsmission.org</a>	By Appointment Only	All mid-shore counties
 <p>Mariah's Mission works to empower those struggling with addiction by providing the resources needed to eliminate the barriers to recovery and by encouraging changes that lead to a healthy and independent life. Mariah's Closet offers free clothing, and the Wheels for Change program offers free bikes to everyone working on their recovery from substance use disorder and/or mental health challenges.</p>			

Maryland Center of Excellence on Problem Gambling				
Address	Contact	Hours	Counties	Payment
250 West Pratt Street Suite #1050 Baltimore, MD 21201	<b>Office Phone:</b> 667-214-2120 <b>24/7 Hotline:</b> 1-800-GAMBLER <b>Fax:</b> 410-799-4396 <b>Email:</b> info@mdproblemgambling.com <b>Website:</b> <a href="http://www.mdproblemgambling.com">www.mdproblemgambling.com</a>	<b>Help line:</b> 24/7 <b>Office:</b> 8am-4:30pm	All Maryland counties	❖ Free
Treatment Specialties	Services Provided	Ages	Language	
<ul style="list-style-type: none"> <li>❖ Problem Gambling</li> <li>❖ Gambling Disorder</li> </ul>	<ul style="list-style-type: none"> <li>❖ 24/7 Helpline</li> <li>❖ Free Provider Trainings and CEUs</li> <li>❖ Peer Recovery Support</li> <li>❖ Referrals to No Cost Treatment</li> </ul>	All Ages	<ul style="list-style-type: none"> <li>❖ English</li> <li>❖ Live, on-demand telephone interpreting 240+ Languages and video interpreting services for the Deaf and Hard of Hearing</li> </ul>	
 <p>UNIVERSITY of MARYLAND SCHOOL OF MEDICINE</p> <p>The Maryland Center of Excellence on Problem Gambling</p>		<p>The Maryland Center of Excellence on Problem Gambling (the Center) promotes healthy and informed choices regarding gambling and problem gambling through public awareness, training and education, prevention, technical assistance to the behavioral health care system, peer recovery support, research, and public policy.</p>		

Maryland Family and Youth Interventions for Substance Use (Maryland FYI)	
<b>Email:</b> mambrose@som.umaryland.edu <b>Website:</b> <a href="http://www.csmh-5679b.gr8.com">www.csmh-5679b.gr8.com</a>	
	<p>Maryland Family and Youth Interventions for Substance Use (FYI) is based out of National Center for School Mental Health (NCSMH) University of Maryland School of Medicine Child &amp; Adolescent Psychiatry and offers an array of free training and support opportunities for school-based staff and community providers serving school-aged children and youth in Maryland.</p>

## Maryland Quitline

**Phone:** 1-800-QUITNOW (784-8669) **Website:** [www.smokingstopshere.com](http://www.smokingstopshere.com) [Maryland Quitline](#)



The Maryland Quitline offers free and confidential support and resources to Marylanders of all counties.

## MarylandROTA

Contact	Counties	Ages
<b>Phone:</b> 301-405-6727 <b>Email:</b> marylandrota@umd.edu <b>Website:</b> <a href="http://www.marylandrota.org">www.marylandrota.org</a>	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Allegany, Anne Arundel, Calvert, Carroll, Cecil, Charles, Frederick, Garrett, Harford, Howard, St. Mary's, Somerset, Washington, Wicomico, Worcester	13-71+

Services Provided	Language
<ul style="list-style-type: none"> <li>❖ Advocacy</li> <li>❖ Educational Workshops</li> <li>❖ General Mental Health Information/Education</li> <li>❖ Life Skills Training</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Technical Assistance for Community Prevention Projects</li> </ul>	English, Spanish <b>Interpreter:</b> No <b>Translator:</b> No

MarylandROTA (Rural Opioid Technical Assistance) is part of an initiative by the Substance Abuse and Mental Health Services Administration (SAMHSA) and was established by the University of Maryland (UMD) in partnership with local and state organizations. By developing and delivering training and technical assistance, MarylandROTA aims to strengthen the ability of rural communities in Maryland to help identify, understand, and respond to the opioid epidemic. Our goals are to, first, leverage the existing University of Maryland Extension (UME) programs and system to enhance the ability of rural Maryland communities to identify, understand, and respond to the opioid epidemic. Second, we strive to serve rural communities throughout Maryland by increasing public awareness, understanding, and skills to respond to opioid misuse and decrease overdoses and deaths, which is in alignment with state goals.

## Mid-Shore Restoring Hope in Women


Address	Contact	Hours	Counties	Ages
31820 Bittorf Ln. Cordova, MD 21625	<b>Phone:</b> 410-310-9842 <b>Email:</b> hopeinwomen13@gmail.com <b>Website:</b> <a href="http://www.restoringhopeinwomen.org">www.restoringhopeinwomen.org</a>	7 a.m. to 8 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	21-70

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use /Dependence</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Domestic Violence</li> <li>❖ Heroin Use</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Returning Citizen (Ex-Offender) Halfway House</li> <li>❖ Temporary Financial Assistance</li> <li>❖ Transitional Housing</li> </ul>




Mid-Shore Restoring Hope in Women supplies funds for those needing financial help paying to get into recovery housing. Services are free.

## Minary's Dream Alliance - Club F.E.A.R.


Address	Contact	Counties
<b>Club F.E.A.R. North</b> ❖ American Legion 36 and Caroline County YMCA <b>Club F.E.A.R. South:</b> ❖ Harvesting Hope and Dorchester Center for The Arts	<b>Phone:</b> 302- 566-8160 <b>Email:</b> minarysdreamalliance@gmail.com <b>Website:</b> <a href="http://www.minarysdreamalliance.org">www.minarysdreamalliance.org</a>	Caroline, Dorchester, Kent, Queen Anne's, Talbot
 <p>Facilitated by Minary's Dream Alliance, Inc., Club F.E.A.R. (Face Everything And Rise) is the mid-shore's Adolescent Clubhouse for youth aged 12-17 impacted by, affected by, or diagnosed with an opioid use disorder as well as their families Services include SUD education, self-care and social skills development, peer recovery support, age and developmentally appropriate recovery support groups, resource linkage, recovery-related workshops, and family engagement events.</p>		

## New Day New Start Behavioral Health Center, LLC

Address	Contact	Hours	Counties	Ages
29520 Canvasback Dr. Easton, MD 21601	<b>Phone:</b> 410-952-9332 <b>Email:</b> info@newdaynewstart.com <b>Website:</b> <a href="http://www.newdaynewstart.com">www.newdaynewstart.com</a>	Monay – Thursday 8:30 A.M. – 8 P.M. Friday 8:30 A.M. – 5 P.M. Saturday Hours 10 A.M. – 2 P.M. Treatment Hours 9 A.M. – 7:30 P.M.	Caroline, Kent, Dorchester, Queen Annes, Talbot, and Other Surrounding Counties	3 +
Payment Accepted		Services Provided		
❖ Mental Health Services <ul style="list-style-type: none"> <li>○ Medicaid</li> <li>○ Self- Pay</li> </ul> ❖ Substance Use <ul style="list-style-type: none"> <li>○ Medicaid</li> <li>○ Blue Cross Blue Shield</li> <li>○ Self-Pay</li> </ul>		❖ Medication management ❖ Mental Health Evaluations ❖ Outpatient Mental Health Services ❖ Partial Hospitalization Program ❖ Psychiatric Rehabilitation Program ❖ Substance Use Disorder Evaluation & Treatment ❖ Supported Employment ❖ Telehealth		
 <p>The mission of New Day New Start Behavioral Health Center is to provide comprehensive, holistic and recovery services to clients by providing education and person-centered care in a culturally competent manner. Our goal is to help individuals with mental health and substance use recovery challenges use healthy coping skills and acquire healthy habits and wellness strategies to conquer substance use and mental health problems. We hope to transform lives adversely impacted by mental health, drug and alcohol problems through comprehensive person-centered care using best practice evidenced based modalities of treatment.</p>				

## Pocono Mountain Recovery Center

Address	Contact	Hours	Counties Served	Ages
3437 PA-715, Henryville, PA. 18332	<b>Admissions:</b> 888-227-0575 <b>Fax:</b> 570-227-2619 <b>Email:</b> <a href="mailto:PAAdmissions@acadiahealthcare.com">PAAdmissions@acadiahealthcare.com</a>	Open 24/7 for intake	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	18+

Pocono Mountain Recovery Center					
Payment Accepted		Provider Type			Language
<ul style="list-style-type: none"> <li>❖ Department of Veteran Affairs – Community Care Network</li> <li>❖ Accepts most private insurance</li> </ul>		<ul style="list-style-type: none"> <li>❖ CAC-AD</li> <li>❖ CADAC</li> <li>❖ CADC</li> <li>❖ CAADC</li> <li>❖ CCADC</li> <li>❖ LCADC</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> <li>❖ LGSW</li> <li>❖ LNP</li> <li>❖ MD</li> </ul>	<ul style="list-style-type: none"> <li>❖ PA-C</li> <li>❖ PhD</li> <li>❖ PMH-APRN</li> <li>❖ PMHNP-BC</li> <li>❖ Psy D</li> <li>❖ RN</li> </ul>	English <b>Interpreter: No</b> <b>Translator: No</b>
Treatment Specialties		Services Provided			
<ul style="list-style-type: none"> <li>❖ Substance Use Disorders</li> <li>❖ Co-Occurring Disorders</li> <li>❖ Veterans</li> </ul>		<ul style="list-style-type: none"> <li>❖ Detoxification Services</li> <li>❖ Extended Care/ Sober Living</li> </ul>	<ul style="list-style-type: none"> <li>❖ Intensive Outpatient Programming (IOP)</li> </ul>	<ul style="list-style-type: none"> <li>❖ Partial Hospitalization Programming (PHP)</li> <li>❖ Residential Treatment</li> <li>❖ Traditional Outpatient Treatment</li> </ul>	
 <p><b>POCONO MOUNTAIN</b> Recovery Center</p>					

Pyramid Walden				
Address	Contact	Hours	Counties	Ages
30007 Bus Center Dr. Charlotte Hall, MD 20622	<b>Phone:</b> 301-447-8860 <b>Fax:</b> 814-946-1260 <b>Email:</b> <a href="mailto:wbadmissions@pyramidwalden.com">wbadmissions@pyramidwalden.com</a> <b>Website:</b> <a href="http://www.pyramidwalden.com">www.pyramidwalden.com</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ DDA Funding</li> <li>❖ Delaware Medicaid</li> <li>❖ DORS</li> <li>❖ EAP</li> <li>❖ Grant Funds</li> <li>❖ Johns Hopkins</li> <li>❖ MCHP</li> <li>❖ Maryland Choices Provider</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Scholarship Assistance</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Tricare</li> <li>❖ UMR</li> <li>❖ Uninsured Eligible</li> <li>❖ United Healthcare</li> </ul>		<ul style="list-style-type: none"> <li>❖ ADT</li> <li>❖ CAC-AD</li> <li>❖ Case Manager</li> <li>❖ CHOW</li> <li>❖ Community Healthcare Navigator</li> <li>❖ CRNP</li> <li>❖ CRNP-PMH</li> <li>❖ CSC-AD</li> <li>❖ Holistic / Alternative Healer</li> <li>❖ LCADC</li> <li>❖ LCDC</li> <li>❖ LCPAT</li> <li>❖ LCPC</li> <li>❖ LCSW</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> <li>❖ LMFT</li> <li>❖ LMSW</li> <li>❖ MD</li> <li>❖ Nurse</li> <li>❖ PA-C</li> <li>❖ PhD</li> <li>❖ PMH-C</li> <li>❖ Psy D</li> <li>❖ RN</li> <li>❖ Specialist</li> </ul>		American Sign Language (ASL), English, Spanish <b>Interpreter: No</b> <b>Translator: Yes</b>
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Behavioral Disorders</li> </ul>		<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Alcohol, Tobacco, and Other Drug Education Workshops</li> <li>❖ Methadone</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Peer Support</li> </ul>		

## Pyramid Walden

- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"> <li>❖ Benzodiazepine Use</li> <li>❖ Cocaine Use</li> <li>❖ Co-Occurring</li> <li>❖ Hallucinogen Use</li> <li>❖ Heroin Use</li> <li>❖ Hoarding Behaviors</li> <li>❖ K2 (Spice) Use</li> <li>❖ Ketamine Use</li> <li>❖ Kratom Use</li> <li>❖ Inhalant Use (Huffing)</li> <li>❖ Opiate Use</li> <li>❖ Painkiller Use</li> <li>❖ Prenatal Care for People in Addiction</li> <li>❖ Marijuana Use</li> <li>❖ Methamphetamine Use</li> <li>❖ Mushroom Use</li> <li>❖ Stimulant Use</li> <li>❖ Substance Use / Dependence</li> <li>❖ Tobacco Use</li> <li>❖ Vaping Use</li> </ul> | <ul style="list-style-type: none"> <li>❖ Behavioral Therapy</li> <li>❖ Breathalyzer Testing</li> <li>❖ Buprenorphine</li> <li>❖ Care Coordination and Referral Services</li> <li>❖ Case Management</li> <li>❖ Clinical Group Practice</li> <li>❖ Court-Ordered Substance Use Testing</li> <li>❖ Court-Ordered Therapy</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Crisis Residential Treatment - Substance Use</li> <li>❖ Detention Center Case Management</li> <li>❖ Detoxification</li> <li>❖ Discharge Planning</li> <li>❖ Drug Testing</li> <li>❖ Dual Diagnosis Groups</li> <li>❖ DUI/DWI Offender Programs</li> <li>❖ Family Peer Support</li> <li>❖ Jail Based Substance Use Treatment</li> <li>❖ Medication Assisted Treatment (MAT)</li> <li>❖ Medication Disposal</li> </ul> | <ul style="list-style-type: none"> <li>❖ Recovery House / Halfway House</li> <li>❖ Recovery Support Groups</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ Relapse Prevention</li> <li>❖ Residential Treatment</li> <li>❖ School Based Mental Health and Substance Use Education</li> <li>❖ Sublocade</li> <li>❖ Suboxone</li> <li>❖ Substance Use Disorder Evaluation and Treatment</li> <li>❖ Substance Use Inpatient (&lt;30 days and &lt;60 days)</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days and 60 days)</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Substance Use Outpatient</li> <li>❖ Substance Use Partial Hospitalization</li> <li>❖ Subutex</li> <li>❖ Tobacco Cessation</li> <li>❖ Underage Drinking Prevention</li> <li>❖ Urinalysis</li> <li>❖ Vivitrol</li> <li>❖ Withdrawal Management</li> </ul> |
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**WALDEN**

A Pyramid Healthcare Company

Walden's mission is to contribute to the wellbeing of the communities we serve by providing a comprehensive array of trauma-informed behavioral health and recovery support services. Visit website for full list of services.

### Queen Anne's County Health Department – Alcohol and Drug Abuse Services

Address	Contact	Hours	Counties	Ages
205 N. Liberty St. Centreville, MD 21617	<b>Phone:</b> 410-758-1306 <b>Fax:</b> 410-758-2133 <b>Website:</b> <a href="http://www.gahealth.org">www.gahealth.org</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	18+
Payment Type	Provider	Services Provided		
<ul style="list-style-type: none"> <li>❖ Free</li> <li>❖ Grant funds</li> </ul>	<ul style="list-style-type: none"> <li>❖ Clinicians</li> <li>❖ LCADC</li> </ul>	<ul style="list-style-type: none"> <li>❖ Care Coordination</li> <li>❖ Community Education &amp; Awareness</li> <li>❖ Fentanyl Test Strips</li> <li>❖ MAT</li> <li>❖ Naloxone Training</li> <li>❖ Peer Led Recovery Groups</li> </ul>	<ul style="list-style-type: none"> <li>❖ Peer Support</li> <li>❖ Pre-Trial</li> <li>❖ Prevention Services</li> <li>❖ Recovery Housing assistance &amp; Referrals</li> <li>❖ Temporary Cash Assistance</li> <li>❖ Treatment Referrals</li> </ul>	

## Queen Anne's County Health Department – Alcohol and Drug Abuse Services

Queen Anne's County Health Department provides Care Coordination and Referrals - Assessment, Treatment, and Medication Management.


### Safe Harbour Addiction Counseling

Address	Contact	Counties
Berlin, MD PO Box upon request	<b>Email:</b> safeharbouraddictioncounseling@aol.com	Caroline County, Dorchester County, Kent County, Queen Anne's County, Talbot County, Worcester, Wicomico
Services Provided		Provider
<ul style="list-style-type: none"> <li>❖ Telehealth</li> <li>❖ Master Professional Counseling</li> </ul>		<ul style="list-style-type: none"> <li>❖ Licensed Clinical Alcohol and Drug Counselor</li> <li>❖ Master Addiction Counselor</li> </ul>

### Sandstone Care

Address	Contact	Ages
11820 Parklawn Dr. #403, Rockville, MD, 20852	<a href="http://www.sandstonecare.com/locations/north-bethesda-rehab-center/">www.sandstonecare.com/locations/north-bethesda-rehab-center/</a>	Teens and Young Adults
521 East Joppa Road, Suite 105, Towson, MD, 21286	<a href="http://www.sandstonecare.com/locations/towson-rehab-center/">www.sandstonecare.com/locations/towson-rehab-center/</a>	
2020 Martins Grant Ct., Crownsville, MD 21032	<a href="http://www.sandstonecare.com/locations/maryland-teen-rehab/">www.sandstonecare.com/locations/maryland-teen-rehab/</a>  <b>Phone:</b> 303-501-5804	

### Smart Approaches to Marijuana – Parent Action Network

Address	Contact
107 S. West St. Suite 757 Alexandria, VA, 22314	<b>Email:</b> info@parentaction.network <b>Website:</b> <a href="https://www.linkedin.com/company/parent-action-network/about/">https://www.linkedin.com/company/parent-action-network/about/</a>
	<ul style="list-style-type: none"> <li>❖ Advocacy</li> <li>❖ Educational Tools</li> <li>❖ Information</li> <li>❖ Marijuana / Cannabis Addiction Information</li> <li>❖ Presentations</li> <li>❖ Toolkits for Communities</li> </ul>

### Substance Abuse and Mental Health Services Administration (SAMHSA)

Contact	Hours	Counties	Ages
<b>Phone:</b> 1-877-SAMHSA-7 (726-4727) <b>Website:</b> <a href="http://www.samhsa.gov">www.samhsa.gov</a>	24/7	Country -wide	18-71+
Find behavioral health services and resources near you: <a href="http://www.samhsa.gov/find-treatment">www.samhsa.gov/find-treatment</a> .			



## SUN Behavioral Delaware

Address	Contact	Hours	Counties Served	Ages
21655 Biden Ave. Georgetown, DE 19947	<b>Phone:</b> 302-604-5600 <b>Fax:</b> 302-450-1177 <b>Email:</b> info@sundelaware.com <b>Website:</b> <a href="http://www.sundelaware.com">www.sundelaware.com</a>	24/7	All Maryland Counties	13-71+
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> <li>❖ Schizophrenia</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Day Programs</li> <li>❖ Art Therapy</li> <li>❖ Behavioral Treatment</li> <li>❖ CBT</li> <li>❖ Crisis intervention</li> <li>❖ Detoxification</li> <li>❖ Dialectical Behavioral Therapy</li> <li>❖ EFT</li> <li>❖ General Counseling</li> <li>❖ Group Counseling</li> <li>❖ LGBTQ+ Issues</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Day Treatment</li> <li>❖ Psychiatric Hospitalization</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Psycho Educational Groups</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;30 days)</li> <li>❖ Substance Use Intensive Outpatient</li> <li>❖ Substance Use Intervention Program</li> <li>❖ Telepsychiatry/Telemental Health</li> <li>❖ Trauma Informed</li> <li>❖ Veteran Services</li> <li>❖ Walk-In</li> </ul>			
See a complete listing of Sun Behavioral's services on page 38.				

## Talbot County Health Department - Alcohol and Drug Services (TCAP)

Address	Contact	Hours	Counties Served
100 S. Hanson St. Easton, MD 21601	<b>Phone:</b> 410-819-5600 <b>Fax:</b> 410-819-5691 <b>Website:</b> <a href="http://www.talbothealth.org">www.talbothealth.org</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.	Talbot
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Buprenorphine</li> <li>❖ Care Coordination Referral Services</li> <li>❖ County Navigator for Pregnant Women/ Women with Children</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Peer Support</li> <li>❖ Substance Use Education / Prevention</li> <li>❖ Tobacco Cessation</li> </ul>		
The Talbot County Addictions Program (TCAP) provides care coordination services and peer recovery support to adults and their families who are experiencing problems with alcohol and/or other drugs. TCAP provides screenings and referrals for addiction services, as well as assistance with the Medicaid and Health Choice insurance application process for those who qualify.			


## Talbot Goes Purple

**Email:** talbotgoespurple@gmail.com **Website:** [www.talbotgoespurple.org](http://www.talbotgoespurple.org)



Talbot Goes Purple (TGP) is a substance abuse prevention program that will engage the community and youth to stand up against substance abuse.  
For TGP's Interactive Resource Tool visit [resourcelink.talbotgoespurple.org](http://resourcelink.talbotgoespurple.org).

University of Maryland Shore Behavioral Health Services Substance Disorders Program				
Address	Contact	Hours	Counties	Ages
219 S Washington St. Easton, MD 21601	<b>Phone:</b> 410-822-1000 ext. 5452 <b>Fax:</b> 410-819-8736 <b>Website:</b> <a href="http://www.umms.org/shore/health-services/behavioral-health">www.umms.org/shore/health-services/behavioral-health</a>	Mon. – Fri. 9 a.m. to 5 p.m. Groups in evening	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ United Healthcare	❖ Addictions Counselor ❖ CAC-AD ❖ Interns	❖ MD ❖ Peer Support Specialist ❖ RN	English <b>Interpreter:</b> No <b>Translator:</b> Yes
Treatment Specialties		Services Provided		
❖ Alcohol Use ❖ Amphetamine Use ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Heroin Use ❖ Inhalant Use (Huffing) ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use	❖ Marijuana Use ❖ Methamphet amine Use ❖ Mushroom Use ❖ Opiate Use ❖ Painkiller Use ❖ Stimulant Use ❖ Substance Use / Dependence ❖ Vaping Use	❖ Adult Assessment ❖ Behavioral Modification ❖ Breathalyzer Testing ❖ CBT ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ Discharge Planning ❖ Drug Testing ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Family Peer Support ❖ Group Counseling	❖ Individual Counseling ❖ MAT ❖ Peer Support ❖ Recovery Support Groups ❖ Relapse Prevention ❖ Resource Materials ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Vivitrol	
Services care for those in our community that need assistance with substance disorder difficulties.				

Warwick Manor Behavioral Health		
Address	Contact	Hours
3680 Warwick Rd. East New Market, MD 21631	<b>Phone:</b> 410-943-8108 <b>Fax:</b> 410-943-3976 <b>Website:</b> <a href="http://www.warwickmanor.org">www.warwickmanor.org</a>	Mon., Wed., Fri. 8 a.m. to 5 p.m. Tues., Thur. 8 a.m. to 7:30 p.m. Weekends available
Treatment Specialties	Services Provided	
❖ Co-Occurring ❖ Substance Use /Dependence	❖ Ambulatory Detoxification ❖ Crisis intervention ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient (<30 days)	
	❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Partial Hospitalization	
 <b>Warwick Manor Behavioral Health, Inc.</b>	Warwick Manor Behavioral Health (WMBH) specializes in co-occurring diagnosis and treatment and provides inpatient, PHP, IOP, and outpatient services.	

## Certified Recovery Houses

Dorchester County		
<b>Awaken Recovery Foundation</b>	<b>Breaking Chains Recovery House</b>	<b>The Gratitude House</b>
ashleyrogers@awakenrecovery.org seanbaker@awakenrecovery.org <a href="http://www.awakenrecovery.org">www.awakenrecovery.org</a> 410-762-9977	breakingchainsrecoveryllc@gmail.com <a href="https://breakingchainsrecovery.info/">https://breakingchainsrecovery.info/</a> Chyann Pressley 443-205-5895 David Pressley 410-330-7246	realslow@goeaston.net <a href="http://www.thegratitudehouse.info">www.thegratitudehouse.info</a> 410-924-4513

Kent County		
<b>Foundations Recovery House</b>	<b>New Heights, LLC</b>	<b>Oxford House</b>
info@foundationsrecoveryhouse.com <a href="http://www.foundationsrecoveryhouse.com">www.foundationsrecoveryhouse.com</a> 240-626-4933	stevenj020386@gmail.com <a href="http://www.newheightssoberhouse.org">www.newheightssoberhouse.org</a> 410-441-1435	barry.stewart@oxfordhouse.org <a href="http://www.oxfordhouse.org">www.oxfordhouse.org</a> 240-457-2094

Talbot County		
<b>Foundations Recovery House</b>	<b>The Gratitude House</b>	<b>Humble House Recovery</b>
info@foundationsrecoveryhouse.com <a href="http://www.foundationsrecoveryhouse.com">www.foundationsrecoveryhouse.com</a> 240-626-4933	realslow@goeaston.net <a href="http://www.thegratitudehouse.info">www.thegratitudehouse.info</a> 410-924-4513	humblehouserecovery@gmail.com <a href="http://www.humblehouserecovery.org">www.humblehouserecovery.org</a> 410-562-7111

## Medication Drop-Off Boxes

Medication Drop-Off locations for individuals to dispose of legal or illegal medications anonymously and safely.

Caroline County	Dorchester County	Kent County
<b>Caroline County Sheriff's</b> 9305 Double Hills Rd. Denton, MD	<b>Cambridge Police Department</b> 3 Washington St. Cambridge, MD	<b>Kent County Sheriff's</b> 104 Vickers Dr. B Chestertown, MD
<b>Denton Police Department</b> 100 N 3rd St. Denton, MD	<b>Dorchester County Sheriff's Office</b> 829 Fieldcrest Rd. Cambridge, MD	<b>Nationwide Locator</b>
<b>Queen Anne's County</b>	<b>Hurlock Police Department</b> 200 Neelson St. Hurlock, MD	<a href="http://www.rxdrugdropbox.org">www.rxdrugdropbox.org</a>
<b>Queen Anne's County Sheriff's</b> 505 Railroad Ave. Centreville, MD	<b>Talbot County</b>	<a href="http://www.safe.pharmacy/drug-disposal">www.safe.pharmacy/drug-disposal</a>
<b>Maryland State Police Barracks "S"</b> 311 Safety Dr. Centreville, MD	<b>St. Michaels Police Department</b> 100 S Freemont St. St. Michaels, MD	
	<b>Talbot County Sheriff's Department</b> 28712 Glebe Rd. Easton, MD	
	<b>Talbot County Public Safety Center</b> 115 W. Dover Street, Easton, MD	

# Naloxone (Narcan)

Naloxone is a prescription medicine that temporarily stops the effect of opioids. Always call 9-1-1.

County Health Departments		
Caroline: 410-479-8030 Dorchester: 410-228-3223	Kent: 410-778-1350	Queen Anne's: 410-758-0720 Talbot: 410-819-5600
Maryland Coalition of Families		
Phone: 410-730-8267 Website: <a href="http://www.mdcoalition.org">www.mdcoalition.org</a>		
Nationwide Naloxone Locator		
<a href="http://www.stopoverdose.org/section/find-naloxone-near-you">www.stopoverdose.org/section/find-naloxone-near-you</a>		
<a href="http://www.naloxoneforall.org">www.naloxoneforall.org</a>		

# SAVE A LIFE WITH NALOXONE

## WHAT IS NALOXONE?

Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose. It is not addictive. Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

### OPIOID OVERDOSE RESPONSE STEPS

#### Recognize the Signs of an Opioid Overdose

- Loud snoring
- Lips or fingertips turning blue
- Pale/grayish skin
- Unresponsiveness
- A very limp body
- Shallow, slow, or stopped breathing
- Slow or stopped heartbeat

#### STEP 1: GET THEIR ATTENTION



Firmly rub your knuckles up and down the middle of the person's chest.

#### STEP 2: CALL 911



Tell them your location and the person's symptoms.

#### STEP 3: GIVE NALOXONE



- Peel back the package to remove the device.
- Place tip of nozzle in either nostril until your fingers touch the bottom of the person's nose.
- Press the plunger firmly to release dose into nose.
- Give second dose if first dose does not work within 1-3 minutes.

#### STEP 4: SUPPORT BREATHING



- Lay the person on their back.
- Tilt the chin back. Remove anything blocking airway.
- Pinch the person's nose closed and cover their mouth with your mouth.
- Blow 2 regular breaths, then give 1 breath every 5 seconds.
- Do chest compressions if trained in CPR.

#### STEP 5: CARE FOR THE PERSON



Stay with the person until medical help arrives.


Place the person in recovery position: face and head turned to the side, top hand placed under head, and top knee bent to support the body.




MARYLAND DEPARTMENT OF HEALTH  
Behavioral Health Administration

BeforeItsTooLateMD.org  
MD Crisis Connect  
Call 211, Press 1

## Peer Support

Chesapeake Voyagers, Inc.					
Address	Contact	Hours	Counties	Ages	
607 Dutchmans Ln. Easton, MD 21601	<b>Phone:</b> 410-822-1601 <b>Fax:</b> 410-822-1621 <b>Email:</b> DianeLane@ChesapeakeVoyagers.org <b>Website:</b> www.chesapeakevoyagers.org	Mon. 12pm-4:30pm Tues. - Fri. 10am-4:30pm Sat. 9am-12pm Call ahead or check website for hours	Caroline, Dorchester, Kent, Queen Anne's, Talbot	18+	
Treatment Specialties			Services Provided		
❖ Alcohol Use	❖ Depression	❖ PTSD	❖ Advocacy	❖ Resource Materials	
❖ Amphetamine Use	❖ Domestic Violence	❖ Self-Injurious Behaviors	❖ Educational Workshops	❖ Trauma Groups	
❖ Anxiety / Phobias	❖ Eating Disorders	❖ Stress	❖ Interactive Groups	❖ Walk-In	
❖ Behavioral Disorders	❖ Family / Relationship Issues	❖ Substance Use / Dependence	❖ Peer Support	❖ Wellness Recovery Action Planning (WRAP)	
❖ Bereavement and Grief	❖ Housing Insecurity	❖ Trauma	❖ Recovery Support Groups		
❖ Bipolar Disorder	❖ Mood Disorders				
❖ Chronic Mental Illness	❖ OCD				
❖ Co-Occurring	❖ Personality Disorders				
❖ Complex Trauma					
Provider Credentials		Language			
❖ CPRS ❖ RPS		❖ English & Spanish			
		<p>Chesapeake Voyagers, Inc. (CVI) is dedicated to promoting wellness and recovery by empowering individuals with behavioral health needs to reach their full potential. We strive to reduce isolation by providing a safe, comfortable, and uplifting environment where individuals can meet others in their community, receive free one on one peer support, obtain helpful information and skills needed to continue their individual path to wellness and recovery.</p>			
Dri-Dock Recovery and Wellness Center					
Address	Contact	Hours	Counties	Ages	Payment
524 Race St. 2 <sup>nd</sup> Floor Cambridge MD 21613	<b>Phone:</b> 410-228-3230 <b>Fax:</b> 410-228-7086 <b>Email:</b> jamie.schultz@maryland.gov <b>Website:</b> www.dri-dock.org	Mon. – Thur. 8 a.m. to 6 p.m. Fri. 8 a.m. to 4:30 p.m.	Dorchester	21-71+	Free
Treatment Specialties		Services Provided			
❖ Co-Occurring		❖ Advocacy		❖ Job Search / Placement	
❖ Family / Relationship Issues		❖ Care Coordination		❖ Motivational Interviewing	
❖ Substance Use / Dependence		❖ Care Coordination Referral Services		❖ Peer Support	
		❖ HIV / HCV Services		❖ Program Transportation	
		❖ Independent Living Skills		❖ Recovery Support Groups	
		❖ Internet Access		❖ Substance Use Education / Prevention	


## Maryland Coalition of Families

Address	Contact	Hours	Counties Served	Ages
8950 State Route 108, Suite 223 Columbia, MD 21045	<b>Phone:</b> 410-730-8267 <b>Fax:</b> 410-479-0018 <b>Email:</b> help@mdcoalition.org <b>Website:</b> www.mdcoalition.org	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
Payment Accepted		Provider Type	Language	
❖ Free		❖ Family Peer Support Specialist	English, Spanish <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties			Services Provided	
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Behavioral Disorders</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> </ul>			<ul style="list-style-type: none"> <li>❖ Eating Disorders</li> <li>❖ Hoarding Behaviors</li> <li>❖ Mood Disorders</li> <li>❖ OCD</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> </ul>	
 <p>Maryland Coalition of Families (MCF) helps families who care for someone with behavioral health needs. Using their personal experience, our staff provide one-to-one support to the families of children, youth and adults with mental and behavioral health concerns including substance use or gambling issues. We provide emotional support, share knowledge, build skills, and connect families with resources and opportunities in their own communities. We also advocate to improve systems that impact individuals with behavioral health challenges.</p>				

## R.A. Lewis Consulting, LLC

Address	Contact	Counties Served	Ages
P.O. BOX 1518 Cambridge, MD 21613	<b>Phone:</b> 443-477-2826	Caroline, Dorchester, Kent, Queen Anne's, Talbot, & Other MD Counties	All Ages
Payment Accepted	Provider Type	Language	
❖ Self-Pay ❖ Medicaid ❖ Uninsured Eligible	❖ CPRS	English, Spanish <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties			Services Provided
<ul style="list-style-type: none"> <li>❖ Forensic Peer Support</li> <li>❖ Addiction</li> <li>❖ Mental Health</li> </ul>			<ul style="list-style-type: none"> <li>❖ Family Peer Support</li> <li>❖ Reentry Services</li> </ul>
Subject Matter Expert in Forensic services.			

## Recovery In Motion

Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 410-778-5895 <b>Fax:</b> 410-778-5896 <b>Email:</b> melanie.jones-dalziel2@maryland.gov <b>Website:</b> www.kenthd.org	Mon, Tue., Fri. 9 a.m. to 5 p.m. Wed., Thur. 9 a.m. to 6 p.m.	Kent	13-71+
Payment Accepted	Provider Type	Language		
❖ Free	❖ Peer Support Specialist	English <b>Interpreter:</b> No <b>Translator:</b> Yes		
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Alcohol Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Cocaine Use</li> <li>❖ Depression</li> <li>❖ Heroin Use</li> <li>❖ Opiate Use</li> <li>❖ Substance Use / Dependence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Advocacy</li> <li>❖ Care Coordination</li> <li>❖ Care Coordination Referral Services</li> <li>❖ Discharge Planning</li> <li>❖ Job Search / Placement</li> <li>❖ Men's Group</li> <li>❖ Narcan Training, Education and Distribution</li> <li>❖ Peer Support</li> <li>❖ Recovery Support Groups</li> <li>❖ Resource Materials</li> <li>❖ Veteran Services</li> <li>❖ Women's Group</li> </ul>			
 <p>Recovery in Motion (RIM) offers an array of behavioral health services to Kent County residents to improve their overall well-being. All programs are free and include support groups, 1-on-1 peer support, care coordination, Recovery Housing, and linkage to other services. Each program has its own specialty: Opioid Intervention Team (OIT), Community Outreach, Free Narcan Training &amp; Distribution, On-call 24/7 Overdose Response Overdose Data to Action (OD2A), Harm Reduction, Pregnant Women - Referral/SUD Education &amp; Prevention The Sobriety Treatment &amp; Recovery Teams (START), Intense Peer Support for Families Involved with Substance Exposed Newborns Substance Abuse Prevention, Education &amp; Prevention in Schools, Prescription Drug Safety, TIPS Training to Servers Buprenorphine Initiative (BUP), Peer Support for Inmates Enrolled in the Detention Center's MAT Program, Buprenorphine, and Education to Community Members &amp; Recovery Houses.</p>				

## Recovery Centers

### Avenues Recovery Center at Eastern Shore

Address	Contact	Hours	Counties	Ages
821 Fieldcrest Rd. Cambridge, MD 21613	<b>Phone:</b> 410-673-4600 <b>Fax:</b> 443-684-2312 <b>Email:</b> admissionsesmd@avenuesrecovery.com <b>Website:</b> <a href="http://www.avenuesrecoverymaryland.com">www.avenuesrecoverymaryland.com</a>	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
See a complete listing of Avenues' services on page 61.				

### Chesapeake Voyagers, Inc. Wellness and Recovery Center

Address	Contact	Hours	Counties	Age
607 Dutchmans Ln. Easton, MD 21601	<b>Phone:</b> 410-822-1601 <b>Fax:</b> 410-822-1621 <b>Email:</b> <a href="mailto:Dianelane@ChesapeakeVoyagers.org">Dianelane@ChesapeakeVoyagers.org</a> <b>Website:</b> <a href="http://www.chesapeakevoyagers.org">www.chesapeakevoyagers.org</a>	Mon. 12pm – 4:30pm Tues. – Fri. 10am – 4:30pm Sat. 9am – 12pm	Caroline, Dorchester, Kent, Queen Anne's, Talbot	18+
See a complete listing of CVI's services on page 77.				

## Dri-Dock Recovery and Wellness Center

Address	Contact	Hours	Counties	Age
524 Race St. 2 <sup>nd</sup> Floor Cambridge MD 21613	<b>Phone:</b> 410-228-3230 <b>Fax:</b> 410-228-7086 <b>Email:</b> <a href="mailto:jamie.schultz@maryland.gov">jamie.schultz@maryland.gov</a> <b>Facebook Page:</b> <a href="https://www.facebook.com/dridockrecoveryandwellnesscenter/">https://www.facebook.com/dridockrecoveryandwellnesscenter/</a>	Mon. – Thur. 8am. - 6 pm. Fri. 8 am - 4:30 pm Closed on Sat. and Federal Holidays	Dorchester	21-71+


## Maryland Addiction Recovery Center

Address	Contact	Hours
8600 LaSalle Rd. Carroll Building Ste. 212 Towson, MD 21286	<b>Phone:</b> 410-773-0500 <b>Fax:</b> 410-773-0501 <b>Email:</b> <a href="mailto:info@marylandaddictionrecovery.com">info@marylandaddictionrecovery.com</a> <b>Website:</b> <a href="http://www.marylandaddictionrecovery.com">www.marylandaddictionrecovery.com</a>	Mon. – Fri. 8 a.m. to 9 p.m.

Maryland Addiction Recovery Center is a drug & alcohol addiction treatment center in Baltimore County, Maryland. They offer community living treatment, intensive outpatient treatment, and MAT.

## Maryland ROPTA (Reinforcing Overdose Prevention Through Training and Advocacy)

Contact	Counties
<b>Email:</b> <a href="mailto:marylandropta@umd.edu">marylandropta@umd.edu</a> <a href="mailto:info@marylandaddictionrecovery.com">info@marylandaddictionrecovery.com</a> <b>Website:</b> <a href="http://www.marylandropta.org">www.marylandropta.org</a>	All Maryland Counties



ROPTA offers a variety of free, evidence-based trainings that can be provided virtually and in-person, depending on location. Topics include - Mental Health First Aid - Youth, Adult, Older Adults, Rural Communities. The Opioid Public Health Crisis. Removing the Shame & Stigma of Addiction. The Brain & the Disease of Addiction. Guide to Harm Reduction. This is Not About Drugs. Adverse Childhood Experiences. Medications for the Treatment of SUD. Social Determinants of Health. Drug User Health Framework. Stages of Change. GenerationRX. All ages served.

## Recovery In Motion

Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 410-778-5895 <b>Fax:</b> 410-778-5896 <b>Email:</b> <a href="mailto:melanie.jones-dalziel2@maryland.gov">melanie.jones-dalziel2@maryland.gov</a> <b>Website:</b> <a href="http://www.kenthd.org">www.kenthd.org</a>	Mon, Tue., Fri. 9 a.m. to 5 p.m. Wed. and Thur. 9 a.m. to 6 p.m.	Kent	13-71+

See a complete listing of Recovery in Motion's services on page 79.




## Safe Stations

Safe Stations are a 24/7 safe environment for consumers who want assistance with substance use. Services are free and confidential.

<p><b>Caroline County</b></p>	<p><b>Caroline County Sheriff's Department</b>            9305 Double Hills Rd, Denton, MD 21629  <b>Phone:</b> 888-407-8018  <b>Email:</b> safestation@santegroup.org  <b>Facebook Page:</b>  <a href="https://www.facebook.com/profile.php?id=100078462099861">https://www.facebook.com/profile.php?id=100078462099861</a></p>
<p><b>Talbot County</b></p>	<p><b>St. Michaels Police Department</b>            100 S Freemont St. St. Michaels, MD 21663  <b>Phone:</b> 410-745-9500</p> <p><b>Talbot County Department of Emergency Services</b>            9 Port St. Easton, MD 21601  <b>Phone:</b> 410-770-8160</p>
<p><b>Wicomico County</b></p>	<p><b>Recovery Resource Center</b>            726 Salisbury Blvd. Suite E Salisbury, MD 21801  <b>Phone:</b> 410-749-9482</p> <p><b>SHORE Center (M-F 8-4 p.m.)</b>            803 N. Salisbury Blvd. Suite 2300, Salisbury, MD 21801  <b>Phone:</b> 443-210-2169</p>
<p><b>Worcester County</b></p>	<p><b>14th Street Fire Department</b>            1409 Philadelphia Ave. Ocean City, MD 21842  <b>Phone:</b> 410-289-4346</p> <p><b>Atlantic Club</b>            11827 Ocean Gateway, Ocean City, MD 21842</p>



## Affiliated Sante Eastern Shore Safe-Station

Affiliated Sante Eastern Shore Safe-Station				
Address	Contact	Hours	Counties Served	Ages
28577 Mary's Court, Suite 5 Easton, MD 21601	<b>24/7 Phone:</b> 1-888-407-8018 <b>Fax:</b> 240-331-1465 <b>Email:</b> <a href="mailto:tbrown@santegroup.org">tbrown@santegroup.org</a> <b>Website:</b> <a href="http://www.santeeasternshore.org">www.santeeasternshore.org</a>	8 A.M. – 12 A.M.	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico	0-21
Payment Accepted	Provider Type		Language	
<ul style="list-style-type: none"> <li>❖ Free</li> <li>❖ Grant Funds</li> </ul>	<ul style="list-style-type: none"> <li>❖ CPRS</li> <li>❖ LCSW-C</li> </ul>		English <b>Interpreter:</b> Hotline <b>Translator:</b> Hotline	
				
The Safe Station Program serves residents of Caroline County and all neighboring counties and is available to individuals suffering from all forms of addiction and substance use. Services Provided - Our Peer-Led Safe Station Program is dedicated to serving individuals seeking recovery from drug addiction. Upon arriving at the Caroline County Sheriff's Office, individuals seeking support will be paired with a Certified Peer Recovery Specialist to begin their journey to recovery.				

## Support Groups

<p><b>Al-Anon Family Groups</b></p>	<p><b>Alcoholics Anonymous</b></p>
<p>Al-Anon Family Groups is a program of recovery for the families and friends of alcoholics.</p>	<p>Alcoholics Anonymous helps alcoholics peer to peer in sobriety through the 12 Steps program.</p>
<p><a href="http://www.al-anon.org">www.al-anon.org</a> 1-888- 4AL-ANON (425-2666)</p>	<p><a href="http://www.aa.org">www.aa.org</a> 212-870-3400</p>
<p><b>Celebrate Recovery</b></p>	<p><b>Eastern Shore Alano Club</b></p>
<p>Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction of any kind.</p>	<p>The Eastern Shore Alano Club provides a safe meeting place for people working to recover from addiction or compulsive behaviors.</p>
<p><a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a></p>	<p><a href="#">Facebook Page</a> 410-778-0533</p>
<p><b>Maryland Center of Excellence on Problem Gambling</b></p>	<p><b>Maryland Coalition of Families</b></p>
<p>The Maryland Center of Excellence on Problem Gambling has a free 24-hour Helpline and Peer Recovery Support for individuals dealing with problem gambling.</p>	<p>MCF offers safe, accessible support groups for family members and other people who care for individuals experiencing substance use or problem gambling.</p>
<p><a href="http://www.mdproblemgambling.com">www.mdproblemgambling.com</a> <a href="https://helpmygamblingproblem.org">https://helpmygamblingproblem.org</a> 1-800-GAMBLER</p>	<p><a href="http://www.mdcoalition.org">www.mdcoalition.org</a> 410-730-8267</p>
<p><b>Mid Shore Intergroup</b></p>	<p><b>Nar-Anon Family Groups</b></p>
<p>The Maryland Mid-Shore Intergroup (MSIG) provides assistance and resources to alcoholics.</p>	<p>The Nar-Anon Family Groups is for those who know or have known someone with an addiction problem.</p>
<p><a href="http://www.midshoreintergroup.org">www.midshoreintergroup.org</a> 410-822-4226</p>	<p><a href="http://www.nar-anon.org">www.nar-anon.org</a> 800-477-6291</p>
<p><b>Narcotics Anonymous</b></p>	<p><b>SMART Recovery</b></p>
<p>Narcotics Anonymous (N.A.) is a nonprofit fellowship or society of men and women for whom drugs had become a major problem.</p>	<p>Self-Management and Recovery Training (SMART) support groups are for individuals experiencing behavioral health challenges, and family and friends.</p>
<p>East of the Bay Area Narcotics Anonymous: <a href="http://www.eastofthebayna.org">www.eastofthebayna.org</a> <a href="http://www.na.org">www.na.org</a> 1-800-317-3222</p>	<p><a href="http://www.smartrecovery.org">www.smartrecovery.org</a> 440-951-5357</p>

# County Services

## County Departments of Health

Health departments are local governing authorities that oversee the health, and often mental health, agencies within its specific jurisdiction. The mid-shore has five county health departments:

<b>Caroline County Health Department</b>	403 S. 7th Street, Denton, MD 21629 <b>Phone:</b> 410-479-8030 <b>Fax:</b> 410-479-0554
<b>Dorchester County Health Department</b>	3 Cedar Street, Cambridge, MD 21613 <b>Phone:</b> 410-228-3223 <b>Fax:</b> 410-228-9319
<b>Kent County Health Department</b>	125 Lynchburg Street, Chestertown, MD 21620 <b>Phone:</b> 410-778-1350 <b>Fax:</b> 410-778-6119
<b>Queen Anne’s County Health Department</b>	206 N. Commerce Street, Centreville, MD 21617 <b>Phone:</b> 410-758-0720 <b>Fax:</b> 410-758-2838
<b>Talbot County Health Department</b>	100 S. Hanson Street, Easton, MD 21601 <b>Phone:</b> 410-819-5600 <b>Fax:</b> 410-819-5690
<b>The Maryland Department of Health</b>	201 W. Preston Street Baltimore, MD 21201 <b>Phone:</b> 410-767-6500 or 1-877-463-3464 <b>Website:</b> <a href="http://www.health.maryland.gov">www.health.maryland.gov</a>

## County Departments of Juvenile Services (DJS)

Maryland Department of Juvenile Services (DJS) is a department of the State government charged with providing juvenile justice services to children with suspected involvement in delinquent and/or status offenses.

<b>Caroline County Department of Juvenile Services</b>	317 Carter Avenue, Suite 105, Denton, MD 21629 <b>Phone:</b> 410-819-6556 <b>Fax:</b> 410-819-6559
<b>Dorchester County Department of Juvenile Services</b>	310 Gay Street, Cambridge, MD 21613 <b>Phone:</b> 410-228-6452 <b>Fax:</b> 410-228-3342
<b>Kent County Department of Juvenile Services</b>	315 High Street, Suite 202, Chestertown, MD 21620 <b>Phone:</b> 410-778-6103 <b>Fax:</b> 410-778-6307
<b>Queen Anne's County Department of Juvenile Services</b>	120 Broadway, Suite 9, Centreville, MD 21617 <b>Phone:</b> 410-819-4180 <b>Fax:</b> 410-819-4190
<b>Talbot County Department of Juvenile Services</b>	301 Bay Street, Unit 5, Easton, MD 21601 <b>Phone:</b> 410-770-4848 <b>Fax:</b> 410-820-7117 <b>Website:</b> <a href="http://www.dhs.maryland.gov/local-offices/talbot-county">www.dhs.maryland.gov/local-offices/talbot-county</a>

## County Departments of Social Services (DSS)

Departments of Social Services (DSS) are local county agencies which provide a range of services including public assistance, medical assistance, protective services, and services to families with children. County Departments of Social Service agencies are under the Maryland Department of Human Services (DHS) and assist individuals in economic need, protect children and vulnerable adults, and promote the safety and well-being of the residents of the county.

<b>Caroline County</b> <b>Department of Social Services</b>	207 S. Third Street, Denton, MD 21629 <b>Phone:</b> 410-819-4500 <b>Fax:</b> 410-819-4501 <b>Website:</b> <a href="http://www.dhs.maryland.gov/local-offices/caroline-county">www.dhs.maryland.gov/local-offices/caroline-county</a>
<b>Dorchester County</b> <b>Department of Social Services</b>	2737 Dorchester Square Cambridge, Maryland 21613 <b>Phone:</b> 410-901-4100 <b>Fax:</b> 410-901-1047 <b>Email:</b> dorchesterdss.helprequest@maryland.gov <b>Website:</b> <a href="http://dhs.maryland.gov/local-offices/dorchester-county">dhs.maryland.gov/local-offices/dorchester-county</a>
<b>Kent County</b> <b>Department of Social Services</b>	350 High Street, P.O. Box 670, Chestertown, MD 21620 <b>Phone:</b> 410-810-7600 <b>Fax:</b> 410-778-1497 <b>Email:</b> kent.dss@maryland.gov <b>Website:</b> <a href="http://www.dhs.maryland.gov/local-offices/kent-county">www.dhs.maryland.gov/local-offices/kent-county</a>
<b>Queen Anne's County</b> <b>Department of Social Services</b>	125 Comet Drive, Centreville, MD 21617 <b>Phone:</b> 410-758-8000 <b>Fax:</b> 410-758-8110 <b>Website:</b> <a href="http://www.dhs.maryland.gov/local-offices/queen-annes-county">www.dhs.maryland.gov/local-offices/queen-annes-county</a>
<b>Talbot County</b> <b>Department of Social Services</b>	301 Bay Street Unit 5, Easton, MD 21601 <b>Phone:</b> 410-770-4848 <b>Fax:</b> 410-820-7117 <b>Website:</b> <a href="http://www.dhs.maryland.gov/local-offices/talbot-county">www.dhs.maryland.gov/local-offices/talbot-county</a>

# STOP HUMAN TRAFFICKING

Detén el Tráfico de Personas

# 1-888-3737-888

If you or someone you know is being forced to engage in any activity and cannot leave—whether it is commercial sex, housework, farm work, or any other activity, call the National Human Trafficking Resource Center Hotline at:



Si usted, o alguien que conoce, lo están obligando a hacer algo y no lo dejan ir—ya sea sexo a cambio de dinero, trabajo de casa, trabajo agrícola, construcción, en una fábrica, tienda, restaurante o cualquier otra actividad, llame al Centro Nacional de Recursos contra el Tráfico de Personas al:

**The toll-free hotline is:**

- Available 24 hours a day, 7 days a week.
- Operated by a non-profit, non-governmental organization.
- Anonymous and confidential.
- Accessible in 170 languages.
- Able to provide help, referral to services, training, and general information.

**Línea Telefónica Gratuita:**

- Disponible las 24 horas al día, 7 días a la semana.
- Operada por organizaciones no relacionadas gubernamentales y sin fines de lucro.
- Anónimas y confidenciales.
- Servicios en 170 idiomas.
- Capacitados para prestarle ayuda, servicios de remisión, formación e información general.

Text 233733 (BeFree)

[TraffickingResourceCenter.org](http://TraffickingResourceCenter.org)

# Crisis Services

## 988 Suicide and Crisis Lifeline

The 988 Lifeline provides 24/7, confidential support to people in suicidal crisis or mental health-related distress. By calling or texting 988, you'll connect to mental health professionals with the Lifeline network.

Call or Text 988

## Crisis Text Line

Text Home to 741741 or click "Send Message" on Facebook to chat confidentially with a trained Crisis Counselor 24/7.

Text HOME to 741741  
[www.crisistextline.org](http://www.crisistextline.org)

## Eastern Shore Crisis Response

A free, 24/7 crisis service connecting callers to confidential support and service coordination and dispatching mobile crisis team if needed.

1-888-407-8018

## For All Seasons

Free, confidential English and Spanish services for survivors of sexual assault.

English: 410-820-5600  
 Text and Espanol: 401-829-6143

## Life Crisis Center

Answers crisis and emotional support calls and provides linkage to local resources.

410-749-HELP  
[www.lifecrisiscenter.org](http://www.lifecrisiscenter.org)

## Maryland Center of Excellence on Problem Gambling

A free, confidential 24-hour helpline for those struggling with problems due to gambling.

Call or Text 1-800-426-2537  
[www.mdproblemgambling.com](http://www.mdproblemgambling.com)  
<https://helpmygamblingproblem.org/>

## Maryland AIDS Hotline

Information on testing and referrals Monday – Friday 9 a.m. to 5 p.m. except holidays.

1-800-638-6252  
 Hearing Impaired:  
 1-800-553-3140

## Mid-Shore Council on Family Violence

Offers free crisis intervention, counseling, shelter, transitional assistance, legal assistance.

800-927-4673  
[www.msfcv.org](http://www.msfcv.org)

## Trevor Project Crisis Line

The Trevor Project provides lifesaving and life-affirming services, support, and resources to LGBTQ youth.

Call, text, chat: 1-866-488-7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

## VET2VET

Vet2Vet provides assistance to Veterans in need, including counseling and assistance in locating services and connecting to other organizations.

1-877-VET2VET (838-2838)

## Veterans Crisis Line

A free, confidential 24/7 resource available to anyone, even if you're not registered with VA or enrolled in VA health care. Text 838255.

988 Press 1  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

## National Suicide Prevention Hotline / Nacional de Prevención del Suicidio

The National Suicide Lifeline provides 24/7, free and confidential support for people in distress, as well as prevention and crisis resources for individuals or their loved ones.

[988 Lifeline](http://www.988lifeline.org) – English  
[Linea 988 de Prevencion del Suicidio y Crisis](http://www.linea988.org)

## Acute Psychiatric Hospitals

Dover Behavioral Health Systems			
Address	Contact	Hours	Ages
725 Horsepond Rd. Dover, DE 19901 404 S Bedford St. Georgetown, MD 19947	<b>Phone:</b> 302-741-0140 or 855-609-9711 <b>Fax:</b> 302-741-8551 <b>Website:</b> <a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a>	24/7	9-71+
Payment Accepted	Provider Type	Language	
❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ LCSW                      ❖ PA-C ❖ MD                            ❖ PhD ❖ Nurse                        ❖ PMH- APRN	English <b>Interpreter:</b> Spanish <b>Translator:</b> No	
Treatment Specialties		Services Provided	
❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders	❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI	❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Walk-In	
See a complete listing of Dover Behavioral' s services on page 21.			

TidalHealth Peninsula Regional			
Address	Contact	Hours	
100 East Carroll St. Salisbury, MD 21801	<b>Phone:</b> 410-543-6400 <b>Fax:</b> 410-543-7165 <b>Website:</b> <a href="http://www.peninsula.org">www.peninsula.org</a>	24/7	
Payment Accepted	Provider Type	Language	
❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Sliding Scale Fee	❖ LCSW-C ❖ MD ❖ Nurse	English <b>Interpreter:</b> Yes, language line <b>Translator:</b> No
Treatment Specialties		Services Provided	
❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities	❖ Personality ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use / Dependence	❖ Behavioral Treatment ❖ Detoxification ❖ Emergency Medical Care ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Homeless Outreach ❖ Mental Health Evaluation and Treatment	❖ Mental Health Related Support Groups ❖ Psychiatric Assessment ❖ Psychiatric Emergency Room Care ❖ Psychiatric Hospitalization ❖ Walk-In

## Rockford Center

Address		Contact	Hours
100 Rockford Dr. Newark, DE 19713		<b>Phone:</b> 302-892-4205 <b>Fax:</b> 302-996-0269 <b>Website:</b> <a href="http://www.rockfordcenter.com">www.rockfordcenter.com</a>	24/7
Payment Accepte		Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> </ul>		<ul style="list-style-type: none"> <li style="width: 50%;">❖ CRNP</li> <li style="width: 50%;">❖ LCPC</li> <li style="width: 50%;">❖ MD</li> <li style="width: 50%;">❖ Nurse</li> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ PhD</li> <li style="width: 50%;">❖ LCADC</li> </ul>	English <b>Interpreter:</b> Spanish <b>Translator:</b> No
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Substance Use / Dependence</li> <li>❖ Schizoid Personality Disorder</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Anger Management Counseling</li> <li style="width: 33%;">❖ Mental Health Related Support Groups</li> <li style="width: 33%;">❖ Art Therapy</li> <li style="width: 33%;">❖ Older Adults / Aging Services</li> <li style="width: 33%;">❖ Behavioral Treatment</li> <li style="width: 33%;">❖ Pet Assisted Therapy</li> <li style="width: 33%;">❖ Bereavement and Grief Counseling</li> <li style="width: 33%;">❖ Play Therapy</li> <li style="width: 33%;">❖ CBT</li> <li style="width: 33%;">❖ Psychiatric Assessment</li> <li style="width: 33%;">❖ Crisis intervention</li> <li style="width: 33%;">❖ Psychiatric Case Management</li> <li style="width: 33%;">❖ Detoxification</li> <li style="width: 33%;">❖ Psychiatric Day Treatment</li> <li style="width: 33%;">❖ Family Counseling</li> <li style="width: 33%;">❖ Psychiatric Hospitalization</li> <li style="width: 33%;">❖ General Counseling</li> <li style="width: 33%;">❖ Psycho Educational Groups</li> <li style="width: 33%;">❖ General Mental Health Information/Education</li> <li style="width: 33%;">❖ Psychological Testing</li> <li style="width: 33%;">❖ Geriatric Counseling</li> <li style="width: 33%;">❖ Substance Use Education / Prevention</li> <li style="width: 33%;">❖ Group Counseling</li> <li style="width: 33%;">❖ Substance Use Inpatient Co-Occurring (&lt;30 days)</li> <li style="width: 33%;">❖ Individual Counseling</li> <li style="width: 33%;">❖ Substance Use Intervention Program</li> <li style="width: 33%;">❖ LGBTQ+ Issues</li> <li style="width: 33%;">❖ Substance Use Outpatient</li> <li style="width: 33%;">❖ Marriage Counseling</li> <li style="width: 33%;">❖ Trauma Informed</li> <li style="width: 33%;">❖ Mental Health Evaluation and Treatment</li> <li style="width: 33%;">❖ Walk-In</li> </ul>		

## Affiliated Sante Eastern Shore MRSS (Mobile Response Stabilization Service )

Address	Contact	Hours	Counties	Ages
28577 Mary's Ct. Suite 5 Easton, MD 21601	<b>24/7 Phone:</b> 1-888-407-8018 <b>Fax:</b> 240-331-1465 <b>Email:</b> <a href="mailto:tbrown@santegroup.org">tbrown@santegroup.org</a> <b>Website:</b> <a href="http://www.thesantegroup.org">www.thesantegroup.org</a>	8 A.M. – 9 P.M.	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico	0-21
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> <li>❖ Free</li> <li>❖ Grant Funds</li> </ul>	<ul style="list-style-type: none"> <li style="width: 50%;">❖ BSW</li> <li style="width: 50%;">❖ LCSW-C</li> <li style="width: 50%;">❖ LCPC</li> <li style="width: 50%;">❖ LMSW</li> <li style="width: 50%;">❖ LCSW</li> </ul>	English <b>Interpreter:</b> Hotline <b>Translator:</b> Hotline		
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ Situational Crisis</li> <li>❖ UCC Appointments</li> <li>❖ Care Coordination</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Crisis Response &amp; Stabilization</li> <li style="width: 33%;">❖ Strategic Coaching</li> <li style="width: 33%;">❖ Crisis De-escalation</li> <li style="width: 33%;">❖ Telehealth Services Available</li> <li style="width: 33%;">❖ Short Term Stabilization</li> </ul>			



## Affiliated Sante Eastern Shore MRSS (Mobile Response Stabilization Service )



Our Mobile Response Stabilization Service (MRSS) program provides crisis response and stabilization to youth and their families. Building on existing regional and county services and utilizing a family-centered approach, we support families with crisis de-escalation strategies, short-term stabilization, and strategic coaching to prevent and diffuse future crises.

### Union Hospital of Cecil County

Address	Contact	Hours
106 Bow St. Elkton, MD 21921	<b>Phone:</b> 410-398-4000 <b>Fax:</b> 410-398-0698 <b>Website:</b> <a href="http://www.uhcc.com">www.uhcc.com</a>	24/7
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> <li>❖ Medicare</li> <li>❖ Private Insurance</li> <li>❖ Public Behavioral Health (Medicaid)</li> </ul>	<ul style="list-style-type: none"> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCPC</li> <li>❖ MD</li> <li>❖ Nurse</li> <li>❖ PhD</li> </ul> <p><b>Interpreter: No</b> <b>Translator: No</b></p>
Treatment Specialties	Services Provided	
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Personality Disorders</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> </ul>	<ul style="list-style-type: none"> <li>❖ Anger Management</li> <li>❖ Behavioral Treatment</li> <li>❖ CBT</li> <li>❖ Dialectical Behavioral Therapy</li> <li>❖ General Counseling</li> <li>❖ Mental Health Evaluation and Treatment</li> <li>❖ Mental Health Related Support Groups</li> <li>❖ Pet Assisted Therapy</li> <li>❖ Psychiatric Assessment</li> <li>❖ Psychiatric Hospitalization</li> <li>❖ Mental Health Intensive Outpatient Therapy</li> <li>❖ Psychiatric Emergency Room Care</li> <li>❖ Psychiatric Medication Services</li> <li>❖ Psycho Educational Groups</li> <li>❖ Psychological Testing</li> <li>❖ Substance Use Inpatient Co-Occurring (&lt;60 days)</li> <li>❖ Trauma Informed</li> </ul>	
<p>Union Hospital Behavioral Health team provide treatment and support for a safe transition back into everyday life through inpatient or outpatient programs. Staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness or condition. The 15-bed inpatient unit is in Union Hospital on the fourth floor. Because patients are residents, they benefit from a full complement of medical services. An individualized treatment plan is created for each patient and includes daily activities and goal setting.</p>		

## Emergency Departments

<b>TidalHealth Peninsula Regional</b>
100 East Carroll St. Salisbury, MD 21801
410-546-6400 <a href="http://www.peninsula.org">www.peninsula.org</a>

<b>Union Hospital of Cecil County</b>
106 Bow St. Elkton, MD 21921
410-398-4000 <a href="http://www.uhcc.com">www.uhcc.com</a>

<b>University of Maryland Shore Emergency Center - Queenstown</b>
115 Shoreway Dr. Queenstown, MD 21658
410-827-3900 <a href="http://www.umshoreregional.org">www.umshoreregional.org</a>

<b>University of Maryland Shore Medical Center - Chestertown</b>
100 Brown St. Chestertown, MD 21620
410-778-3300 <a href="http://www.umshoreregional.org">www.umshoreregional.org</a>

<b>University of Maryland Shore Medical Center - Dorchester</b>
715 Cambridge Marketplace Blvd. Cambridge, MD 21613
443-225-7500 <a href="http://www.umshoreregional.org">www.umshoreregional.org</a>

<b>University of Maryland Shore Medical Center -Easton</b>
219 S. Washington St. Easton, MD 21601
410-822-1000 <a href="http://www.umshoreregional.org">www.umshoreregional.org</a>

## Mobile Crisis and Crisis Response

Worcester County Health Department – Crisis Response Team				
Address	Contact	Hours	Counties	Payment
9730 Healthway Dr. Berlin, Maryland 21811	<b>Phone:</b> 410-629-0164 <b>Fax:</b> 410-629-0185 <b>Website:</b> <a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a>	24/7	Worcester	❖ Free Services ❖ Grant Funds
The Worcester County Health Department’s Crisis Response Team (CRT) provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital, and various other agencies throughout the county. CRT provides an emergency mental health and addiction assessment on the scene and attempts to connect individuals to community resources as appropriate.				

## Residential Crisis Services

Residential Crisis Services (RCS) are funded with state general funds and are short-term, intensive mental health and support services for children, adolescents, and adults in a community-based, non-hospital, residential setting.

Channel Marker, Inc., The Bridge	
Contact	Payment
Heather Howes (Crisis Director) – hhowes@channelmarker.org 410-822-4619 <a href="#">Residential Crisis Beds</a>	❖ Donations ❖ Grant Funding ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay
The Bridge offers a new Residential Crisis Bed service to address the needs of individuals who are seeking stabilization through acute, non-emergent crisis support services. The Bridge provides an alternative for or step-down from inpatient stay. The Bridge ensures coordination of care is maximized, and clients can be easily transitioned from one level of care to another. On-site clinical support is available around the clock, and coordination among other mental health and wellness services in the region is a priority. The Bridge setting allows access to an exercise room, TV and computer lounges, state-of-the-art kitchen, social and recreational areas, a meditative courtyard, and a walking path on property.	

## Go-Getters, Inc. The Retreat

Address	Contact	Hours	Payment
716 N. Division St. Salisbury, MD 21801	<b>Phone:</b> 410-749-2578 <b>Email:</b> smobray@lowershoreclinic.org <b>Website:</b> <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>	24/7	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee

The Retreat offers a safe harbor and sanctuary for adults experiencing a psychiatric crisis. As a voluntary alternative to hospitalization, The Retreat provides short term Residential Crisis Services in a 24/7 community-based setting. In addition to Residential Crisis Services, The Retreat offers crisis counseling. The Retreat is appropriate as an alternative to psychiatric hospitalization or to shorten the length of a hospital admission. Anyone who is medically stable, under the care of a physician, awaiting admission to or stepping down from a psychiatric unit can be safely cared for at The Retreat. Retreat's trained crisis staff offer the comforts of a home-like setting augmented with counseling and therapeutic groups. The Retreat will assist you with meetings with physicians and therapists to further enhance your recovery.

## Harbour House

Address and Contact	Contact
7731 West Dr. Glen Burnie, MD 21061 <b>Phone:</b> 410-255-3539 <b>Fax:</b> 410-255-8583 <b>Email:</b> <a href="mailto:contact@harbour-house.org">contact@harbour-house.org</a> <b>Website:</b> <a href="http://www.harbour-house.org">www.harbour-house.org</a>	Harbour House, Inc. is a Maryland 501(c)3 that provides an alternative to hospitalization for those experiencing a mental health crisis as evaluated by a physician or mental health professional. Harbour House can assist individuals being discharged from inpatient facilities to transitional location, as well as individuals needing temporary separation from current living arrangements.

# Disability Services

## Americans with Disabilities Act Hotline



Americans with Disabilities Act (ADA) Hotline answers questions from businesses, State and local governments, and others about general or specific ADA requirements including questions about the ADA Standards for Accessible Design.

800-514-0301 (voice) 1-833-610-1264 (TTY)

## Bay Area Center for Independent Living

Address	Contact	Hours	Payment
909 Progress Cir. Ste. 300 Salisbury, MD 21804	<b>Phone:</b> 443-260-0822 <b>Fax:</b> 443-260-0833 <b>Website:</b> <a href="http://www.bayareacil.org">www.bayareacil.org</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.	❖ DORS ❖ Medicaid

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Anxiety / Phobias</li> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Brain Injuries</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> </ul>	<ul style="list-style-type: none"> <li>❖ Advocacy</li> <li>❖ Assistive Technology Evaluations and Loans</li> <li>❖ Benefits Counseling</li> <li>❖ Independent Living Communities for Older Adults</li> <li>❖ Independent Living Skills</li> </ul>

An independent living center is a consumer controlled, community-based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities. Independent living services maximize the ability to live independently in the environment of their own choosing. Bay Area Center for Independent Living (Bay Area CIL) offers five core services mandated by the Rehabilitation Act of 1973, as amended, Title VII, Chapter 1, and reauthorized by the Workforce Innovations and Opportunities Act of 2014.

## Caroline Center, Inc.

12061 School St. Ridgely, MD 21660 **Phone:** 800-863-2102 or 410-643-2103 **Website:** [www.carolinecenterinc.org](http://www.carolinecenterinc.org)

Caroline Center inspires program participants to make healthy choices with regards to where, and with whom, they live, learn, work, and socialize; and to share in the responsibilities attributing to their quality of life. The Caroline Center offers a Life Enrichment Program, available to adults and transitional aged youth (18 years of age and older) with intellectual and developmental disabilities; a Residential Program, designed to allow individuals to have access to the services and supports, within the agency and the community, they need to live their lives in the way that they choose; and Support Services, including Community Supported Living Assistance (CSLA) and Family & Individual Supported Services (FISS). These services are available to eligible children and adults with intellectual and developmental disabilities so that they may remain in their own homes. Individuals receive guidance related to daily living skills, meal preparation, transportation, employment opportunities and participation in life enriching activities. FISS services are flexible and responsive to the needs of the individuals and/or families who live within a household.

## Chesapeake Center, Inc.

Address	Contact	Hours
713 Dover Rd. P.O. Box 1906 Easton, MD 21601	<b>Phone:</b> 410-822-4122 <b>Fax:</b> 410-822-4184 <b>Email:</b> info@chesapeakecenter.org <b>Website:</b> <a href="http://www.chesapeakecenter.org">www.chesapeakecenter.org</a>	Vocational: Mon. - Fri. 8:30 a.m. to 2:30 p.m. Office: Mon. - Fri. 8:30 a.m. to 4:30 p.m.
Payment Accepted	Provider Type	Language
❖ DDA Funding ❖ DORS ❖ Grant Funds	❖ Public Behavioral Health (Medicaid) ❖ Sliding Scale Fee	❖ Nurse
		English <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties	Services Provided	
❖ Developmental Disabilities ❖ Intellectual Disabilities	❖ Community Support for Adults with Developmental Disabilities ❖ Job Search / Placement ❖ Residential Rehabilitation Program ❖ Respite Care ❖ Supported Employment ❖ Vocational Training	
Chesapeake Center is a community non-profit agency serving the needs of those with developmental disabilities. They offer vocational training, job training, supported employment and habilitation services. They provide supervised residential settings for adults with Developmental Disabilities (DD) that target independent living skills training. They can also offer community supports to adults with DD who live on their own and need help with errands, banking, budgeting, community integration, appointments, and securing/retaining benefits.		


## Chesterwye Center, Inc.

Address	Contact	Hours
110 Chesterwye Ln. P.O. Box 96 Grasonville, MD 21638	<b>Phone:</b> 410-827-7048 <b>Fax:</b> 410-827-6457 <b>Website:</b> <a href="http://www.chesterwye.com">www.chesterwye.com</a>	Mon. – Fri. 9 a.m. to 4 p.m.
Payment Accepted	Provider Type	Language
❖ DDA Funding ❖ Grant Funds ❖ Medicare	❖ Private Insurance ❖ Self-Pay ❖ Sliding Scale Fee	❖ LCSW-C ❖ Nurse
		English <b>Interpreter:</b> Spanish and Hearing Impaired <b>Translator:</b> No
Treatment Specialties	Services Provided	
❖ Anxiety / Phobia ❖ Autism Spectrum ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders	❖ Hoarding Behaviors ❖ Intellectual Disabilities ❖ Personality Disorders ❖ Physical Disabilities ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ TBI ❖ Behavioral Treatment ❖ General Counseling ❖ Individual Counseling ❖ Job Search / Placement ❖ Mental Health Related Support Groups ❖ Older Adults / Aging Services ❖ Program Transportation ❖ Residential Services for Adults with Intellectual Disabilities ❖ Respite Care ❖ Supported Employment ❖ Vocational Training	

## Crossroads Community

Contact	Hours	Counties	Ages
<b>Phone:</b> 410-758-3050 <b>Email:</b> cci@ccinonline.com <b>Website:</b> <a href="https://www.ccinonline.com/">https://www.ccinonline.com/</a>	Mon. – Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6- 71+
Offers youth and adult programs, vocational services, behavioral health case management, respite care program, mental illness, and substance use services. For a complete listing of Crossroads' services, see page 47.			


## Delmarva Community Services, Inc

2450 Cambridge Bltwy. Cambridge, MD 21613 <b>Phone:</b> 410-221-1900 <b>Fax:</b> 410-221-1917 <b>Website:</b> <a href="https://www.dcsdct.org/">https://www.dcsdct.org/</a>	
	Residential services are available to persons with developmental disabilities via a referral service in conjunction with the Dorchester County Health Department's Office of Developmental Disabilities. Through this referral process, a plan is developed to secure appropriate funding and decide on the level of care needed to meet the individual's/service plan. Services range from drop-in supervision to 24-hour supervision. Individuals may live in single dwellings or in homes having three to five bedrooms. Everyone is assigned a coordinator who monitors their care and supervision and makes certain their outcomes and goals are addressed. Call 410-221-1900 ext. 137 for more information. The Vocational Program is a multi-faceted approach that offers many opportunities for individuals with developmental disabilities. Several avenues of training and work are available based on the McCarron Dial Basic Vocational Evaluations, and the goals and desires of the individual. Call 410- 221-1900 ext. 120 for more information. Respite is a program that helps caregivers get a break from the care they provide a loved one. This allows caregivers to be able to continue to do what they do, caring for a loved one. They can use the respite hours for vacation, appointments they have, shopping, etc. Caregivers are reimbursed. There are five respite care programs administered by Delmarva Community Services. All programs require an application. Contact the office to see if you or your loved one qualifies for one of the programs.

## Developmental Disabilities Resource Coordination

100 S. Hanson St. Easton, MD 21601 <b>Phone:</b> 410-819-5600 <b>Website:</b> <a href="http://www.health.maryland.gov/talbotcounty/dda">www.health.maryland.gov/talbotcounty/dda</a>	
The Developmental Disabilities Program/Resource Coordination is the local link to the Developmental Disabilities Administration. This program is designed to assist individuals with disabilities by processing eligibility for DDA, to identify appropriate services and resources, to obtain needed services, and enable them to gain as much independence as possible in their lives.	

## Disability Rights Maryland

1500 Union Ave. St. 2000 Baltimore, MD 21211 <b>Phone:</b> 410-727-352 <b>Website:</b> <a href="http://www.disabilityrightsmd.org">www.disabilityrightsmd.org</a>	
	Disability Rights Maryland (DRM), a non-profit 501(c)(3) organization, is Maryland's designated Protection & Advocacy agency (formerly known as "Maryland Disability Law Center"). DRM is federally mandated to advance the civil rights of people with disabilities. We provide free legal services to Marylanders of any age with all types of disabilities (developmental, intellectual, psychiatric, physical, sensory, learning, traumatic brain injury), who live in facilities, in the community or who are homeless.

## Division of Rehabilitation Services (DORS)

8737 Brooks Dr. Ste. 106 Easton, MD 21601 **Phone:** 410-770-4646 **Website:** [www.dors.maryland.gov](http://www.dors.maryland.gov)

Division of Rehabilitation Services (DORS) helps people with physical, emotional, intellectual, developmental, sensory, and learning disabilities go to work and keep their jobs by providing services such as career assessment and counseling, assistive technology, job training, higher education, and job placement.

## Easterseals Camp Fairlee

61 Corporate Circle New Castle, DE 19720 **Phone:** 302-324-4444 **Website:** <https://www.campfairlee.com/>



Easterseals' Camp Fairlee provides recreation and respite for ages 6 and up. Services include residential summer camp, daily adventures, respite weekends.

## Kent Center

Address	Contact	Hours	Payment	Language
215 Scheeler Rd. Chestertown, MD 21620	<b>Phone:</b> 410-778-7303 <b>Fax:</b> 410-778-7305 <b>Website:</b> <a href="http://www.kentcenter.org">www.kentcenter.org</a>	24/7	❖ DDA Funds    ❖ Medicare ❖ Grant        ❖ Self-Pay Funds	English <b>Interpreter:</b> Spanish, French <b>Translator:</b> No

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Autism Spectrum</li> <li>❖ Developmental Disabilities</li> <li>❖ Intellectual Disabilities</li> <li>❖ Physical Disabilities</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Day Programs</li> <li>❖ In Home Supportive Services</li> <li>❖ Job Search / Placement</li> <li>❖ Program Transportation</li> <li>❖ Residential Services for Adults with Intellectual Disabilities</li> </ul>

Kent Center, Inc. is a not-for-profit organization, that provides highly personalized 24-hour a day services for adults who have a broad spectrum of developmental disabilities, such as intellectual disabilities, autism, cerebral palsy, and/or physical disabilities. Kent Center is the primary provider in Kent and northern Queen Anne's Counties, of daytime, vocational, PSS (CSLA), respite, supported employment, and/or residential services for 80 adults. Kent Center's retail thrift store, Hidden Treasures and Kent House Kitchen provides clients interested in working in a controlled environment within Chestertown a sheltered workshop where they can work with group or one-to-one job coaching so they may complete their jobs and experience the pride and satisfaction that come with a job well done. Hidden Treasures is located at the Kent Plaza Shopping Center on Washington Avenue in Chestertown.

## Kent County - Developmental Disabilities

300 Scheeler Rd. Chestertown, MD 21620 **Phone:** 410-778-4864 **Website:** [www.kenthd.org/developmental-disabilities](http://www.kenthd.org/developmental-disabilities)

Assists individuals and families in accessing vocational; residential; housing, college, insurance, transportation, and recreation.

## Kinera Foundation


Address	Contact	Hours
115 Sallitt Dr. Suite C Stevensville, MD 21666	<b>Phone:</b> 443-249-3126 <b>Email:</b> <a href="mailto:info@kinera.org">info@kinera.org</a> <b>Website:</b> <a href="http://www.kinera.org">www.kinera.org</a>	Kent Island Kinera Connect meets 3rd Wednesday of the month 6:30 p.m. to 8:30 p.m. Busy Bodies Bay Area Gym in Stevensville.

Kinera Foundation Eastern Shore Regional Hub: Kinera Foundation is committed to ensuring that families raising children with special needs have equitable access to therapies and treatments, within the region the family resides. Services provided within the Hub are geared toward children with special healthcare needs, and are Patient/ Family Centered, coordinated, and centralized. Kinera forgoes the traditional waiting area for a Family Lounge, which allows for families to

## Kinera Foundation

interact in a more natural environment, is aimed at easing anxiety for children waiting, and is equipped with resource computers allowing access to information pertaining to your child's need. To ensure a successful appointment for children with sensory needs, we have a Sensory Friendly Wait Room, equipped with low lighting, sensory toys, and Yogibo (c) chairs. In addition to direct services, the Kinera Foundation Regional Hub aims to provide families with a space to seek information and resources, network with other families, and establish an avenue for the greater community to learn how to create inclusive and community programs for children with special health care need.


## Optimal Health Care Inc.

Address	Contact	Hours	Counties	Ages
<b>Corporate:</b> 11377 Robinwood Dr. Ste. 101, Hagerstown MD 21742 <b>Eastern Shore:</b> 6602 Church Hill Rd. Ste. 300 Chestertown MD 21620	<b>Phone:</b> 301-790-4962 <b>Fax:</b> 301-281-0123 <b>Email:</b> nmoulick@ohc-inc.com <b>Website:</b> <a href="http://www.ohc-inc.com">www.ohc-inc.com</a>	Mon. – Fri. 8:30 a.m. to 5 p.m. After hours on-call available per DDA guidance	All Maryland Counties	0-71+
Payment Accepted	Provider Type	Language		
❖ DDA Funding ❖ Medicaid	❖ Case Manager ❖ Coordination of Community Services ❖ DDA Resource Coordination	American Sign Language (ASL), Bengali, English, Hindi <b>Interpreter:</b> On Call <b>Translator:</b> Yes		
Treatment Specialties	Services Provided			
❖ All DDA Eligible Applicants ❖ Developmental Disabilities	❖ Case Management ❖ Targeted Case Management – Adults ❖ Targeted Case Management – Youth ❖ Transitional Aged Youth Program			
	The goal of Optimal Health Care Inc. is to support people with medical and developmental needs in their goals to enjoy a healthier life and participate as fully as possible in their chosen communities.			

## Maryland Access Point (MAP)

Address & Contact	Counties
<b>Caroline, Kent, Talbot:</b> 200 Schaubert Rd. Chestertown, MD (P) 410-778-6000 <b>Dorchester, Somerset, Wicomico:</b> 909 Progress Cir. Salisbury, MD (P) 410-742-0505 ext. 109 <b>Queen Anne's:</b> 104 Powell St. Centerville, MD 21617 (P) 410-758-0848 <b>Website:</b> <a href="http://www.marylandaccesspoint.info">www.marylandaccesspoint.info</a>	Caroline, Dorchester, Kent, Queen Anne's, Other MD Counties
Maryland Access Point (MAP) recognizes that our health and access to long term services options are impacted by the conditions in which we live. MAP aims to engage individuals to define their needs and preferences and identify options that will work for them.	

## Pathfinders for Autism

Address and Contact
303 International Cir. Suite 110 Hunt Valley, MD 21030 <b>Phone:</b> 443-330-5370 <b>Toll Free Helpline:</b> 443-330-5341 <b>Fax:</b> 443-330-5361 <b>Website:</b> <a href="http://www.pathfindersforautism.org">www.pathfindersforautism.org</a> <b>Hours:</b> Mon. – Fri. 9 a.m. to 3 p.m. by appointment
<div style="display: flex; align-items: center;">  <div>                         Pathfinders, Inc. was established as a 501(c)3 nonprofit organization in February 2000 by parents of children with autism, including Baltimore Orioles Hall of Famer William "B.J." Surhoff and his wife Polly Winde Surhoff. After 18 months of development, Pathfinders for Autism launched the Pathfinders for Autism Resource Center – offering knowledgeable staff and a                     </div> </div>



## Pathfinders for Autism

searchable online database to help families in Maryland find critical service providers quickly and efficiently. Since then, Pathfinders for Autism has grown into the State's largest autism organization dedicated to helping individuals, parents, and professionals find resources, supports, and training while working to increase the awareness of autism spectrum disorders and advocating for the needs of individuals with autism and their families.

## The Arc Central Chesapeake Region

Address	Contact	Counties	Hours	Age
18 N. Hanson Street Easton, MD 21601  <i>Headquarters:</i> 999 Corporate Blvd. #300 Linthicum, MD	<b>Phone:</b> 410-269-1883 <b>Email:</b> <a href="mailto:info@thearcccr.org">info@thearcccr.org</a> <b>Website:</b> <a href="http://www.thearcccr.org">www.thearcccr.org</a>	Caroline, Dorchester, Kent, Queen Annes, Talbot, Wicomico, Worcester	Monday – Friday 8 A.M – 4:30 P.M.  24 Hour Services	All Ages
Provider Type	Services provided			
Developmental Disabilities Administration (DDA)	<ul style="list-style-type: none"> <li>❖ Children, Youth and Their Families</li> <li>❖ Workforce Development</li> <li>❖ Day Services</li> </ul>	<ul style="list-style-type: none"> <li>❖ Community Living and Options</li> <li>❖ Behavioral Health and Self-Directed Services</li> </ul>		



We support people with intellectual and developmental disabilities to live the lives they choose by creating opportunities, promoting respect and equity, and providing access to services.

## The Benedictine School & Adult Services

14299 Benedictine Ln. Ridgely, MD 21660 **Phone:** 410-634-2112 **Fax:** 410-634-2640 **Website:** [www.benschool.org](http://www.benschool.org)



Benedictine Programs and Services: Educational, residential and day services for children and adults with developmental disabilities, ages 5 and over. Benedictines offers a year-round educational program and 365-day residential program for students ages 5-21. Benedictine's adult program provides community living, meaningful day, and employment services on the Eastern Shore and Annapolis. School programs include functional academics; speech therapy; psychological, psychiatric, social work, counseling, and case management; assistive technology; physical and occupational therapy; vocational and transitional services; and intensive collaborative programs.

## The Parent's Place of Maryland

802 Cromwell Park Dr. Suite Q Glen Burnie, MD 21601 **Phone:** 410-768-9100 **Website:** [www.ppmmd.org](http://www.ppmmd.org)



The Parents' Place of Maryland mission is to empower families as advocates and partners in improving education and health outcomes for children with disabilities and special healthcare needs with a commitment to diversity and equity. Programs include Maryland's Parent Training and Information Center (PTI) and Family-to-Family Health Information Center.

## Rebuilding Together – Kent County

P.O. Box 180, Chestertown, MD 21620 410-708-9936

**Email:** [info@rtkc.org](mailto:info@rtkc.org) **Website:** <https://www.rebuildingtogetherkcmd.org/>



**Languages:**


English  
Spanish

**Services Provided:**

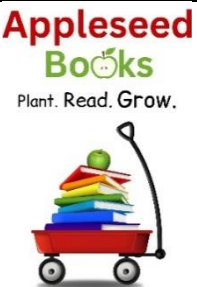
Free home repairs and safety modifications (ramps, grab bars, roof repairs, bathroom retrofits)

# Families, Youth, and Adolescent Services

## Affiliated Sante Eastern Shore Child & Adolescent Program

Affiliated Sante Eastern Shore Child & Adolescent Program					
Address		Contact	Hours	Counties Served	Ages
28577 Mary's Court, Suite 5 Easton, MD 21601		<b>24/7 Phone:</b> <a href="tel:1-888-407-8018">1-888-407-8018</a> <b>Fax:</b> 240-331-1465 <b>Email:</b> <a href="mailto:tbrown@santegroup.org">tbrown@santegroup.org</a> <b>Website:</b> <a href="http://www.santeeeasternshore.org">www.santeeeasternshore.org</a>	8 A.M. – 6 P.M.	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico	0-21
Payment Accepted	Provider Type	Treatment Specialties		Language	
<ul style="list-style-type: none"> <li>❖ Free</li> <li>❖ Grant Funds</li> </ul>	<ul style="list-style-type: none"> <li>❖ LCPC</li> <li>❖ LCSW-C</li> <li>❖ LGPC</li> </ul>	<ul style="list-style-type: none"> <li>❖ Situational Crisis</li> <li>❖ UCC Appointments</li> <li>❖ Care Coordination</li> </ul>		English <b>Interpreter:</b> Hotline <b>Translator:</b> Hotline	
Services Provided					
		Staffed by licensed clinicians and peer support specialists, our Children & Adolescent Program supports children and families experiencing mental or behavioral health crises. Our primary goal is to de-escalate the crisis and develop an effective individualized service plan for each family. In addition, our team is available to support your family for up to six months following a crisis to ensure you get connected with the community resources you need for lasting stability. Ages served - 0-21. Tele Health Services available.			

## Appleseed Books

Address	Contact	Hours	Counties Served	Payment	Ages
505 Hollyday St. Easton, MD 21601	Linda Prochaska, Director <b>Email:</b> <a href="mailto:linda21601@gmail.com">linda21601@gmail.com</a> Marilou Russ, Assistant Director <b>Email:</b> <a href="mailto:Mruessbooks79@gmail.com">Mruessbooks79@gmail.com</a>	Monday-Friday Flexible, Remote	Caroline, Queen Anne's, Talbot	Free Service	Families & Children of All Ages
Services provided					
	Appleseed Books provides children of all ages with free books who lack access to reading materials. We believe all children should have their own home collection of books. Book boxes/shelves are also provided to area community organizations and nonprofits who serve children and families.				
	Volunteers				
Volunteers assist with distribution of free children's books to organizations, picking up & transporting book donations and giving out books at children's events. Volunteers are always welcome and needed!					

## CASA (Court Appointed Special Advocates) of Caroline

Contact	Ages	Counties
<b>Phone:</b> 410-479-8301 <b>Email:</b> carolinecasa@verizon.net	0 – 21	Caroline County
CASA of Caroline advocates for children who have been removed from their homes and found by the courts to be CINA (Child in Need of Assistance) due to serious risk factors such as abuse, neglect, or abandonment. We believe every child has the right to thrive in a safe, permanent, loving home.		Court Appointed Special Advocates are screened, trained, and supervised adult volunteers who are appointed by the Circuit Court to make assessments and recommendations regarding what children need to meet their full potential and achieve permanency as quickly as possible. CASA of Caroline typically uses a one-to-one model, where volunteers are appointed to only one child, or possibly a sibling group, although we have recently introduced a CASA Team model that allows spouses or close relatives to function as a team of two to provide an additional set of ears and eyes to ensure the best interest of every child adjudicated as CINA is represented in court.


## CASA (Court Appointed Special Advocates) of the Mid-Shore

Contact	Ages	Counties
<b>Phone:</b> 410-822-2866 <b>Email:</b> rd@casamidshore.org <b>Website:</b> <a href="https://casamidshore.org/">https://casamidshore.org/</a>	0 – 21	Talbot, Dorchester, Queen Anne’s, and Kent Counties
CASA of the Mid-Shore advocates for children under court protection due to serious risk factors such as abuse, neglect, abandonment, or chronic truancy to ensure their right to thrive in a safe, permanent home.		Court Appointed Special Advocates are screened, trained, and supervised adult volunteers who are appointed by the Circuit Court to make assessments and recommendations regarding what children need to meet their full potential and life in safe, permanent homes. CASA uses a one-to-one model, where volunteers are typically appointed to only one child, or possibly a sibling group, at a time.


## Charlie Health

Contact	Counties	Ages	Payment	Language
<b>Alexcys Ryan,</b> Clinical Outreach Manager <b>Phone:</b> 443-406-5512 <b>Email:</b> alexcys.ryan@charliehealth.com	Virtual, Statewide	11-30	<ul style="list-style-type: none"> <li>❖ Self Pay</li> <li>❖ Uninsured Eligible</li> <li>❖ Financial Hardship Waivers</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ United Healthcare</li> <li>❖ Aetna</li> <li>❖ Cigna</li> <li>❖ Humana</li> <li>❖ Optum</li> <li>❖ Tricare</li> <li>❖ And More</li> </ul>	English Spanish <b>Interpreter:</b> No <b>Translator:</b> No
Treatment Specialties			Services Provided	
<ul style="list-style-type: none"> <li>❖ Trauma</li> <li>❖ Adjustment Disorder</li> <li>❖ Depression</li> <li>❖ Gender Identity and Dysphoria</li> <li>❖ Self-Harm</li> </ul>			<ul style="list-style-type: none"> <li>❖ Intensive Outpatient Programming</li> <li>❖ Individual, Group, and Family Counseling</li> <li>❖ Telehealth</li> <li>❖ CBT</li> <li>❖ DBT</li> </ul>	

## Charlie Health

<ul style="list-style-type: none"> <li>❖ Suicide</li> <li>❖ Psychosis</li> <li>❖ Anxiety</li> <li>❖ And More</li> </ul>	<ul style="list-style-type: none"> <li>❖ EMDR</li> <li>❖ And More</li> </ul>
	<p>Mental Health Primary Intensive Outpatient Programming for youth and young adults</p>

## QAC Community Partnerships for Children and Families

Address	Contact	Hours	Counties	Ages	Language
104 Powell St. Centreville, MD 21617	<b>Phone:</b> 410-758-6677 <b>Fax:</b> 410-758-6904 <b>Email:</b> <a href="mailto:qalmb@qac.org">qalmb@qac.org</a> <b>Website:</b> <a href="http://www.communitypartnerships.info">www.communitypartnerships.info</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	0-30	English <b>Interpreter:</b> No <b>Translator:</b> Yes, for all languages
	<p>The Mission of Queen Anne’s County (QAC) Community Partnerships for Children and Families is to promote a safe, healthy, and stable environment for all Queen Anne's County children and families by achieving a comprehensive system of education, health, and human services whose effectiveness and responsiveness addresses the needs of children and families through public and private interagency collaboration.</p>				

## Futures for Families, LLC

Address	Contact	Hours	Counties
29466 Pintail Dr. Ste. 10 Easton, MD 21601	<b>Phone:</b> 410- 924-1032 <b>Email:</b> <a href="mailto:Futures4Families.brenda@gmail.com">Futures4Families.brenda@gmail.com</a> <b>Website:</b> <a href="http://www.mdcourts.gov/clerks/talbot/family">www.mdcourts.gov/clerks/talbot/family</a>	Parent-Child Time: Tue. and Wed. 6 p.m. to 8 p.m. Alternate Sun. 1 p.m. to 3 p.m. and 3 p.m. to 5 p.m.	Caroline, Dorchester, Talbot
<p>The Circuit Court for Talbot County, in collaboration with Caroline County, holds their supervised Parent-Child Time program at Futures for Families, providing supervised visitation (parent-child time) for families in Talbot County, Dorchester County and Caroline County when the court determines a needed for guided contact with one of the parents, or it is necessary to establish or reestablish a parent/child.</p>			

## Healthy Families Mid-Shore

Contact	Hours	Ages	Language
<b>Queen Anne's County:</b> 206 N Commerce St. Centreville, MD 21617 <b>Phone:</b> 410-758-0720 <b>Talbot County:</b> 100 S Hanson St, Easton, MD 21601 <b>Phone:</b> 410-819-5600	<b>Kent County:</b> 125 S. Lynchburg St. Chestertown, MD 21620 <b>Phone:</b> 410-778-1350 <b>Caroline County:</b> 332 N Main St. Federalsburg, MD 21632 <b>Phone:</b> 410-479-0514	Monday-Friday 8am - 4:30pm	Prenatal - 5 years  <b>Interpreters:</b> Yes <b>Translators:</b> Yes

## Healthy Families Mid-Shore



Healthy Families Mid-Shore is an evidence-based, high-quality home visiting program accredited through Healthy Families America and is designed to help expectant and new parents as they begin their journey into parenthood. Families participate in the program voluntarily and receive home visiting, education, support, and referrals from trained staff.

## Healthy Talbot

Address	Payment	Language	Age
<b>Email:</b> <a href="mailto:healthytalbot@talbotfamilynetwork.org">healthytalbot@talbotfamilynetwork.org</a> <b>Website:</b> <a href="http://www.healthytalbot.org">www.healthytalbot.org</a>	Free	English, Spanish <b>Interpreter:</b> No <b>Translator:</b> No	0-71+



Healthy Talbot links families and individuals to information and resources that can help them lead healthier, happier lives. [Healthytalbot.org](http://Healthytalbot.org) provides those who live and work in Talbot County with a comprehensive resource listing, local family-friendly events listing, and various articles on topics including parenting, childcare, education, employment, nutrition, racial equity, and all facets of health. Healthy Talbot is a project of the Talbot Family Network, the Local Management Board.

## Infants and Toddlers Program

Infants and Toddlers Program is a free service for families with children aged birth to three years old who have developmental delays. Website: [Maryland Infants and Toddlers Program](#)

**Caroline County Infants & Toddlers Program (P)** 410-479-3246 **(F)** 410-479-0108  
**Dorchester County Infants & Toddlers Program (P)** 410-228-4747, ext. 1023 **(F)** 410-221-5215  
**Kent County Infants & Toddlers Program (P)** 410-778-7164 **(F)** 410-778-2896  
**Queen Anne's County Infants & Toddlers Program (P)** 443-262-4456 **(F)** 410-556-6035  
**Talbot County Infants & Toddlers Program (P)** 410-822-0330 ext. 150 **(F)** 410-822-1890



## Maryland Family Network

Contact	Hours	Counties
<b>Phone:</b> 877-261-0060 <b>Website:</b> <a href="http://www.marylandfamilynetwork.org/programs-services">www.marylandfamilynetwork.org/programs-services</a>	Mon. – Fri. 8:30 a.m. to 4 p.m.	All Maryland Counties



Maryland Family Network provides free, personalized services for finding regulated childcare in Maryland. A Childcare Referral Specialist can help identify childcare options based on your family's specific needs.


## Minary's Dream Alliance - Club F.E.A.R.

Contact	Counties Served	Ages
<b>Phone:</b> 302- 566-8160 <b>Email:</b> minarysdreamalliance@gmail.com <b>Website:</b> <a href="http://www.minarysdreamalliance.org">www.minarysdreamalliance.org</a>	Caroline, Dorchester, Kent, Queen Anne's, Talbot	12-17
 <p>The mid-shore's Adolescent Clubhouse (AC) for substance-exposed youth aged 12-17 is facilitated by Minary's Dream Alliance, Inc.</p>		
		

## Project Right Steps

<b>Phone:</b> 410-822-5400 <b>Website:</b> <a href="https://childcareexchange.org/project-right-steps/">https://childcareexchange.org/project-right-steps/</a>
<p>Project Right Steps is a free service that addresses the needs of childcare providers and parents that are dealing with children (0-5) with challenging behaviors. Project Right Steps is designed to support changes in the child's behavior through the specialist's work with both the childcare provider and the family. Specialists offer services including observation, assessment, and consultation.</p>

## Talbot County Free Library

Contact	Hours	Counties	Ages
<b>Website:</b> <a href="http://www.tcfl.org">www.tcfl.org</a> <b>Email:</b> askus@tcfl.org 100 W. Dover Street Easton, MD 21601 <b>Phone:</b> 410-822-1626 106 Fremont Street St. Michaels, MD 21663 <b>Phone:</b> 410-745-5877	Monday and Thursday 9 A.M. to 8 P.M. Tuesday and Wednesday 9 A.M. to 6 P.M. Friday and Saturday 9 A.M. to 5 P.M.	Caroline, Dorchester, Kent, Queen Annes, Somerset, Talbot, Wicomico, Worcester	All Ages Served
<b>Services Provided</b>			
<ul style="list-style-type: none"> <li>❖ Color &amp; Black and White Printing &amp; Photocopies at Minimal Cost</li> <li>❖ Free 24/7 Online Resources including Downloadable eBooks, Audiobooks, Movies, Magazines &amp; Newspapers</li> <li>❖ Free access to a wide range of Books, Audiobooks, DVD's, Magazines, &amp; Newspapers</li> <li>❖ Free Adult and Children's Programs &amp; Classes</li> <li>❖ Free Meeting Rooms &amp; Study Rooms</li> <li>❖ Free Public Computers w/ Internet Access</li> </ul>		<ul style="list-style-type: none"> <li>❖ Free Scanning to Email</li> <li>❖ Free Wi-Fi</li> <li>❖ Free Wi-Fi Hotspots &amp; Other Equipment for Checkout</li> <li>❖ Homework Help</li> <li>❖ Instructor-Led Classes</li> <li>❖ Job-searching</li> <li>❖ One on One Computer Help</li> <li>❖ Tutoring</li> </ul>	
			

## Local Care Teams (LCT)

Each county has a Local Care Team (LCT) to assist families with accessing resources for children with intensive needs in order to support them in their homes and communities. The Team includes local representatives from all child-serving agencies in the county as well as other community resource providers. Whether a child/youth is struggling with intensive physical, intellectual, behavioral health needs, the Team works with parents/guardians to put in place supports/services for them. Referrals can be made by reaching out to the Local Care Team Coordinator at the information below. Local Care Teams are administered through each county Local Management Board. General information about Local Care Teams and LCT Coordinator contact information for other counties can be found at <http://goccp.maryland.gov/localcareteams/>.

<b>Caroline County LCT</b>	<b>Caroline Local Care Team</b> 319 Bloomingdale Ave., Federalsburg, MD 21632 (P) 410-200-8651 Email: kstorklct@gmail.com
<b>Dorchester County LCT</b>	<b>Dorchester Local Care Team</b> 306 High St., Cambridge, MD 21613 Email: lct@mdforward.org
<b>Kent County LCT</b>	<b>Kent Local Care Team</b> 400 High Street, Chestertown MD, 21620 (P) 443-480-4759 Website: <a href="https://linktr.ee/KCLMB">https://linktr.ee/KCLMB</a> Email: jabner@kentgov.org
<b>Queen Anne’s County LCT</b>	<b>Queen Anne’s Local Care Team</b> 104 Powell Street, Centreville, MD 21617 (P) 410-758-6677 Website: info Email: qalmb@qac.org
<b>Talbot County LCT</b>	<b>Talbot Local Care Team</b> 11 N. Washington St., Easton, MD 21601 (P) 443-366-2511 Website: <a href="#">Talbot Local Care Team (LCT)</a> Email: talbotlct@talbotfamilynetwork.org

## Family Support Centers

Family Support Centers provide free, comprehensive services to expecting parents and families of children birth to three years old.

<b>Caroline Family Support Center</b>	<b>Kent Family Center</b>	<b>Family Center of Queen Anne’s County</b>	<b>Talbot Family Support Center</b>
100 N. 6th St. Denton, MD 21629	112 S. Lynchburg St. Chestertown, MD 21620	103 N. Linden St. Sudlersville, MD 21668	215 Bay St. Ste. 1 Easton, MD 21601
410-479-3298	410-778-1350 <a href="http://www.kentfamilycenter.org">www.kentfamilycenter.org</a>	410-438-3182 <a href="http://www.qacps.org/domain/69">www.qacps.org/domain/69</a>	410-820-6940

## Judy Centers

Judy Centers provide comprehensive, integrated, full-day, full-year services that promote school readiness for children from birth through age five.

<b>Caroline County Judy Center</b>	<b>Dorchester County Judy Center</b>	<b>Kent County Judy Center</b>	<b>Talbot County Judy Center</b>
323 S. University Ave. Federalsburg, MD 21632	1405 Glasgow Street, Cambridge, MD 21613	320 Calvert St. Chestertown, MD 21620	215 Bay St. Suite 1 Easton, MD 21601
(P) 410-754-2467 (F) 410-754-7091	(P) 410-221-5268 (F) 410-228-0534	(P) 410-810-3903 (F) 410-778-5707	(P) 410-820-6940 (F) 410-820-6958



## LGBTQ+ Services and Support

Chase Brexton	Family Acceptance Project	Planned Parenthood
Specialized LGBTQ and trans care health.	Search LGBTQ+ youth and family resources by zip code.	Hormone replacement therapy, STD testing, family planning, and referrals.
8221 Teal Dr. Ste. 202 Easton, MD (P) 866-260-0412 ext. 4350 <b>Website:</b> www.chasebrexton.org	<b>Website:</b> www.lgbtqfamilyacceptance.org <b>Zip Search:</b> www.trainings-theinstitute.umaryland.edu/lgbtqfamily	8579 Commerce Dr. #102 Easton, MD (P) 410-576-1414 <b>www.plannedparenthood.org</b>
Trevor Project	PFLAG	Delmarva Gender Expression Movement (GEM)
24/7 free, confidential suicide phone and text hotline for LGBTQ+.	Advocacy, peer to peer support, and resources for LGBTQ+ and allies.	Transgender, Nonbinary and Gender Nonconforming Support. Meets 3rd Tuesday monthly at 6:30 p.m. in Easton, Maryland. Contact Tina for 1-on-1 meetings.
(P) 1-866-488-7386 <b>Website:</b> www.thetrevorproject.org	<b>Mid-Shore:</b> www.pflagchestertown.com pflagchestertown@gmail.com <b>Salisbury:</b> www.salisburypflag.com salisburypflag@outlook.com	<b>Tina</b> (P) 443-786-2885 <b>Email:</b> tinagrace63@yahoo.com <b>Website:</b> www.facebook.com/groups/delmarvagem/about
<b>Angel Perez, CEO</b> (P) 410-490-6216 <b>Email:</b> Carolinecountypride@gmail.com		

## Local Management Boards (LMB)


A Local Management Board (LMB) is the coordinating board for local jurisdictions to ensure the implementation of the interagency service delivery system for children, youth, and families.

<b>Caroline County LMB</b>	<b>Caroline Human Services Council</b> 319 Bloomingdale Ave., Federalsburg, MD 21632 (P) 410-754-6058 (Cell) 410-310-5661
<b>Dorchester County LMB</b>	<b>Dorchester County Office of Child &amp; Family Services</b> 501 Court Ln. Room 103 /P.O. Box 26 Cambridge, MD 21613 (P) 410-221-0281 (F) 410-228-9642 <b>Website:</b> <a href="http://www.docogonet.com">www.docogonet.com</a>
<b>Kent County LMB</b>	<b>Kent County LMB</b> 400 High St. 1st Floor Chestertown, MD 21620 (P) 410-810-2673 (F) 410-810-2674 <b>Website:</b> <a href="http://www.kentcounty.com/residents">www.kentcounty.com/residents</a>
<b>Queen Anne's County LMB</b>	<b>QAC Community Partnership for Children &amp; Families</b> 104 Powell St. Centreville, MD 21617 (P) 410-758-6677 (F) 410-758-6904 <b>Email:</b> qalmb@qac.org <b>Website:</b> <a href="http://www.communitypartnerships.info">www.communitypartnerships.info</a>
<b>Talbot County LMB</b>	<b>Talbot Family Network</b> 11 N. Washington St. Easton, MD 21601 (P) 410-770-6869 <b>Website:</b> <a href="https://healthytalbot.org/about/talbot-family-network/">https://healthytalbot.org/about/talbot-family-network/</a>

# Food & Clothing Services

<b>Caroline County</b>	<b>Martin's House &amp; Barn (P)</b> 410-634-2537 14374 Benedictine Ln. Ridgely, MD 21660	<b>Samaritan House Thrift Shop (P)</b> 410-479-1251 12 N. 5th St. Denton, MD 21629
<b>Dorchester County</b>	<b>Anchor Point Family Thrift Store (P)</b> 410-330-0210 714 Meadow Avenue, Cambridge, MD 21613 <b>Delmarva Community Action Center (P)</b> 410-901-2991 1000 Goodwill Rd. Cambridge, MD <b>One Mission (P)</b> 410-901-3959 614 Race Street, Cambridge, MD 21613 Monday, Tuesday, Thursday 1 P.M. – 5 P.M.	<b>Harriet's House (P)</b> 443-786-1843 <a href="http://www.harrietshouse.org">www.harrietshouse.org</a> <b>Salvation Army (P)</b> 410-228-2442 200 Washington St. Cambridge, MD 21613
<b>Kent County</b>	<b>Community Food Pantry (P)</b> 410-778-0550 401 High St. Chestertown, MD 21620 <b>Hope Community Alliance</b> Thursday 4 P.M – 7 P.M. 6528 Rock Hall Rd. Rock Hall, MD 21611 <b>Email:</b> docmerchandise@gmail.com	<b>Women in Need (P)</b> 410-778-5999 106 Philosophers Ter. Chestertown, MD 21620
<b>Queen Anne's County</b>	<b>Haven Ministries (P)</b> 410-739-7194 206 Del Rhodes Ave. Queenstown, MD 21658 <b>Our Daily Thread (P)</b> 410-353-0455 1521 Postal Road, Chester, MD 21619	<b>Living Water Food Pantry (P)</b> 410-604-0450 210 Island Plaza Ct. Stevensville, MD 21666 <a href="http://www.livingwaterlutheran.org">www.livingwaterlutheran.org</a>
<b>Talbot County</b>	<b>Friends Helping Friends (P)</b> 443-477-3324 412 S. Harrison Street, Easton, MD 21601 <b>Goodwill of the Chesapeake (P)</b> 410-770-4458 134 N. Washington, Street, Easton, MD 21601 <b>Neighborhood Service Center (P)</b> 410-822-5015 126 Port Street, Easton, MD 21601 Monday through Friday 8 A.M. – 5 P.M.	<b>St. Vincent de Paul (P)</b> 410-770-4505 29533 Canvasback Drive, Easton, MD 21601 <b>Tilghman United Methodist Church (P)</b> 410-886-2009 5731 Tilghman Rd. Tilghman, MD
<b>Lower Shore</b>	<b>Catholic Charities - Seton Center (P)</b> 410-651-9608 30632 Hampden Ave. Princess Anne, MD 21853 <b>Coastal Hospice Thrift Shop (P)</b> 410-641-1132 10445 Old Ocean City, Blvd. Berlin, MD 21811 <b>Diakonia Used to be Mine Thrift (P)</b> 410-213-0923 12507 Sunset Avenue #13, Ocean City, MD 21842	<b>Goodwill of the Chesapeake (P)</b> 410-219-9072 700 S. Salisbury Blvd. Salisbury, MD 21801 <b>HALO Bargain Center (P)</b> 410-341-4256 701 Snow Hill Rd. Salisbury, MD 21804 <b>Salvation Army (P)</b> 410-749-8146 215 E Vine St. Salisbury, MD 21874

## Aarons Place Inc.

<b>Address:</b> 401 Aldersgate Dr., Denton, MD 21629			<b>Phone:</b> 443-243-5906			<b>Email:</b> aaronsplace28@gmail.com		
<b>Hours:</b> Tues-Fri 9:30 A.M. – 3 P.M.			<b>Counties Served:</b> Caroline, Dorchester, Kent, Queen Anne's, Talbot			<b>Languages:</b> English, Spanish and Creole		
			Healthy Eating Classes and Options / Pre-Diabetes Classes, Food and Clothing, Nutritional Food Classes, Exercise Classes, Mommy and Me Classes, Senior Socialization. All ages served.					

## Harriet's House

**Phone:** 443-786-1843

**Website:** <https://harriettshouse.org/>



Harriet's House offer a safe place for women to receive resources and referrals, emergency food pantry, toiletries, clothes, computer access, and skill development classes. We screen for human trafficking and exploitation and offer case management for those with indicators or such. We connect women to residential programs for those interested and encourage counseling. We connect women to other resources in the community to help where we cannot.

## One Mission Cambridge

**Address:**

614 Race Street  
Cambridge, MD 21613

**Phone:**

410-901-3959

**Email:**

info@onemissioncambridge.org

**Hours:**

Monday, Tuesday, Thursday  
1 P.M. – 5 P.M.



One Mission Cambridge provides Dorchester County residents with the following services: food pantry, community navigation, community dinners, pastoral counseling.

# Legal Services

## Disability Rights Maryland

1500 Union Ave. Suite 2000 Baltimore, MD 21201

**Phone:** 410-727-6352 or 800-233-7201 **Fax:** 410-727-6387 **Website:** [www.disabilityrightsmd.org](http://www.disabilityrightsmd.org)

A private non-profit organization staffed by attorneys and paralegals. The protection and advocacy organization for Maryland.

## Maryland Legal Aid

**Upper Shore:** 106 N. Washington St. Suite 101 Easton, MD 21601

**Phone:** 410-763-9676 or 800-477-2543

**Fax:** 410-763-8752

**Lower Shore:** 201 E Main St. Salisbury, MD 21801

**Phone:** 410-546-5511 or 800-444-4099

**Fax:** 410-860-2148

**Email:** [rwolpert@mdlaborg](mailto:rwolpert@mdlaborg) **Website:** [www.mdlaborg](http://www.mdlaborg)

Maryland Legal Aid is a private, non-profit law firm that provides free, civil legal services to low-income individuals of all of Maryland's counties. Hours are Mon. – Fri. 9 a.m. to 5 p.m. Interpreter and translator services are available.

## Maryland Volunteer Lawyer Services

1 North Charles St. Suite 222 Baltimore, MD 21201 **Phone:** 1-800-510-0050 **Website:** [www.mvlslaw.org](http://www.mvlslaw.org)

Maryland Volunteer Lawyer Services provides free or reduced fee representation to low-income individuals and non-profit organizations that have civil legal issues throughout Maryland.

## Shore Legal Access, Inc (formerly Mid-Shore Pro Bono, Inc)

499 Idlewild Ave., Easton, MD 21601 **Phone:** 410-690-8128 **Email:** [info@shorelegal.org](mailto:info@shorelegal.org) **Website:** [www.shorelegal.org](http://www.shorelegal.org)

Hours	Counties	Language
Mon. – Fri. 9 A.M. – 4 P.M.	Caroline, Dorchester, Kent, Queen Anne’s, Somerset, Talbot, Wicomico, Worcester	English, Spanish



Shore Legal Access provides free legal help with family law (divorce custody), life planning (will, power of attorney, advance medical directive), housing (landlord/tenant), economic stability (foreclosure, consumer debt, bankruptcy), and criminal record expungement. Shore Legal Access has weekly family law clinics and monthly life planning and debtor assistance clinics. All ages served. For fastest service, fill out an online intake on our website: [shorelegal.org](http://shorelegal.org)

## Women's Law Center of Maryland

305 W. Chesapeake Ave. #201 Towson, MD 21204 **Phone:** 410-321-8761

Provides free legal representation, advice, and information to low-income survivors in the area of family law, domestic violence, and immigration.

## Legislative Advocacy

### Behavioral Health Coalition of the Mid-Shore

**Website:** [www.midshorebehavioralhealth.org/advocacy](http://www.midshorebehavioralhealth.org/advocacy)


The Behavioral Health Coalition of the Mid-Shore seeks to bring together community leaders to address the behavioral health needs of individuals, families, and providers in the mid-shore region with our local legislators. Coalition efforts are focused on improving access and service delivery, destigmatization, and increasing awareness. Each year, the Behavioral Health Coalition hosts an annual Legislative Forum for Behavioral Health, inviting local government officials and Delegation from the 36th and 37th Districts to attend. Coalition partners include Maryland Coalition of Families, Chesapeake Voyagers, Inc., For All Seasons, Inc., Channel Marker, Inc., Crossroads Community, Inc. / Corsica River Mental Health, Affiliated Santé Group's Eastern Shore Crisis Response, Eastern Shore Psychological Services, Recovery for Shore, and Local Health Departments.


### Maryland Behavioral Health Coalition

**Website:** [www.mhamd.org](http://www.mhamd.org) **Email:** [dmartin@mhamd.org](mailto:dmartin@mhamd.org)

The Maryland Behavioral Health Coalition brings together 100+ mental health and substance-related disorder organizations representing consumers, advocates, family members, service providers and behavioral health professionals. We are united in our mission to improve behavioral health access and service delivery for all Marylanders. Since its inception in 1993, the Coalition has achieved numerous legislative and policy victories in behavioral health. These include passage of the Maryland Mental Health Parity Law, the establishment of an integrated, performance-based public behavioral health system, and the protection and expansion of funding for mental health and substance-related disorder services.

## Mediation Services

Community Mediation Upper Shore, Inc					
Address		Contact		Counties	Hours
100 North Cross Street Chestertown, MD 21620		<b>Phone:</b> 410-810-9188 <b>Email:</b> info@cmusmediation.org <b>Website:</b> <a href="http://www.cmusmediation.org">www.cmusmediation.org</a>		Kent, Queen Anne's	9 A.M. – 3 P.M. <b>Services available outside of these hours (including evenings and weekends)</b>
Ages	Payment	Provider Type	Language	Services	
All	❖ Free	❖ Facilitators ❖ Mediators	English <b>Interpreter:</b> On call <b>Translator:</b> No Please allow time for us to involve our language assistance from partnering mediation centers	<ul style="list-style-type: none"> <li>❖ Mediation (conversations with the support of trained mediators for making plans, resolving conflicts, having tough conversations).</li> <li>❖ Family based mediation: co-parents (including custodial grandparents), parent-teen, elder care, etc.</li> <li>❖ Youth based mediation: student mediation, attendance mediation, IEP facilitation, parent-teen, etc. Ages served- Youth and adults of all ages, usually 10 and up.</li> </ul>	
			Community Mediation Upper Shore's mission is to build and provide collaborative, community-based conflict resolution and peacebuilding services at no cost		

Mid Shore Community Mediation					
Address		Contact		Counties	Hours
8626 Brooks Dr. Suite 204 Easton, MD 21601		<b>Phone:</b> 410-820-5553 <b>Email:</b> info@midshoremmediation.org <b>Website:</b> <a href="http://www.midshoremmediation.org">www.midshoremmediation.org</a>		Caroline, Dorchester, Talbot	9 A.M. – 3 P.M. Services available outside of these hours (including evenings and weekends)
Ages	Payment	Provider Type	Language	Services	
All	❖ Free	❖ Facilitators ❖ Mediators	English <b>Interpreter:</b> On call <b>Translator:</b> No Please allow time for us to involve our language assistance from partnering mediation centers	<ul style="list-style-type: none"> <li>❖ Mediation (conversations with the support of trained mediators for making plans, resolving conflicts, having tough conversations).</li> <li>❖ Family based mediation: co-parents (including custodial grandparents), parent-teen, elder care, etc.</li> <li>❖ Youth based mediation: student mediation, attendance mediation, IEP facilitation, parent-teen, etc. Ages served- Youth and adults of all ages, usually 10 and up.</li> </ul>	
			Mid Shore Mediation builds stronger, safer communities through education and collaborative processes that prevent and respond to conflict and increase access to justice.		

# Senior Services

## Maintaining Active Citizens, Inc.

**Dorchester:** 2540 Cambridge Bltwy. Cambridge, MD 21613  
**Phone:** 410-221-1920  
**Fax:** 410-742-0525  
**Email:** macmail@macinc.org  
**Website:** [www.macinc.org](http://www.macinc.org)

**Wicomico:** 909 Progress Circle Salisbury, MD 21804  
**Phone:** 410-742-0505  
**Fax:** 410-742-0525  
**Email:** macmail@macinc.org  
**Website:** [www.macinc.org](http://www.macinc.org)

Maintaining Active Citizens (MAC) is the designated area agency on aging for Dorchester, Somerset, Wicomico, and Worcester counties. MAC is dedicated to the principle that older persons are entitled to lives of dignity, security, and physical, mental, and social well-being, as well as full participation in society. MAC, an equal opportunity employer and service provider, serves as a focal point from which to address social and economic needs identified by older persons, and to provide a full range of services.

## Maryland Access Point

**Caroline, Kent, Talbot:** 200 Schaubert Rd. Chestertown, MD 21620  
**Phone:** 410-778-6000  
**Website:** [www.marylandaccesspoint.info](http://www.marylandaccesspoint.info)

**Dorchester, Somerset, Wicomico:** 909 Progress Cir. Salisbury, MD 21804  
**Phone:** 410-742-0505 ext. 109

**Queen Anne's:** 104 Powell St. Centerville, MD 21617  
**Phone:** 410-758-0848

Maryland Access Point (MAP) recognizes that our health and access to long term services options are impacted by the conditions in which we live. MAP aims to engage individuals to define their needs and preferences and identify options that will work for them.

## Maryland Department of Aging

301 West Preston Street, Suite 1007 Baltimore, Maryland 21201

**Phone:** 410-767-1100 or 800-243-3425 **Fax:** 410-333-7943 **Website:** <https://aging.maryland.gov/Pages/default.aspx>

The [Maryland Department of Aging \(MDoA\)](#) and the statewide network of 19 Area Agencies on Aging assist older Marylanders with a range of services and sources of information. MDoA administers state and federal programs, many of which are significantly lower in cost than nursing home placement. Programs include information, empowerment, community wellness and nutrition, long term services and supports, and elder rights protections.

## Maryland Health Care Commission - Long Term Care

**Website:** [www.healthcarequality.mhcc.maryland.gov](http://www.healthcarequality.mhcc.maryland.gov)

Consumer Guide to Long Term Care - Long Term Care (LTC) refers to services that assist people who are aging, have disabilities, or have chronic care needs to maintain their independence in personal or health-related activities. Services include shopping, taking medications, managing money, doing activities outside the home, and assistance with personal care such as bathing, dressing, and toileting. Services can be provided in a person's home, in the community, in alternate living facilities. A person can use LTC services at any age and may use long term care services for a short period of time after an acute illness or hospitalization or over several months or years.

## Medicaid's Long-Term Care and Waiver Services

**Community First Choice Waiver** provides community services and supports to enable older adults and people with disabilities to live in their own homes. CFC and HCBO participants are also eligible to

**Home and Community-Based Options Waiver** provides community services and supports to enable older adults and people with disabilities to live in their own homes. CFC and HCBO participants are also eligible to receive other Medicaid services which may include Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services,

<p>receive other Medicaid services which may include Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services, Disposable Medical Supplies, Durable Medical Equipment. Visit for more information. Services include Personal Assistance Services, Personal Emergency Response Systems, Technology, Environmental Assessments, Accessibility Adaptations, Consumer Training, Supports Planning, Transition Services, Nurse Monitoring, and Home Delivered Meals.</p> <p><b>Phone:</b> 1-877-463-3464 <b>Website:</b> mmcp.health.maryland.gov/longtermcare</p>	<p>Disposable Medical Supplies, Durable Medical Equipment. Visit for more information. Services include Assisted Living, Medical Day Care, Family Training, Case Management, Senior Center Plus, Dietitian and Nutritionist Services, and Behavioral Consultation. Waiver participants are also eligible to receive Community First Choice Service.</p> <p><b>Phone:</b> 1-844-627-5465 <b>Website:</b> mmcp.health.maryland.gov/longtermcare</p>
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**National Long-Term Care Ombudsman Resource Center**

**Phone:** 202-332-2275 **Fax:** 202-332-2949 **Website:** [www.ltombudsman.org](http://www.ltombudsman.org)

The Long-Term Care Ombudsman Program resolves the problems of individuals in long-term care facilities, provides information and referral about facility selection and quality care, assists resident and family councils, promotes residents' rights, and represents residents' needs and interests to public officials. Nursing homes and board and care homes (including assisted living) are visited by long-term care ombudsmen. Ombudsmen are advocates for residents, working with them, and for them, to address complaints. Confidentiality is central to all ombudsman work.

**Queen Anne's County Area Agency on Aging**

104 Powell Street Centreville, MD 21617 **Phone:** 410-758-0848 **Fax:** 410-758-4489 **Email:** [agingadmin@qac.org](mailto:agingadmin@qac.org)  
**Website:** [www.qac.org](http://www.qac.org)

Age	Hours
<ul style="list-style-type: none"> <li>❖ 62+</li> <li>❖ 18 with disability and over</li> </ul>	Mon. – Fri. 8 A.M. – 4:30 P.M. Closed all major Holidays

QAC Area Agency on Agency has case managers and program specialists offering free and fee-based activities and classes for residents of Queen Anne's County with disabilities and older adults aged 62 and up. Services include Adult Assessment, Age-Related Groups, Art Therapy, Benefits Counseling, Case Management, Educational Workshops, Evidenced Based Practice, Exercise, Free Meal Service, Geriatric Counseling, Health Improvement Programs, Home Delivered Meals, Independent Living Skills, Life Stage Aging, Older Adults / Aging Services, Program Transportation, Respite Care, Senior Housing Information and Referral, Social Work, State Care Coordination Services, Supported Employment, Supports Planning, Targeted Case Management – Adults, Transportation Assistance, Yoga.

**Senior Helpline**

**Phone:** 866-635-2949 **Website:** [www.aging.maryland.gov/Pages/senior-legal-assistance](http://www.aging.maryland.gov/Pages/senior-legal-assistance)

The Senior Helpline has attorneys who can provide free legal advice and referrals.



## Shore Neurocognitive & Behavioral Health

29466 Pintail Drive #9 Easton, MD 21601 **Phone:** 443-746-3698 **Email:** erin.young@snhealth.net



Shore Neurocognitive & Behavioral Health works with adults on issues they face as they age. This includes memory problems, caregiver stress, anxiety, depression, post-traumatic stress, and marital issues.

## Talbot Hospice

586 Cynwood Drive Easton, MD 21601 **Phone:** 410-822-6681 **Website:** [www.talbothospice.org](http://www.talbothospice.org)

Talbot Hospice is a model for community-based hospice care at the end of life. Since 1981 they have cared for patients and their families with dignity and respect. They offer comprehensive hospice care in your home, in nursing facilities and at Hospice House. They provide nurses, spiritual support, a bereavement center, family services and compassionate well-trained volunteers.

## Upper Shore Aging

100 Schaubert Road Chestertown, MD 21620 **Phone:** 410-778-6000

**Fax:** 410-778-3562 **Email:** aholis@uppershoreaging.org **Website:** [www.uppershoreaging.org](http://www.uppershoreaging.org)

Upper Shore Aging, Inc. as a nonprofit organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community if possible. Hours are Monday – Friday 8 a.m. to 3 p.m. Senior Centers provide lunch, activities, nutrition education, information, assistance, transportation.

## Mid-Shore Senior Centers

Amy Lynn Ferris Activity Center	Talbot County Brooklett's Place	Cambridge Mack Senior Center	Caroline County Senior Center
200 Schaubert Rd. Chestertown, MD 21620 <b>(P)</b> 410-778-2564	400 Brookletts Ave. Easton, MD 21601 <b>(P)</b> 410-822-2869	2450 Cambridge Bltwy. Cambridge MD 21613 <b>(P)</b> 410-221-1920	403 S. 7th St. Ste. 127 Denton, MD 21629 <b>(P)</b> 410-479-2535
Delmarva Community Services Center	Federalsburg Senior Center	Hurlock Senior Center	Kent Island Senior Center
2450 Cambridge Bltwy. Cambridge, MD 21613 <b>(P)</b> 410- 221-1900	118 North Main St. Federalsburg, MD 21632 <b>(P)</b> 410-754-9754	6210 Shiloh Church Hurlock Rd. Hurlock, MD 21643 <b>(P)</b> 410-943-1106	891 Love Point Rd. Stevensville, MD 21666 <b>(P)</b> 410-604-3801
Grasonville Senior Center	Sudlersville Senior Center	Queen Anne's County Family YMCA and Active Aging Center	
4802 Main St Grasonville, MD 21638 <b>(P)</b> 410-827-6010	605 Foxxtown Dr. Sudlersville, MD 21668 <b>(P)</b> 410-438-3159	210 Vincit Street, Centreville, MD 21617 <b>(P)</b> 443-262-9994	

# Shelters & Homelessness Services

## Housing Programs

Affordable Housing (Main Street Housing)
This program does not provide emergency housing. This is permanent affordable housing for tenants that are eligible for independent community living. Intake and placement require matching the tenant to the proper living situation based on available openings. <b>Phone:</b> 410-540-9067 ext. 17

Mid Shore Behavioral Health, Inc. Homelessness Programs
<b>Phone:</b> 410-770-4801 <b>Website:</b> <a href="http://www.midshorebehavioralhealth.org/continuum-of-care-housing-program">www.midshorebehavioralhealth.org/continuum-of-care-housing-program</a>
<b>Contact:</b> Ashley Kessinger, Continuum of Care Program Manager ext. 305 or <a href="mailto:akessinger@midshorebehavioralhealth.org">akessinger@midshorebehavioralhealth.org</a> or America McKinney, Continuum of Care Program Support Specialist ext. 303 <a href="mailto:AMcKinney@midshorebehavioralhealth.org">AMcKinney@midshorebehavioralhealth.org</a>

Homeless Management Information Systems	Mid Shore Roundtable on Homelessness
<b>The Homeless Management Information Systems (HMIS)</b> is a database for local providers known as Service Point. The system provides information and referral for licensed users, as well as tracking and reporting of homeless services used in the region. Serving Caroline, Dorchester, Kent, Queen Anne, and Talbot Counties.	<b><a href="#">The Mid Shore Roundtable on Homelessness</a></b> - Continuum of Care (CoC) - is a mid-shore collaboration of homeless service providers, community agencies, local governments, stakeholders, and consumers leaders working to improve the availability and delivery of housing and supportive services to individuals and families who lack permanent, stable, and safe housing. The Roundtable on Homelessness Workgroup meets 2nd Tuesday at 1:30 p.m.

Permanent Supportive Housing	SSI/SSDI Outreach, Access, and Recovery (SOAR)
<b>Continuum of Care (CoC) Housing Programs</b> are HUD funded rental subsidies for homeless persons/families with behavioral health disabilities. Eligibility is determined through intake process. Program monitoring provided by Supportive Services staff.	<b>SOAR</b> , Supplemental Security Income (SSI) / Social Security Disability Benefits (SSDI) Outreach Access and Recovery, is a national program designed to increase access to SSI/SSDI for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder.
<b>Contact:</b> Bernie Vernin, Continuum of Care Specialist, ext. 319 <a href="mailto:bvervin@midshorebehavioralhealth.org">bvervin@midshorebehavioralhealth.org</a> . Visit website for daily mid-shore <b>Shelter Bed Availability</b> .	<b>Contact:</b> Yvette Hynson, SOAR Case Specialist, ext. 312 <a href="mailto:yhynson@midshorebehavioralhealth.org">yhynson@midshorebehavioralhealth.org</a>

PATH - Projects for Assistance in Transition from Homelessness
PATH's priority population served includes persons with a mental health need who are homeless or at risk of becoming homeless. This program is designed to provide homeless outreach management and linkage assistance to street homeless for mental health services and housing. <b>Phone:</b> 410-490-3139

## H.O.P.E. Inc. (Help and Outreach Point of Entry)

Address	Contact	Hours	Counties	Ages	Language
129 Broad St. Salisbury, MD 21801	<b>Phone:</b> 410-677-0757 <b>Fax:</b> 410-677-0758 <b>Email:</b> hope@hopesby.com <b>Website:</b> <a href="http://helpandoutreach.worpress.com/">http://helpandoutreach.worpress.com/</a>	Tues. and Thurs. 10 a.m. to 2 p.m.	Caroline, Dorchester, Talbot, Wicomico, Somerset, Worcester	0-71+	English <b>Interpreter:</b> On call <b>Translator:</b> No

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Co-Occurring</li> <li>❖ Housing Insecurity</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Care Coordination Referral Services</li> <li style="width: 33%;">❖ Narcan Training</li> <li style="width: 33%;">❖ Free Meal Service</li> <li style="width: 33%;">❖ Education</li> <li style="width: 33%;">❖ Homeless Outreach</li> <li style="width: 33%;">❖ Distribution</li> </ul>

HOPE, Inc. assists those in need obtain healthcare, social, and basic living services. This is accomplished through outreach to the homeless, assessments of needs and eligibility, guidance and education, assistance with obtaining documents, facilitating access to medication and treatment, referrals for other necessary services, and other support to end the cycle of homelessness and poverty.

## Queen Anne's County Housing & Community Services

Address	Contact	Hours	Counties	Ages	Language
104 Powell St. Centreville, MD 21617	<b>Phone:</b> 410-758-3977 <b>Fax:</b> 410-758-4499 <b>Email:</b> dhcs@qac.org <b>Website:</b> www.qachousing.org	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	All	English <b>Interpreter:</b> No <b>Translator:</b> Yes

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Housing Insecurity</li> <li>❖ Homelessness</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Affordable Housing Loan and Rental Programs</li> <li style="width: 33%;">❖ Housing Rehabilitation</li> <li style="width: 33%;">❖ Case Management</li> <li style="width: 33%;">❖ Livability Code</li> <li style="width: 33%;">❖ Homelessness Prevention</li> <li style="width: 33%;">❖ Livability code enforcement</li> <li style="width: 33%;">❖ Housing Assistance</li> <li style="width: 33%;">❖ Rapid Re-Housing</li> <li style="width: 33%;">❖ Housing Rehabilitation</li> <li style="width: 33%;">❖ Rental Assistance</li> </ul>

QAC's Services works with people who are experiencing many different types of housing issues across the spectrum.

## Talbot Interfaith Shelter

Address	Contact	Hours	Counties Served	Ages
107 Goldsborough St. Easton, MD 21601	<b>Phone:</b> 410-690-3120; 410-310-2316 <b>Email:</b> info@talbotinterfaithshelter.org <b>Website:</b> www.talbotinterfaithshelter.org	8 a.m. to 5 p.m. for visitors and deliveries	Caroline, Dorchester, Kent Queen Anne's, Talbot	0-71+

Payment Accepted	Provider Type	Language
❖ Free	❖ Case Manager	American Sign Language (ASL), English <b>Interpreter:</b> On call <b>Translator:</b> No

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Homelessness</li> <li>❖ Housing Insecurity</li> </ul>	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Adult Assessment</li> <li style="width: 33%;">❖ Breathalyzer Testing</li> <li style="width: 33%;">❖ Conflict Resolution</li> <li style="width: 33%;">❖ Advocacy</li> <li style="width: 33%;">❖ Care Coordination</li> <li style="width: 33%;">❖ Court-Ordered Substance Use Testing</li> <li style="width: 33%;">❖ Alcohol, Tobacco, Drug Education Workshops</li> <li style="width: 33%;">❖ Referral Services</li> <li style="width: 33%;">❖ Crisis Intervention /Stabilization</li> <li style="width: 33%;">❖ Career Counseling</li> <li style="width: 33%;">❖ Case Management</li> <li style="width: 33%;">❖ Drug Testing</li> <li style="width: 33%;">❖ Anger Management Counseling</li> <li style="width: 33%;">❖ Child and Family Services</li> <li style="width: 33%;">❖ Temporary Shelter</li> <li style="width: 33%;">❖ Transitional Housing</li> </ul>

## Talbot Interfaith Shelter

The Talbot Interfaith Shelter is dedicated to ending homelessness on Maryland's Mid-Shore by providing shelter, stability, support, and a path to Success for families and individuals in need.

## The Salvation Army

Address	Contact	Hours	Counties	Language
200 Washington St. Cambridge, MD 21613	<b>Phone:</b> 410-228-2442 <b>Fax:</b> 410-228-2895 <b>Email:</b> CambridgeMD@uss.salvationarmy.org <b>Website:</b> <a href="http://www.salvationarmypotomac.org/cambridge">www.salvationarmypotomac.org/cambridge</a>	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	English, Spanish <b>Interpreter:</b> No <b>Translator:</b> No
Services Provided				
<ul style="list-style-type: none"> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination Referral Services</li> <li>❖ Christian / Pastoral Counseling</li> <li>❖ Food Assistance / Pantry</li> <li>❖ Homeless Outreach</li> <li>❖ Housing Assistance</li> <li>❖ Men's Group</li> <li>❖ Pastoral Care Services</li> </ul>		<ul style="list-style-type: none"> <li>❖ Rent and Mortgage Assistance</li> <li>❖ Social Service Assistance</li> <li>❖ Temporary Shelter – Families, Men, Women</li> <li>❖ Thrift Store</li> <li>❖ Transitional Housing</li> <li>❖ Women's Group</li> <li>❖ Youth Development</li> </ul>		

## Shelters

<b>Cecil County Men's Shelter</b> <i>Elkton - serving men</i>	<b>Phone:</b> 410-392-8066 <b>Website:</b> <a href="http://www.meetingground.org">www.meetingground.org</a>
<b>Christian Shelter, Inc.</b> <i>Salisbury</i>	<b>Phone:</b> 410-749-5673 <b>Website:</b> <a href="http://www.christianshelter.org">www.christianshelter.org</a>
<b>Delmarva Community Services</b> <i>Cambridge serving men, Hurlock serving families</i>	<b>Phone:</b> 410-901-2991
<b>Diakonia Shelter</b> <i>Ocean City</i>	<b>Phone:</b> 410-213-0923 <b>Website:</b> <a href="http://www.diakoniaoc.org">www.diakoniaoc.org</a>
<b>HALO</b> <i>Salisbury</i>	<b>Phone:</b> 410-742-9356 <b>Website:</b> <a href="http://www.haloministry.org">www.haloministry.org</a>
<b>Martin's House</b> <i>Ridgely – serving families</i>	<b>Phone:</b> 410-634-2537 <b>Website:</b> <a href="http://www.martinshouseandbarn.org">www.martinshouseandbarn.org</a>
<b>Talbot Interfaith Shelter</b> <i>Easton</i>	<b>Phone:</b> 410-690-3120 or 410-310-2316 <b>Website:</b> <a href="http://www.talbotinterfaithshelter.org">www.talbotinterfaithshelter.org</a>
<b>The Salvation Army</b> <i>Cambridge</i>	<b>Phone:</b> 410-228-2442 <b>Website:</b> <a href="http://www.salvationarmypotomac.org/cambridge">www.salvationarmypotomac.org/cambridge</a>
<b>The Samaritan Shelter</b> <i>Pocomoke</i>	<b>Phone:</b> 410-957-4310 <b>Website:</b> <a href="http://www.thesamaritanshelter.org">www.thesamaritanshelter.org</a>
<b>Wayfarer's House</b> <i>Elkton serving women and children</i>	<b>Website:</b> <a href="http://www.meetingground.org">www.meetingground.org</a>

## Cold Weather Shelters

<b>Cold Weather Shelter</b> <i>Lower Shore</i>	<b>Phone:</b> 410-749-4357 Open January through March
<b>Haven Ministries</b> <i>Queen Anne's</i>	<b>Phone:</b> 410-739-7859 <b>Website:</b> <a href="http://www.haven-ministries.org">www.haven-ministries.org</a> Open December through mid-April
<b>His Hope Ministries</b> <i>Caroline County</i>	<b>Phone:</b> 443- 448-7297 <b>Website:</b> <a href="https://hishopeministries.org/">https://hishopeministries.org/</a> Open September through April
<b>The Samaritan Group</b> <i>Kent County</i>	<b>Phone:</b> 443-480-3564 or 410-810-7600 <b>Website:</b> <a href="http://www.samaritangroupkent.org">www.samaritangroupkent.org</a> Open January through March

## Day Shelter and Resource Centers

<b>Friends Helping Friends Network, Inc.</b>	
A non-profit, Christian-based organization that helps single moms and homeless families by providing temporary shelter, helping them set and reach goals, while working on a budget and a goal plan; teaching them to become independent by helping them to focus.	<b>Phone:</b> 443-477-3324
<b>HALO Day Facility</b>	
The Halo Day Facility is a safe structured place where homeless individuals and families can come during the daytime hours. Our goal is to help rebuild the dignity of each person by providing services to meet not only the basic needs, but a Journey of Hope for Life Change. Services provided include Case Management, Showers, Restrooms, Voice Mail, Mail Services, Locked Storage Facility, and Class Opportunities including GED, Life Skills, and Bible Study.	119B South Blvd. Salisbury, MD 21804 <b>Phone:</b> 410-543-2003 <b>Website:</b> <a href="http://www.halominsty.org">www.halominsty.org</a> <b>Hours:</b> Mon. - Fri. 8:45 a.m. to 4:30 p.m.
<b>Haven Ministries</b>	
The Resource Center advances the missions of both Haven Ministries and St. Paul's Church by offering a place of referral and case management services to residents of Queen Anne's County. The Resource Center includes case management services, educational programs, job training, and use of computers and office equipment.	301 S. Liberty St. Centreville, MD 21617 <b>Phone:</b> 410-827-7194 (Main) 410-739-7859 (Sandy Wiscoot) <b>Website:</b> <a href="http://www.haven-ministries.org">www.haven-ministries.org</a> <b>Hours:</b> December through mid-April
<b>His Hope Ministries</b>	
His Hope Ministries helps families, individuals, youth, and elderly fight homelessness, hunger, and potential homelessness. We work towards a place where all people have access to quality housing, nutritious food, and opportunities to thrive. Serving all mid-shore counties.	105 Gay Street Denton, MD 21629 <b>Phone:</b> 443- 448-7297 <b>Website:</b> <a href="http://www.hishopeministries.org">www.hishopeministries.org</a> <b>Hours:</b> September through April 4:30 p.m. – 9 a.m.
<b>Mary Randall Center Day Program 4</b>	
The Mary Randall Center is the first step for many on the path from shelter to home. It is a place where individuals currently experiencing homelessness can shower, collect their mail, launder their clothing, and link with medical services and job seeking assistance.	401 North St Elkton, MD 21921 <b>Phone:</b> 410-620-4701 <b>Website:</b> <a href="http://www.meetingground.org">www.meetingground.org</a>

## Transitional Shelters



<b>Village of Hope</b> <i>Women and children</i>	<b>Phone:</b> 410-860-4803
<b>Wayfarer's House</b> <i>Women and children</i>	<b>Phone:</b> 410-398-4381

## Residential Rehabilitation Programs

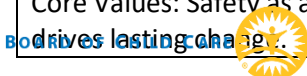
Residential Rehabilitation Programs (RRPs) for adults provides support in a residence outside of the individual's own home and provides needed resources and support not sufficiently available within the individual's own existing social support system. Residential Rehabilitation Programs (RRPs) provide services based upon the individual's needs in varying levels of support, both general and intensive, and are subject to additional admission/continued stay criteria. \*RRP Applications are processed through the Core Service Agency (CSA). Please contact your local CSA for placement, not the providers below. To obtain a full listing of Core Service Agencies in Maryland please visit <https://health.maryland.gov/bha/Documents/MABHAAugust2022.pdf>

<b>Channel Marker, Inc.</b>	8865 Glebe Park Drive Unit 1 Easton, MD 21601 <b>Phone:</b> 410-822-4619 <b>Website:</b> <a href="http://www.channelmarker.org">www.channelmarker.org</a>
<b>Crossroads Community, Inc.</b>	<b>Queen Anne's:</b> 120 Banjo Ln. Centreville, MD (P) 410-758-3050 <b>Kent:</b> 937 Gateway Dr. Chestertown, MD 21620 (P) 410-778-9200 <b>Dorchester:</b> 404 LeCompte St. Cambridge, MD 21613 (P) 410-221-7540 <b>Website:</b> <a href="http://www.cccinonline.com">www.cccinonline.com</a>
<b>Go-Getters, Inc.</b>	<b>Somerset:</b> 11559 Somerset Ave. Princess Anne, MD 21853 (P) 410-651-1547 <b>Wicomico:</b> 716 N. Division St. Salisbury, MD 21801 (P) 410-546-7754 <b>Website:</b> <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>
<b>Upper Bay Counseling</b>	200 Booth Street Elkton, MD 21921 <b>Phone:</b> 410-996-5104 <b>Website:</b> <a href="http://www.upperbay.org">www.upperbay.org</a>

# Support Services

Affiliated Sante Eastern Shore Crisis Response				
Address	Contact	Hours	Counties Served	Ages
28577 Mary's Court, Suite 5 Easton, MD 21601	<b>24/7 Phone:</b> 1-888-407-8018 <b>Fax:</b> 240-331-1465 <b>Email:</b> <a href="mailto:tbrown@santegroup.org">tbrown@santegroup.org</a> <b>Website:</b> <a href="http://www.santeeasternshore.org">www.santeeasternshore.org</a>	8 A.M. – 6 P.M.	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Talbot	All Ages
Payment Accepted	Provider Type	Treatment Specialties	Language	
❖ Free ❖ Grant Funds	❖ LCSW-C	Our CIT Coordinator is available to work directly with law enforcement agencies to develop tailored and relevant training for officers and first responders throughout the Eastern Shore. <b>CIT Coordinator:</b> Brandy James <b>Email:</b> <a href="mailto:bjames@santegroup.org">bjames@santegroup.org</a> .	English <b>Interpreter:</b> Hotline <b>Translator:</b> Hotline	
Services Provided				
 		<p>CIT provides education and training services to first responders, law enforcement, education systems, and other organizations to prepare individuals to conduct basic suicide interventions and other emergency mental health services when necessary. All ages served. Telehealth and Tele-education/ in person are available.</p>		

Board of Child Care					
Address	Contact	Hours	Counties Served	Ages	
27993 Substation Rd. Denton MD 21629	<b>Phone:</b> 410-479-1743 <b>Email:</b> <a href="mailto:kmcgee@boardofchildcare.org">kmcgee@boardofchildcare.org</a> <b>Website:</b> <a href="http://www.boardofchildcare.org">www.boardofchildcare.org</a>	24/7 Residential Facility	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-20	
Payment Accepted	Provider Type	Language			
❖ Public Behavioral Health (Medicaid)	❖ Case Manager ❖ Interns ❖ LMSW	❖ PhD ❖ RN	English, Spanish <b>Interpreter:</b> Yes <b>Translator:</b> Yes		
Treatment Specialties					
❖ ADHD ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Complex Trauma	❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hoarding Behaviors	❖ Housing Insecurity ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder	❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stress ❖ Trauma Victims of Human Trafficking		
Board of Child Care provides High Intensity Residential Services for youth. Enriching communities, one family at a time. Core Values: Safety as a mindset, foster relationships within our community, listen and respond with empathy, and impact					



## Chesapeake Multicultural Resource Center

Address	Contact	Language	Services Provided	
331 E Dover St. PO Box 1990 Easton, MD 21601	<b>Phone:</b> 1-877-772-9832 <b>Email:</b> <a href="mailto:info@chesmrc.org">info@chesmrc.org</a> <b>Website:</b> <a href="http://www.chesmrc.org">www.chesmrc.org</a>	English, Spanish <b>Interpreter:</b> Yes <b>Translator:</b> Yes	❖ Adult Education ❖ Immigration Legal Assistance ❖ Language Access / Cultural Competence	❖ Resource Center ❖ Youth Development

The Chesapeake Multicultural Resource Center empowers people from different cultures to become successful and engaged members of the community by coordinating services and informational programs.

## Greensboro Connects Initiative

The Greensboro Connects Initiative is a program that connects multiple services with residents of the Town of Greensboro and surrounding areas. This initiative will provide an office-style physical space to organizations including non-profits that provide a service to the community. Those organizations will have the opportunity to provide services to residents who do not have the financial resources or transportation to access those services. Due to the lack of public transportation in the area, low-income families find it difficult to travel to access these services that are located about 35-45 minutes away. This initiative seeks to provide mental health services, Substance Abuse, Family Resources/Youth Program, among others.

**Address:** 111 S Main Street Greensboro MD 21639 **Phone:** 410-482-6222 **Email:** [apere@greensboromd.com](mailto:apere@greensboromd.com)

## Marylanders Online

Contact	Language	Hours
<b>Phone:</b> 1-866-206-8467 <b>Website:</b> <a href="http://www.marylandersonline.umd.edu">www.marylandersonline.umd.edu</a>	English, Spanish <b>Interpreter:</b> Yes <b>Translator:</b> Yes Other Languages Upon request	Monday to Friday 10 A.M. – 8 P.M. Saturday 10 A.M. – 5 P.M

Marylanders Online offers free digital and technology support to all Maryland residents. Maryland residents can connect with a live Digital Navigators by calling a toll-free hotline 1-866-206-8467 Monday to Friday, 10:00 a.m. - 8:00 p.m. and Saturday from 10:00 a.m. to 5:00 p.m. to receive one-on-one tech support or computer help. Marylanders Online can also help you apply for reduced-rate internet programs (ACP) or enroll in digital skill classes or digital device giveaway programs. Services are available in-person or online, in English, Spanish, and other languages upon request. Learn more at [www.marylandersonline.umd.edu](http://www.marylandersonline.umd.edu). This program is part of a University of Maryland Extension (UME) initiative in partnership with the College of Information Studies working to promote digital literacy, equity, and inclusion throughout the state of Maryland.

UNIVERSITY OF  
**MARYLAND**  
EXTENSION



IN PARTNERSHIP WITH



COLLEGE OF  
**INFORMATION**  
STUDIES

## Mid-Shore ACT Team

Address	Contact	Hours	Counties Served	Ages
828 Airpax Rd. Cambridge, MD 21613	<b>Phone:</b> 667-330-1871 <b>Fax:</b> 603-928-7632 <b>Email:</b> <a href="mailto:acopeland@lowershoreclinic.org">acopeland@lowershoreclinic.org</a> <b>Website:</b> <a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a>	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Queen Anne's, Talbot	13-71+
<b>Payment Accepted</b>		<b>Provider Type</b>		<b>Language</b>



## Mid-Shore ACT Team

❖ Aetna	❖ Medicare	❖ Addictions Counselor	❖ LMSW	English <b>Interpreter:</b> No <b>Translator:</b> Yes
❖ Blue Cross Blue Shield	❖ Public Behavioral Health (Medicaid)	❖ CAC-AD	❖ MD	
❖ CareFirst	❖ Self-Pay	❖ Case Manager	❖ Nurse	
❖ Delaware Highmark	❖ Sliding Scale Fee	❖ CHOW	❖ Peer Support Specialist	
❖ Delaware Medicaid	❖ Tricare	❖ LCADC	❖ Psych Rehab Staff	
❖ Humana	❖ UMR	❖ LCSW-C	❖ RN	
❖ LLC Network Provider	❖ Uninsured Eligible			
❖ Maryland Choices Provider	❖ United Healthcare			

Treatment Specialties	Services Provided
<ul style="list-style-type: none"> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Co-Occurring</li> <li>❖ Depression</li> <li>❖ Mood Disorders</li> </ul>	<ul style="list-style-type: none"> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Substance Use / Dependence</li> <li>❖ Trauma</li> </ul>
	<ul style="list-style-type: none"> <li>❖ Housing</li> <li>❖ Peer Support</li> <li>❖ Psychiatric, Vocational, Psychiatric Rehabilitation</li> </ul>

Mid Shore's Assertive Community Treatment (ACT) Team provides client-centered, strengths-based services to individuals with severe, persistent mental illnesses who have not responded to traditional outpatient therapies. Utilizing a team approach that includes psychiatric, vocational, psychiatric rehab, substance abuse, housing and peer support services, the ACT team provides outreach and engagement services at a client's home, work, or any other location. The ACT team provides case management and advocacy to assist the client in maintaining independence.

## Mid-Shore Council on Family Violence

Address	Contact	Payment	Language
8626 Brooks Dr. Ste. 102 Easton, MD 21601	<b>Phone:</b> 410-690-3222 <b>24/7 Hotline:</b> 800-927-4673 <b>Fax:</b> 410-690-3271 <b>Website:</b> <a href="http://www.msfcv.org">www.msfcv.org</a>	❖ Free	English <b>Interpreter:</b> Yes <b>Translator:</b> Yes
Treatment Specialties	Services Provided		
<ul style="list-style-type: none"> <li>❖ Family Violence</li> <li>❖ Victims of Domestic Abuse</li> </ul>	<ul style="list-style-type: none"> <li>❖ 24-Hour Crisis Hotline</li> <li>❖ Advocacy</li> <li>❖ Crisis Response</li> <li>❖ Crisis Shelter</li> </ul>	<ul style="list-style-type: none"> <li>❖ Emergency Food and Clothing</li> <li>❖ Individual Counseling</li> <li>❖ Legal Advocacy</li> <li>❖ Mental Health Counseling</li> </ul>	

Mid-Shore Council on Family Violence (MSCFV) is a comprehensive domestic violence program which provides support and the following services to victims in crisis and through their transition to self-sufficiency and independence: Crisis shelter, 24-hour hotline (800-927-4673), individual counseling, advocacy, legal advocacy and accompaniment to court proceedings, attorneys to represent victims in Final Protective Order hearings and divorce and custody cases, economic empowerment services, Transitional Program (including a Transitional House), therapeutic mental health counseling, crisis response and emergency food and clothing and all services are provided in Spanish through a Bilingual Advocate.

## MyFamilyNeeds

Database of community information for Caroline County. Funded by a grant from Caroline County Human Services Council and sponsored by Caroline County Libraries. **Website:** [www.myfamilyneeds.info](http://www.myfamilyneeds.info)

## NAMI Kent & Queen Anne's Counties

PO Box 966 Chestertown, MD 21620

**Phone:** 443-480-0565 **Email:** namikentandqueenannes@gmail.com **Website:** <http://namimd.org/>

### Free Services Provided

- ❖ Support Groups (Adults with a loved one / family member who is age 14 or older and who has a mental health condition are welcome.)
- ❖ Educational Workshops – “Ending the Silence” - A presentation which helps teens learn about the warning signs of mental health conditions and what steps to take if you or a loved one is showing symptoms.
- ❖ Check website for more



## Kent and Queen Anne's County

NAMI (National Alliance on Mental Illness) Kent & Queen Anne's is an affiliate of NAMI Maryland and NAMI national. The NAMI mission is to educate, support and advocate for those with mental illness and their families. Information and programs are available to educate about mental illnesses to reduce stigma and help people seek help early. NAMI KQA supports NAMI MD's advocacy efforts and initiatives. We engage in active community outreach, including speakers available to address community groups and organizations regarding mental health and our services.

## Network of Care

A web-based internet tool and mental health resource for everyone, including a provider service network, a medical library, resource/ veterans' links, and support/advocacy group contacts. Sponsored by: Department of Health and Mental Hygiene; Transformation Project, and Mid Shore Behavioral Health, Inc. **Website:** [www.networkofcare.org](http://www.networkofcare.org)

## Queen Anne's County Safety Net

Queen Anne's County Safety Networks to make Queen Anne's County citizens knowledgeable and help them recognize indicators of suicidal thinking and link residents in need with prevention and intervention services with emphasis on stigma related events, public service announcements, and education/intervention. Meets the 3rd Wednesday of every month at 1:15pm at the QAC Board of Education. **Phone:** 410-758-2403 ext. 154

## Rural Assistance Center (RAC)

**Phone:** 1-800-270-1898 **Website:** [www.ruralhealthinfo.org](http://www.ruralhealthinfo.org)

RAC helps rural communities and other rural stakeholders access the full range of available programs, funding, and research that can enable them to provide quality health and human services to rural residents.

## The Parent's Place of Maryland

802 Cromwell Park Dr. Suite Q Glen Burnie, MD 21601 **Phone:** 410-768-9100 **Website:** [www.ppmd.org](http://www.ppmd.org)



The Parents' Place of Maryland mission is to empower families as advocates and partners in improving education and health outcomes for children with disabilities and special healthcare needs with a commitment to diversity and equity. Programs include Maryland's Parent Training and Information Center (PTI) and Family-to-Family Health Information Center.

## The Renfrew Center for Eating Disorders

**Baltimore:** 1122 Kenilworth Dr. Ste. 105 Towson, MD 21204 **(P)** 1-800-RENFREW (736-3739) **(F)** 443-519-5601

**Bethesda:** 4719 Hampden Ln. Ste. 100 Bethesda, MD 20814 **(P)** 1-800-RENFREW (736-3739) **(F)** 301-656-4601

[The Renfrew Center](#) specializes in the treatment of anorexia, bulimia, binge eating disorder and related mental illnesses. Programming consists of a comprehensive range of services, including day treatment, intensive outpatient, and group therapy.

## Turn Around, Inc.

401 Washington Ave. Ste. 300 Towson, MD 21204 **(P)** 410-377-8111

1800 Charles St. Ste. 404 Baltimore, MD 21201 **(P)** 410-837-7000

9100 Franklin Square Dr. Rm. 317 Baltimore, MD 21237 **(P)** 410-391-2396


**24-Hour Hotline** 443-279-0379 **Website:** [www.turnaroundinc.org](http://www.turnaroundinc.org)

Turn Around's mission is to build a community free of violence by working with adults and children affected by intimate partner and sexual violence to address their needs and prevent further violence through advocacy and education.

## Mobile Treatment Teams / ACT

Cecil County	Mid-Shore	Lower Shore
Upper Bay Counseling 200 Booth St. Elkton, MD 21921 <b>Phone:</b> 410-996-5104 <b>Website:</b> <a href="http://www.upperbay.org">www.upperbay.org</a>	Corsica River Mental Health Services <b>Phone:</b> 443-480-8425 <b>Website:</b> <a href="http://www.crmhsinc.com">www.crmhsinc.com</a>	Go-Getters, Inc. <b>Phone:</b> 410-341-9696 <b>Website:</b> <a href="http://www.gogettersinc.org">www.gogettersinc.org</a>
<p>Mobile Treatment Services provide assertive outreach, treatment, and support to individuals with mental illness who may be homeless, or for whom more traditional forms of outpatient treatment have been ineffective. Service is mobile and provided by a multidisciplinary team in the individual's natural environment. Mobile Treatment Services also are available for children, adolescents, and their families who require more intensive intervention to clinically stabilize the child's or adolescent's psychiatric condition, to promote family preservation and/or to return functioning and quality of life. Services provided include psychiatric evaluation and treatment, clinical assessment, medication management/monitoring, interactive therapies, support with daily living skills, assistance with locating housing, and case management. The duration, frequency and intensity of services provided are determined by an individual's treatment plan. The goals are to connect consumers to treatment services in the community, avert hospitalizations, and remediate tenuous living situations. Additional information and referrals can be found on MSBH's website.</p>		

## Family Peer Support

Maryland Coalition of Families					
Address	Contact	Hours	Counties Served	Ages	Language
8950 State Route 108 Ste 223 Columbia, MD 21045	<b>Phone:</b> 410-730-8267 <b>Fax:</b> 410-730-8331 <b>Email:</b> <a href="mailto:kduffy@mdcoalition.org">kduffy@mdcoalition.org</a> <b>Website:</b> <a href="http://www.mdcoalition.org">www.mdcoalition.org</a>	Mon. – Fri. 9 a.m. – 5 p.m.	All Mid Shore Counties	All Ages	English Spanish
Treatment Specialties		Services Provided			
Family peer support for parents and caregivers who have loved ones of any age with mental health, substance use or problem gambling challenges.		<ul style="list-style-type: none"> <li>❖ One-to-One Emotional Support</li> <li>❖ Resource Connection</li> <li>❖ Systems Navigation</li> <li>❖ Support groups</li> <li>❖ Education, Trainings, and Workshops</li> </ul>			
		Referrals can be made by providers or self-referrers directly from our website.			

## Respite Services

Children's Choice of Maryland, Inc.				
Address	Contact	Hours	Counties Served	Ages
1813 Sweetbay Dr. Salisbury, MD 21804	<b>Phone:</b> 410-546-6106 <b>Fax:</b> 410-219-2640 <b>Email:</b> <a href="mailto:anickerson@childrenschoice.org">anickerson@childrenschoice.org</a> <b>Website:</b> <a href="http://www.childrenschoice.org">www.childrenschoice.org</a>	Mon. – Fri. 8:30 a.m. to 4:30 p.m.	All Eastern Shore and Western Shore counties except Garrett & Washington	0-21
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Grant Funds</li> <li>❖ Public Behavioral Health (Medicaid)</li> </ul>		❖ LCSW-C	English <b>Interpreter:</b> No <b>Translator:</b> No	
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Bipolar Disorder</li> <li>❖ Chronic Mental Illness</li> <li>❖ Depression</li> <li>❖ Developmental Disabilities</li> </ul>		<ul style="list-style-type: none"> <li>❖ Hoarding Behaviors</li> <li>❖ Personality Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> </ul>		
Children's Choice provides out of home and in home respite and Psychiatric Rehabilitation to youth with diagnosed mental health challenges and participating in public mental health services.				

Community Behavioral Health
<ul style="list-style-type: none"> <li>❖ 426 Dorchester Ave. Cambridge, MD 21613 <b>Phone:</b> 844-224-5264</li> <li>❖ 202 Coursevall Dr. Centreville, MD 21617 <b>Phone:</b> 844-224-5264</li> <li>❖ 809 &amp; 821 Eastern Shore Dr. Salisbury, MD 21804 <b>Phone:</b> 844-224-5264</li> </ul>
<b>Fax:</b> 888-509-0010 <b>Email:</b> <a href="mailto:info@communitybehavioralhealth.net">info@communitybehavioralhealth.net</a> <b>Website:</b> <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a>
See a complete listing of Community Behavioral Health's services on page 15.


## Go-Getters, Inc.

❖ 716 N. Division St. Salisbury, MD 21801  
 ❖ 7033 Worcester Hwy. Newark, MD 21841  
**Phone:** 410-546-7754 **Website:** [www.gogettersinc.org](http://www.gogettersinc.org)

## Additional Support Resources

### Behavioral Health Integration in Pediatric Practice (B-HIPP)

Address	Provider Type	Services Provided
<b>Phone:</b> 1-855-MD-BHIPP <b>Fax:</b> 410-251-9162 <b>Website:</b> <a href="http://www.mdbhipp.org">www.mdbhipp.org</a>	<ul style="list-style-type: none"> <li>❖ Behavioral Interventionist</li> <li>❖ Case Manager</li> <li>❖ Crisis Manager</li> <li>❖ Educator</li> <li>❖ Family Worker</li> <li>❖ Interns</li> <li>❖ MSW</li> <li>❖ Navigator</li> <li>❖ Therapist</li> </ul>	<ul style="list-style-type: none"> <li>❖ Assessment and Behavioral Management</li> <li>❖ Continuing Education</li> <li>❖ Motivational Interviewing</li> <li>❖ Outreach to Local Agencies</li> <li>❖ Parenting Skills Training</li> <li>❖ Phone Consultations for Pediatric Primary Care</li> <li>❖ Resource Fairs</li> <li>❖ Stress Management</li> </ul>

 B-HIPP provides in-house behavioral health consultant service to local pediatric providers and the families they serve. Master of Social Work interns serve as a resource to local agencies seeking a pipeline for information to and from the pediatric primary care offices. Daily roles of B-HIPP interns include advocate, case manager, therapist, behavioral interventionist, navigator, family worker, educator, and crisis manager. Intervention targeting includes parenting skills training, stress management, communication and targeted mood management, assessment and behavioral management, and motivational interviewing. B-HIPP also provides phone consultations for pediatric primary care providers throughout the State of Maryland with questions surrounding mental health concerns. B-HIPP is supported by funding from the Maryland Department of Health and Mental Hygiene and Maryland State Department of Education and is conducted through a partnership among the University of Maryland School of Medicine/Department of Psychiatry, the Johns Hopkins University School of Public Health, and Salisbury University Social Work Department.

### Chase Brexton Health Care

Address	Contact	Hours	Counties Served	Ages
8221 Teal Dr. Suite 202 Easton, MD 21601	<b>Phone:</b> 866-260-0412 ext. 4350 <b>Fax:</b> 410-822-6721 <b>Email:</b> <a href="mailto:tspaulding@chasebrexton.org">tspaulding@chasebrexton.org</a> <b>Website:</b> <a href="http://www.chasebrexton.org">www.chasebrexton.org</a>	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	13-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> <li>❖ Aetna</li> <li>❖ Blue Cross Blue Shield</li> <li>❖ CareFirst</li> <li>❖ Cigna</li> <li>❖ Johns Hopkins</li> <li>❖ Medicare</li> </ul>	<ul style="list-style-type: none"> <li>❖ Public Behavioral Health (Medicaid)</li> <li>❖ Self-Pay</li> <li>❖ Sliding Scale Fee</li> <li>❖ Uninsured Eligible</li> <li>❖ United Healthcare</li> </ul>	<ul style="list-style-type: none"> <li>❖ CRNP-PMH</li> <li>❖ LCPC</li> <li>❖ Psy D</li> </ul>	English <b>Interpreter:</b> On call <b>Translator:</b> Yes	
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Bipolar Disorder</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family / Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ Personality Disorders</li> <li>❖ PTSD</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Behavioral Treatment</li> <li>❖ Case Management</li> <li>❖ CBT</li> <li>❖ Conflict Resolution</li> <li>❖ Crisis intervention</li> </ul>	<ul style="list-style-type: none"> <li>❖ General Counseling</li> <li>❖ Group Counseling</li> <li>❖ Individual Counseling</li> <li>❖ Internet Access</li> <li>❖ LGBTQ+ Education, Support, and Advocacy</li> </ul>	

## Chase Brexton Health Care

- |                          |                              |                                    |  |
|--------------------------|------------------------------|------------------------------------|--|
| ❖ Chronic Mental Illness | ❖ Stress                     | ❖ Emergency Psychiatric Evaluation | ❖ LGBTQ+ Issues                          |
| ❖ Complex Trauma         | ❖ Substance Use / Dependence | ❖ Evidenced Based Practice         | ❖ Mental Health Evaluation and Treatment |
| ❖ Co-Occurring           | ❖ Trauma                     | ❖ Gender-Related Groups            | ❖ Telehealth Services                    |
| ❖ Depression             |                              |                                    |  |



Chase Brexton’s mission is to provide compassionate, quality health care that honors diversity, inspires wellness, and improves our communities. Services: Chase Brexton Easton Center offers primary care, specialty care for HIV and Hepatitis C, case management, in house lab and access to the Chase Brexton Pharmacy in Baltimore which has financial assistance for reduced cost medications for those patients who are uninsured. We look forward to adding our own in-house Pharmacy in Early 2019. Chase Brexton sites on the Western Shore provide medical, dental, behavioral care including substance abuse treatment. Those sites include Columbia, Glenn Burnie, Randallstown, and our Mount Vernon Center in Baltimore. Each of our sites on the western shore includes a pharmacy.

## Choptank Community Health Systems, Inc.



**Phone:** 410-479-4306  
**Website:** [www.choptankhealth.org](http://www.choptankhealth.org)  
**Hours:** Mon. – Fri. 8 a.m. to 4:30 a.m.

Choptank Community Health is a private, non-profit community health center providing equitable access to high-quality, primary health and dental care services throughout the mid-shore.

### Bay Hundred Medical & Dental Center

**Phone:** 410-745-0200  
 933 South Talbot St. Unit 4  
 St. Michaels, MD 21663  
**Hours:** Mon. – Thur. 8 a.m. to 4:30 p.m. and Fri. 7:30 a.m. to 4 p.m.

### Cambridge Dental Center

**Phone:** 410-228-9381  
 503 A Muir St.  
 Cambridge, MD 21613  
**Hours:** Mon. – Thur. 7:30 a.m. to 6:30 p.m. and Fri. 8 a.m. to 4:30 p.m.

### Denton Medical Center

**Phone:** 410-479-2650  
 609 Daffin Ln.  
 Denton, MD 21629  
**Hours:** Mon. 7:30 a.m. to 6:45 p.m., Tue. – Fri. 7 a.m. to 5 p.m.

### Easton Pediatrics

**Phone:** 410-770-8910  
 522 Cynwood Dr. Suite 100  
 Easton, MD 21601  
**Hours:** Mon. - Fri. 7:30am to 5:00pm

### Fassett-Magee Health Center

**Phone:** 410-228-4045  
 503 A Muir St.  
 Cambridge, MD 21613  
**Hours:** Mon. – Fri. 7:30 a.m. to 5:00 p.m.

### Federalsburg Medical & Dental Center

**Medical:** 410-754-9021 **Dental:** 410-754-7583  
 215 Bloomingdale Ave.  
 Federalsburg, MD 21632  
**Hours:** Mon. and Wed. 7 a.m. to 6:45 p.m.  
 Tue. and Thur. 7 a.m. to 5p.m.  
 Fri. 7 a.m. to 4:30 p.m.

### Goldsboro Medical & Dental Center

**Medical:** 410-634-2380 **Dental:** 410-482-2224  
 316 Railroad Ave.  
 Goldsboro, MD 21636  
**Hours:** Mon. – Thurs. 7:30 a.m. to 4:30 p.m.  
 Fri. 7:30 a.m. to 4 p.m.

## Compass Regional Hospice, Inc.

### Address and Contact

255 Comet Dr. Centreville, MD 21617  
**Phone:** 443-262-4100 **Fax:** 410-758-5471 **Website:** [www.compassregionalhospice.org](http://www.compassregionalhospice.org)

Compass Regional Hospice serves the communities of Queen Anne’s, Kent, and Caroline counties, including private residences and assisted living and nursing facilities. In addition to our home hospice and bereavement care programs, we offer Bridges, a nonmedical supportive care program for individuals who are transitioning to the next level of care or are not yet ready for hospice. When care at home is no longer an option, our residential hospice centers in Centreville and Chestertown offer a clinically supportive environment with around-the-clock care in a home-like setting. We also are a Level 4 partner of the We Honor Veterans program and offer veteran-centric care to our military men, women, and families. Our staff can provide additional information and tools to our patient families surrounding veteran end-of-life experiences, benefits provided to them and other ongoing projects to recognize the dedication of their loved one.

## Deaf Independent Living Association, Inc

806 Snow Hill Rd. Salisbury, MD 21804 **Phone:** 410-754-5052 **Video Phone:** 443-365-2645

**Fax:** 410-543-4874 **Website:** [www.dila.org](http://www.dila.org) **Hours:** Mon. - Fri. 9 a.m. to 5 p.m.


The mission of Deaf Independent Living Association, Inc. (DILA) is independence of people who are deaf or hard of hearing through communication, connection, and community support.

## Eastern Shore Area Health Education Center

814 Chesapeake Dr. Cambridge, Maryland 21613 **Phone:** 410-221-2600 **Website:** [www.esahec.org](http://www.esahec.org)

The Eastern Shore Area Health Education Center (AHEC) is a private, non-profit with the goal to increase the number of health care providers in rural and underserved areas and eliminate health disparities among diverse populations of the Eastern Shore.

## Eastern Shore Wellness Solutions

Address	Contact	Hours	Counties Served	Ages
824 Fairmount Ave. Suite 4, Cambridge, MD 21613	<b>Phone:</b> 410-221-0795 <b>Email:</b> adotson@easternshorewellness.org <b>Website:</b> <a href="http://easternshorewellness.live">easternshorewellness.live</a>	Monday - Friday 8:30 am - 4:30 pm  After hours by appointment and some weekends	Caroline County, Dorchester County, Kent County, Queen Anne's County, Talbot County, Wicomico	All
<b>Services Provided</b>			<b>Language</b>	
<ul style="list-style-type: none"> <li>❖ Health Education for Chronic Conditions</li> <li>❖ Mobile Food Pantry</li> <li>❖ COVID Testing and Vaccinations</li> <li>❖ Health Screenings, including for Hypertension and Diabetes</li> <li>❖ Referrals for services, including housing, transportation, employment, and more.</li> </ul>			English and Spanish <b>Interpreter:</b> No <b>Translator:</b> No	
 <p><b>Eastern Shore</b> Wellness Solutions, Inc</p> <p>Go</p>				

## Johns Hopkins Health Plans: Priority Partners MCO

Address	Contact	Hours	Counties Served	Ages
7231 Parkway Drive, Suite 100 Hanover, MD 21076	<b>Phone:</b> 833-367-0270 <b>Website:</b> <a href="http://www.ppmco.org">www.ppmco.org</a>	8:00 AM - 4:00 PM	Statewide	0-65
<b>Services Provided</b>			<b>Language</b>	
<ul style="list-style-type: none"> <li>❖ Informational Health Workshops</li> <li>❖ Collaborative Health Projects</li> <li>❖ Community Events</li> <li>❖ Low to No Cost Health Care</li> <li>❖ Medicaid Enrollment</li> <li>❖ Member Support</li> </ul>			All Languages Offered <b>Interpreter:</b> On call <b>Translator:</b> On Call	

## Johns Hopkins Health Plans: Priority Partners MCO



Priority Partners is one of nine Managed Care Organizations authorized by the State of Maryland to provide health care services for over 340,000 Medicaid, Maryland Children's Health Program (MCHP), and Medical Assistance for Families recipients.

Priority Partners is owned by Johns Hopkins HealthCare LLC and the Maryland Community Health System.

## Rebuilding Together Kent County

Rebuilding Together Kent County brings neighbors together to improve homes and lives. We leverage gifts of time, money and skill with volunteer and contract labor to repair and rehabilitate homes for income-eligible seniors, veterans, those living with disabilities, and families with children in Kent County. All work is done at no cost to the homeowner.

**Website:** [www.rebuildingtogetherkcmd.org](http://www.rebuildingtogetherkcmd.org)

**Phone:** 410.708.9936

**Email:** [info@rtkc.org](mailto:info@rtkc.org)

## Rebuilding Together Queen Anne's County

Since 1994, Rebuilding Together of Queen Anne's County, has brought together churches, civic organizations, businesses and individuals to provide no-cost home repairs to low-income homeowners, seniors, veterans, and people with disabilities in Queen Anne's County. Rebuilding Together has purchased over \$400,000 in building supplies and materials from local area merchants and engaged over 1,000 volunteers to repair 253 homes around the county.

**Website:** [www.rebuildingtogetherqac.org](http://www.rebuildingtogetherqac.org)

**Phone:** 410-708-5020



# Transportation Services

## County Ride Queen Anne's County

**Phone:** 410-758-2357 **Email:** [Transportation@qac.org](mailto:Transportation@qac.org) **Hours:** Mon. – Fri. 6 a.m. to 5 p.m.

County Ride is the public transit system for Queen Anne's County and is operated under the Department of Community Services and is committed to assisting and increasing the transportation and mobility options of our county residents. The staff is committed to providing quality transit service for the public and specialized services for anyone who is unable to use the fixed-route public system. County Ride operates deviated fixed routes. Deviated-fixed routes operate on a time schedule. Please call dispatch at 410-758-2357 for more information about deviations. County Ride also operates a demand response service which is open to everyone. Demand Response is a service that requires 2-day advance notice and is based on availability.

## Bay Country Taxi

**Phone:** 410-770-9030 **Website:** [www.baycountrytaxi.com](http://www.baycountrytaxi.com)

Bay Country Taxi & Transportation Company is locally owned and operated company that provides fast and friendly pick-up and drop-off services at competitive prices. Free estimates on all rides.

## Delmarva Community Transit – One Stop

<b>Caroline:</b> 410-479-3867	<b>Dorchester:</b> 410-221-1910	<b>Kent:</b> 410-778-5187	<b>Talbot:</b> 410-822-4155	<b>Spanish:</b> 410-490-1696
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**Website:** <https://www.dcsdct.org/transportation--mobility.html>

One Stops are in Caroline, Dorchester, Kent, and Talbot counties and provide one place for information and assistance about transportation solutions as well as information and assistance to access community agencies and people who may be able to help with other problems one might face. One Stops assists with phone calls, assist with paperwork, and locate resources, for free.

## Home Ports

**Phone:** 443-480-0940 **Website:** [www.homeports.org](http://www.homeports.org)

Home Ports is based in Kent County and provides services to its members, who are age 55 and over. There is a fee to be a member. Services include referrals to a vetted list of transportation providers for local and regional transportation needs. Limited volunteer-based transportation services available.

## Key Lime Taxi of the Eastern Shore

222 South Bridge St, Suite 1 Elkton, MD 21921

**Cecil County:** 410-996-4950 **Kent and Talbot County:** 855-996-4950 **Website:** [www.elktontaxi.com](http://www.elktontaxi.com)

## MTA Commuter Bus

**Phone:** 800-543-9809 **Toll Free:** 1-866-RIDE-MTA (1-866-743-3682)

## Maryland Upper Shore Transit

**Phone:** 1-866-330-MUST (6878) **Website:** [www.mustbus.org](http://www.mustbus.org)

Maryland Upper Shore Transit (MUST) is a collaborative effort between Delmarva Community Transit and Queen Anne's County, County Ride. Special services are available for individuals unable to use the regional fixed routes. Contact your local transportation provider for trip availability.

## Partners in Care

400 Brooklets Ave. Easton, MD 21601 **Phone:** 410-822-1803 **Website:** <https://partnersincare.org/>

Partners in Care based in Talbot County offers a volunteer-based "time bank" transportation program to its members, who are age 60 and over.

## Queen Anne's County Transportation Voucher Program

104 Powell Street, Centreville, MD 21617

**Phone:** 410-758-6677 **Fax:** 410-758-6904 **Email:** [lmichaels@qac.org](mailto:lmichaels@qac.org) **Website:** [www.communitypartnerships.info](http://www.communitypartnerships.info)

The QAC Transportation Voucher Program is a grant funded program operated under the QAC Local Management Board. The Program provides transportation services and resources for QAC residents through referrals from agencies or providers. The Program serves 3 populations in QAC: 16-24 years old who are not enrolled in school or employed; families with children in the home who are 18 or under and are at-risk of not transitioning well into adulthood; or families with children in the home who are 18 or under and are affected by a family member's incarceration.

Hours are 8 a.m. to 4:30 p.m., translation apps are available.

## Shore Transit

**Phone:** 443-260-2300 **Website:** [www.shoretransit.org](http://www.shoretransit.org)

Shore Transit, a division of the Tri-County Council for the Lower Eastern Shore counties of Somerset, Wicomico, and Worcester. Shore Transit offers public transportation via fixed route and origin-to-destination services.

## Upper Shore Take a Ride (USTAR)

**Main Phone:**  
410-758-6500

**Caroline County:**  
410-479-3867

**Kent County:**  
410-778-5187

**Talbot County:**  
410-822-4155

[Upper Shore Take-A-Ride \(USTAR\)](#) is a rural transportation program operated by Upper Shore Aging, Inc., serving Kent, Talbot, and Caroline counties. It is the only multi-jurisdictional transportation enterprise operated in Maryland. USTAR supports the various programs of Upper Shore Aging, and directly provides for the transportation needs of the elderly and disabled persons of the service area, as well as the public. The program also provides for the transportation needs of Medical Assistance clients, and coordinates services with other social service agencies USTAR is a Demand-Response transportation program: clients call a dispatcher and arrange to be picked up from their door. Service is subject to advance scheduling (at least 48 hours' notice). Contact Director of General Services, 410-758-6500, for special transportation projects/trips. USTAR Fares: Senior Citizens/Disabled Persons: \$.50 per day, if within the county; \$2.50 per day, if outside the county (up to 50 miles round trip); \$10.00 per day, outside the county and over 50 miles round trip. General Public: \$1.00 per day, if within the county, \$5.00 per day, if outside the county (up to 50 miles round trip), \$20.00 per day, outside the county and over 50 miles round trip. [Una Ruta Fija Servicio de Transporte](#)

# Veteran Services

## Cambridge VA Outpatient Clinic

Address	Contact	Hours
830 Chesapeake Dr. Cambridge, MD 21613	<b>Phone:</b> 410-228-6243 <b>Fax:</b> 410-901-4011 <b>Email:</b> <a href="http://www.maryland.va.gov">www.maryland.va.gov</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.
Healthcare services include Audiology, Coumadin Clinic, Hearing Aid Fitting, Medication Management, Mental Health, Primary Care, Occupational Therapy, Optometry, Post Traumatic Stress, Pulmonary, Social Work, Telemental Health, Tele-retinal Imaging, Urology, Vet Center, Women’s Health.		

## Health Care for Homeless Veterans (HCHV)

Address	Contact	Hours	Provider
830 Chesapeake Dr. Cambridge, MD 21613	<b>Phone:</b> 443-326-4337	Mon. – Thurs 7 a.m. to 5:30 p.m.	Gregory Bisset, LCSW (DE), C-AADC (DE)
The central goal of HCHV programs is to reduce homelessness among Veterans by engaging and connecting homeless Veterans with healthcare and other needed services. HCHV programs target chronically homeless Veterans, especially those with serious mental health diagnoses and/or substance use disorders, and provide outreach, case management and community based residential services to ensure that Veterans have access to programs that provide quality housing and services that meet the needs of these special populations.			

## Maryland's Commitment to Veterans – Catonsville

Address and Contact	Hours	Ages	Provider	Provider
55 Wade Ave. Catonsville, MD 21228 <b>Phone:</b> 410-382-0781 <b>24/7 Hotline:</b> 1-877-770-4801 <b>Fax:</b> 410-402-8601 <b>Email:</b> <a href="mailto:dina.karpf@maryland.gov">dina.karpf@maryland.gov</a> <b>Website:</b> <a href="http://www.health.maryland.gov/bha/veterans">www.health.maryland.gov/bha/veterans</a>	Mon. – Fri. 8 a.m. to 4:30 p.m.	21+	❖ Case Manager ❖ CHOW ❖ Social Worker	❖ Free
Treatment Specialties	Services Provided			
<ul style="list-style-type: none"> <li>❖ ADHD</li> <li>❖ Alcohol Use</li> <li>❖ Amphetamine Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Chronic Mental Illness</li> <li>❖ Complex Trauma</li> <li>❖ Co-Occurring</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> <li>❖ Family / Relationship Issues</li> <li>❖ Housing Insecurity</li> <li>❖ Mood Disorders</li> <li>❖ Physical Disabilities</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Stress</li> <li>❖ Substance Use /Dependence</li> <li>❖ TBI</li> <li>❖ Trauma</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adult Assessment</li> <li>❖ Advocacy</li> <li>❖ Care Coordination</li> <li>Referral Services</li> <li>❖ Case Management</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Detention Center Case Management</li> <li>❖ Educational Workshops</li> <li>❖ Homeless Outreach</li> <li>❖ Hotline</li> <li>❖ Older Adults / Aging Services</li> <li>❖ Peer Support</li> <li>❖ Referrals - Assessment, Treatment, and Medication Management</li> <li>❖ Resource Materials</li> <li>❖ Senior Housing Information and Referral</li> <li>❖ Social Work</li> <li>❖ Temporary Financial Assistance</li> </ul>			
To connect service members, veterans and their family members with behavioral health and substance abuse issues to the proper resource. Also, to assist with homelessness and crisis intervention				

## Maryland's Commitment to Veterans – Snow Hill

Address	Contact	Counties	Ages	Provider
6449 Snow Hill Rd. Snow Hill, MD 21683	<b>Phone:</b> 410-382-0781 <b>Fax:</b> 410-402-8601 <b>Email:</b> dina.karpf@maryland.gov <b>Website:</b> <a href="http://www.health.maryland.gov/bha/veterans">www.health.maryland.gov/bha/veterans</a>	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Worcester, Wicomico	21+	<ul style="list-style-type: none"> <li>❖ Case Manager</li> <li>❖ LCSW</li> <li>❖ Peer Support Specialist</li> </ul>
Treatment Specialties		Services Provided		
<ul style="list-style-type: none"> <li>❖ Adolescent Substance Use / Dependence</li> <li>❖ Alcohol Use</li> <li>❖ Anxiety / Phobias</li> <li>❖ Behavioral Disorders</li> <li>❖ Bereavement and Grief</li> <li>❖ Co-Occurring</li> <li>❖ Complex Trauma</li> <li>❖ Dementia</li> <li>❖ Depression</li> <li>❖ Domestic Violence</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family /Relationship Issues</li> <li>❖ Mood Disorders</li> <li>❖ PTSD</li> <li>❖ Schizoid Personality Disorder</li> <li>❖ Self-Injurious Behaviors</li> <li>❖ Sexual Assault / Rape</li> <li>❖ Stress</li> <li>❖ Substance Use / Dependence</li> <li>❖ Trauma</li> <li>❖ TBI</li> </ul>	<ul style="list-style-type: none"> <li>❖ Advocacy</li> <li>❖ Art Therapy</li> <li>❖ Bereavement and Grief Counseling</li> <li>❖ Care Coordination Referral Services</li> <li>❖ Case Management</li> <li>❖ CBT</li> <li>❖ Conflict Resolution</li> <li>❖ Crisis Intervention / Stabilization</li> <li>❖ Educational Workshops</li> <li>❖ General Counseling</li> </ul>	<ul style="list-style-type: none"> <li>❖ General Mental Health Information/Education</li> <li>❖ Homeless Outreach</li> <li>❖ Hotline</li> <li>❖ Motivational Interviewing</li> <li>❖ Peer Support</li> <li>❖ Resource Materials</li> <li>❖ Social Work</li> <li>❖ Temporary Financial Assistance</li> <li>❖ Veteran Services</li> </ul>	
Assisting Veterans with Behavioral Health issues no manner the discharge				

## Perry Point VA Medical Center

Perry Point VA Medical Center Perry Point, MD 21902 **Phone:** 410-642-2411 **Fax:** 410-642-1161  
**Email:** Albert.Pacitti@va.gov **Website:** [www.maryland.va.gov](http://www.maryland.va.gov)

The Perry Point VA Medical Center provides a broad range of inpatient, outpatient, primary care, intermediate, and long-term care programs, including nursing home care, rehabilitation services, geriatric evaluation and management, respite care, chronic ventilator care, and hospice care. The medical center offers long- and short-term inpatient and outpatient mental health care, including the following specialized treatment programs: Mental Health Intensive Case Management, Psychosocial Rehabilitation and Recovery Center, Health Improvement Program, Family Intervention Team, Outpatient Trauma & Post Traumatic Stress Disorder Program, Substance Use Residential Rehabilitation Treatment, Domiciliary Residential Rehabilitation Treatment (for Homeless Veterans), Compensated Work Therapy – Transitional Residence

## Salisbury Outstation - VA Vet Center

926 Snow Hill Road, #3 Salisbury, MD 21804 **Phone:** 443-248-0362 or 877-927-8387  
**Website:** [www.maryland.va.gov](http://www.maryland.va.gov) **Hours:** Mon. – Fri. 8 a.m. to 4:30 p.m.

## Supportive Services for Veteran Families (SSVF)

### Sheppard's Pratt SSVF

830 Chesapeake Dr. Cambridge, MD 21613	<b>Phone:</b> 410-938-4357 <b>Email:</b> veterans@sheppardpratt.org	Mon. – Fri. Closed on Federal Holidays 9 a.m. to 5 p.m.
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Through the Supportive Services for Veteran Families (SSVF) program, we help veteran families and individuals to secure permanent housing. SSVF provides a short, intensive period of case management to link families to benefits and sometimes provides temporary financial assistance with housing or moving expenses. This program is funded by the U.S. Department of Veterans Affairs.

## Sheppard's Pratt SSVF

Services may include:	Eligible Veterans:
<ul style="list-style-type: none"> <li>Financial assistance for rent payments, moving costs, or security deposits.</li> <li>Help finding housing.</li> <li>Referrals to legal services.</li> <li>Referrals to health care services.</li> <li>Childcare support.</li> <li>Transportation assistance.</li> </ul>	<ul style="list-style-type: none"> <li>At least one day of active military service, and</li> <li>Discharge other than dishonorable or bad conduct discharge due to Grand Court Martial, and</li> <li>Very low income, and</li> <li>Must be at risk of becoming homeless OR currently homeless.</li> </ul>

## St. James AME Zion Church Zion House

521 Mack Avenue Salisbury, MD 21801 <b>Phone:</b> 410-742-1427 <b>Email:</b> llchambers007@gmail.com	
Homeless Prevention and Rehousing	Homeless Veteran Re-integration Program (HRVP)
<p>There are many circumstances that can lead to homelessness: housing shortages and high unemployment, lack of access to health care, or support from family and friends. Supportive Services for Veteran Families (SSVF) provides direct services to veterans and their families to help homeless, or at-risk veteran families. SSVF provides a link to benefits and resources for family stability.</p>	<p>Assists veterans with employment search, training, purchase of tools and work clothes, and job placement. We have two case managers and an employment development case manager. Services include Childcare, Financial Planning, Legal Services, Moving Costs, Rent/Utility Deposit, Transportation. Applicants must meet the following guidelines:</p> <p>At least one day of active military service</p> <ul style="list-style-type: none"> <li>❖ Applicants must lack the financial resources and support networks needed to obtain housing or remain in existing housing</li> <li>❖ Discharge other than dishonorable from active service</li> <li>❖ Very low income: &lt;50% of area median income</li> </ul>

## Veteran Hotlines

Vet2Vet
<b>Phone:</b> 1-877-838-2839
<b>Website:</b> <a href="http://www.vet2vetusa.org">www.vet2vetusa.org</a>
Provides assistance to Veterans in need: counseling, resiliency classes, locating services, and connecting to other organizations.

Veterans Crisis Line
<b>Phone:</b> 988 then Press 1 or text 8328255
<b>Website:</b> <a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>
Free, confidential 24/7 support for veterans, service members, National Guard and Reserve, and family and friends

## Department of Veterans Affairs Hotline Numbers

**Benefits:** 1-800-827-1000  
**Cambridge:** 410-228-6243  
**Combat Call Center:** 1-877-WAR-VETS (877-927-8387)  
**Health Care:** 1-877-222-VETS (8387)  
**Homeless Veteran Services:** 1-877-4AID-VET (877-424-3838)  
**Inspector General:** 1-800-488-8244  
**Mental Health Clinic:** 410-228-6243 x4144  
**Website:** [www.va.gov](http://www.va.gov)

# Information on Entitlements

## Income Supports: Federal Level

### Supplemental Security Income (SSI-Title XVI)

Supplemental Security Income (SSI-Title XVI) is a federal government income supplement is for those who meet the Social Security Administration's (SSA) requirements for financial need due to disability, blindness, or age, and have no substantial history of employment. If you are found eligible for SSI, you are automatically eligible for Medical Assistance.

### Social Security Disability Insurance (SSDI-Title II)

Social Security Disability Insurance (SSDI-Title II) is a federal government income support is also for those who have met eligibility requirements for disability but is based on the amount and recency of one's past earnings. Benefits from a spouse's record can be granted to a disabled widow over age 50, even if the widow has never been employed. Individuals who are disabled prior to age 18 may be able to draw on a disabled, deceased, or retired parent's claim indefinitely.

For both entitlements, there is a complex application process and several eligibility requirements that must be met. The application process begins by contacting the local Social Security Office located at 828 Airpax Road Suite 500, Cambridge, Maryland 21613, visiting the website: [www.ssa.gov/ssi](http://www.ssa.gov/ssi), or calling 410-228-8811 or 1-800-772-1213 to request full information as well as forms to be mailed to you, and to schedule an appointment.

Information that you will need to submit:

- ❖ Original social security card and proof-of-age documents (no copies accepted).
- ❖ Full medical information including name, address and phone number of all physicians, hospitals, clinics, that have provided treatment. This is needed to document your disability.
- ❖ Summary of employers and type of work performed during the previous 15 years.
- ❖ Copy of the previous year's W-2 form from any employment.
- ❖ Proof of marriage if the spouse is applying.

It is recommended that the completed application and all accompanying and subsequent documentation be hand delivered to the Social Security office rather than mailed. You should request a receipt or some documentation from SSA. If applying for SSI, you will also need full information regarding financial assets: bank accounts, stocks, bonds, trust accounts and burial accounts or trusts. If you are living with family who help to support you, the monetary award will be less. Families are often contacted regarding how much support they provide. If a recipient of SSI obtains employment, Social Security must be notified immediately.

Social Security considers many factors in making awards, including ability to work and diagnosis. Some diagnoses qualify a person automatically; others require substantial documentation and may require a physical examination by a physician under contract with the Social Security Administration. The process of determining your disability is the same for SSI and SSDI. The process takes approximately 120 days and will include consideration of your ability to work in jobs other than the kind you may have done prior to becoming disabled.

## SOAR Initiative (SSI/SSDI Outreach, Access, and Recovery)

**SOAR**, Supplemental Security Income (SSI) / Social Security Disability Benefits (SSDI) Outreach Access and Recovery, is a national program designed to increase access to Social Security Insurance (SSI) / Social Security Disability Insurance (SSDI) for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder. Local agencies that have SOAR trained staff include Alliance, Inc., Chesapeake Voyagers, Inc., Crossroads Community, Inc., Community Behavioral Health, Mid Shore Behavioral Health, Inc., the Neighborhood Service Center, and St. James Zion Church. [Click here for more information](#) or **contact:** Yvette Hynson, SOAR Case Specialist, 410-770-4801 ext. 312, yhynson@midshorebehavioralhealth.org



## Maryland Medical Care Programs

### Medicare

Medicare is an insurance program that pays medical bills for people who are at least 65 years old, or who are disabled. It is available to people who receive Social Security benefits regardless of how much money they have. It pays medical bills with money from the Social Security Trust Fund, which most people pay into while they work. Retired and disabled people pay a monthly insurance premium for Medicare Part B. This is usually taken out of their Social Security check before they get the check.

If you are elderly and only applying for assistance with paying your Medicare premiums, co-payments, or deductibles, you may apply at your LDSS for the Qualified Medicare Beneficiary (QMB) or Specified Low-Income Medicare Beneficiary (SLMB) Program. QMB/SLMB applications may be filed by mail or in person. To receive an application, call your Local [Department of Social Services](#) or the [Area Agency on Aging \(AAA\)](#).

### Area Agency on Aging

#### Caroline, Kent, & Talbot Counties

[Upper Shore Aging](#)  
100 Schaubert Road  
Chestertown, MD 21620  
**Phone:** 410-778-6000

#### Dorchester County

[MAC, Inc.](#)  
909 Progress Circle  
Salisbury, MD 21804  
**Phone:** 410-742-0505 ext. 102

#### Queen Anne's County

[Queen Anne's County AAA](#)  
104 Powell Street  
Centerville, MD 21617  
**Phone:** 410-758-0848

### Department of Social Services

#### Caroline County

207 South Third Street  
Denton, Maryland 21629  
**Phone:** 410-819-4500  
**Fax:** 410-819-4501  
**Email:** caroline.dss@maryland.gov  
**Hours:** 8 A.M. – 5 P.M.

#### Dorchester County

2737 Dorchester Square  
Cambridge, Maryland 21613  
**Phone:** tel:410-901-4100  
**Fax:** 410-901-2705  
**Email:** dorchester.dss@maryland.gov  
**Hours:** 8 A.M. – 4:30 P.M.

#### Kent County

350 High Street  
Chestertown, MD 21620  
**Phone:** 410-810-7600  
**Fax:** 410-778-1497  
**Email:** kent.dss@maryland.gov  
**Hours:** 8 A.M. – 4:30 P.M.

#### Queen Anne's County

125 Comet Drive  
Centreville, Maryland 21617  
**Phone:** 410-758-8000  
**Fax:** 410-758-8110  
**Email:** qac.user@maryland.gov  
**Hours:** 8 A.M. – 4:30 P.M.

#### Talbot County

301 Bay Street Unit 5  
Easton, Maryland 21601  
**Phone:** 410-770-4848  
**Fax:** 410-820-7117  
**Email:** talbot.customer@maryland.gov  
**Hours:** 8 A.M. – 5 P.M.

## Medicaid (Medical Assistance) Program



The Maryland Department of Health provides Medical Assistance, also called Medicaid (MA), coverage to individuals determined to be categorically eligible or medically needy. Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI), Temporary Cash Assistance (TCA), or Foster Care. Effective January 1, 2014, Medicaid covers more adults ages 19 to 64, whether they have children or not. To qualify for Medicaid coverage through Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien who has lived in the U.S. for five or more years and be a resident of the state of Maryland. Medicaid is also expanding to cover former foster children under age 26 who left the foster care system on their 18th birthday. Former foster care children do not have to meet income limits, they qualify because of their status as former foster care children. To apply for Medical Assistance, you can apply through Maryland Health Connection by calling 1-855-642-8572 or going to your local health department or department of social services.

## Employed Individuals with Disabilities (EID)

Employed Individuals with Disabilities provides Medical Assistance for people with disabilities who work with a monthly premium based on income.

For additional information:

- ❖ **Call Toll Free:** 1-800-637-4113
- ❖ **TTY/Voice:** 443-514-5034 or 410-767-3360
- ❖ **Email** [eid@mdod.state.md.us](mailto:eid@mdod.state.md.us)
- ❖ **Website:** <https://mdod.maryland.gov/employment/Pages/eid-program.aspx>

## Income Supports: Federal Level

### Public Assistance for Adults

Public Assistance for Adults is designated for needy adults without children who reside in Residential Rehabilitation Programs (RRPs) funded by the Public Behavioral Health System. Yearly re-application is necessary. Apply with your Local [Department of Social Services](#).

### Transitional Emergency Medical and Housing Assistance (TEMHA)

Transitional Emergency Medical and Housing Assistance (TEMHA) provides essential medical, housing, and other services to low-income disabled adults who are ineligible for other categories of assistance. Apply with your Local [Department of Social Services](#).

### Temporary Cash Assistance for Families with Dependent Children (TCA)

Temporary Cash Assistance (TCA) for Families with Dependent Children – is an income support program administered by the state through the [Department of Social Services](#). This time-limited program provides temporary cash assistance to needy families with dependent children. To be eligible, families must cooperate with child support, participate in work activities, and comply with substance-related provisions.



## Energy Assistance, SNAP, WIC Program

Energy Assistance, Supplemental Nutrition Assistance Program (SNAP), and [Women, Infants and Children \(WIC\) Program](#) are programs which offer specific, limited support with varying eligibility requirements. Information regarding Energy Assistance can be obtained through your local [Office of Home Energy Programs \(OHEP\)](#) and SNAP Benefits can be obtained through your local [Department of Social Services](#). The WIC program provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breast feeding, and non-breast-feeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. This program can be accessed through the local Health Department.

### Energy Assistance

Office of Home Energy Programs  
311 West Saratoga Street  
Baltimore, MD 21201

**Phone:** 1-800-332-6347

**TTY:** 1-800-735-2258

<https://dhs.maryland.gov/office-of-home-energy-programs/local-home-energy-program-office/>

### Maryland WIC Program

Maryland Department of Health  
201 W. Preston Street, 1st Floor  
Baltimore, Maryland 21201

**Fax:** 410-333-5683

**Email:** [mdh.wic@maryland.gov](mailto:mdh.wic@maryland.gov)

## Optum Maryland

Optum Maryland is a partnership between the Maryland Department of Health (MDH) and Optum to improve and advance your behavioral health services. Optum is an Administrative Services Organization (ASO) created to help MDH make the best use of limited resources to serve persons in need of behavioral health assistance and is committed to making it easier for persons in need of behavioral health services to get the right care, at the right time, and in the right amount. Optum is devoted to the recovery and resilience of children and adults living with behavioral health issues.

### Provider Questions

**Phone:** 800-888-1965, TTY 711

Monday - Friday: 8:00 a.m. to 6:00 p.m.

[Optum Provider Manual](#)

[Provider Alerts](#)

[Provider Resources](#)

### Participant Questions:

**Phone:** 800-888-1965, TTY 711

Monday - Friday: 8:00 a.m. to 6:00 p.m.

[Optum Participant Handbook](#)

Participant Help to Find a Provider 211, Press 1

Optum Public Toll-Free Help Line: 866-342-6892

For additional resources, visit <https://www.midshorebehavioralhealth.org/resources-links>. The Mid-Shore Pocket Resource Guide is available for download in [English](#), [Spanish](#), and [Haitian Creole](#) on our website. **Stay social with us!** For the most current mid-shore news on behavioral health news, events, and trainings, follow us on [Facebook](#), [LinkedIn](#), [Instagram](#), and [Twitter](#), or sign up for the [Steering Wheel Newsletter](#) by texting MSBH to 22828.

